

Creativity Brainstorming Raid

Mission

PROBLEM: Less than 10% win rate over the past 910 days

MAD GENIUS BRAINSTORMING

Opposite-Land Tactic (What's the best way to ensure I lose the day and stay a loser?)

- Sleep in as late as possible
- Delay your hardest tasks as late as possible so you're brain is super cooked by the time you can get around to it
- Have vague goals and
- Have tasks that are not connected to your goals
- Spend more time learning than executing on what you already know
- Consume more than you create
- Get drowned in negative thought loops instead of absorbing and transmuting then into clean energy
- Fail to plan the day the night before and spend the first hour planning instead of doing, losing ground and brain calories at the same time
- Put the work of 2 men on your plate so you get overwhelmed and end up do nothing instead

- Drink so much coffee you feel like your gonna have a brain aneurysm
- Eat carbs early in the day so you have the IQ of a shoe
- Listen to youtube before bed so you blast EMFs in your brain and have low quality sleep, so you wake up tired
- Never Truly define what winning the day actually means for you and live in ambiguity land

FORCED CONNECTIONS - What does my problem have in common with a fish?

- If a fish don't win/eat food he will get gobbled up by a bigger fish, just like if you don't win the day someone else will, they will get bigger and eventually eat you (ie: take your women, your clients, your adventure, your travel, your money, your freedom, your legacy)
- If a fish falls for cheap dopamine like the light of an angler fish it will get eaten, just like a human will become a loser if they fall for the same traps
- If a fish doesn't live courageously it will eventually die of an empty heart just like a human
- If a fish stays a loser too long it won't get any fish pussy, just like a human

REALIST FILTER - (Review and Select the best Idea + Construct Plan for it)

- Cut down the coffee, delay the carbs till Valhalla dinner time.

- Wind down proper in the evening (No screens, tape mouth, take magnesium).
- Read your Ideal Self and Conquest Planner 2x per day.
- Simplify your goals and focus on one thing at a time.
- Always plan your day the night before.
- Always create three times more than you consume (3 hours of creation to 1 hour learning).
- Eat fear and doubt as a tasty snack, breathe it into your belly center.
- If you wake up tired realize it's your fucking fault get up and perform regardless.
- Attack the hardest task first (Outreach).
- Avoid Digital entertainment like you would avoid fighting Grizzly bears unarmed.

CRITIC FILTER – (Review Realist Plan and ID weaknesses, obstacles and risks)

- Start Simple and build on top.
- Don't try to have a million things on your daily task list right out the gate. Start by doing the Copywriting Checklist daily. You can build a brand once you actually have money coming in each month

SOLUTION:

- Follow the daily checklist, do it first thing on an empty stomach.
- Plan to do more only after you are done with the bare essentials.
- Front load the day.
- Get all your big rocks done in the first 3 hours.
- Do not fret if you have a subpar life right now, Win the day each day simply and as you build momentum God will give you divine insights as you earn them.
- Stick to simple less than 30 minute morning routine daily, to have a consistent kickstart
- Go to bed on time and be tech free for the last hour of the day + put on blue blox + tape your mouth + take magnesium to ensure a high quality sleep
- GRAB YOUR NUTS AND REMEMBER **'UNTIL DEATH ALL DEFEAT IS PSYCHOLOGICAL'**
- Define what it would take to win the day the night before when planning
- **Recovery MAXX:** Shakti mat Meditation + NSDR, Stretching
- EAT THE FROG/DO THE HARDEST THING FIRST
- 4 Hours of 3 Key Levers =