



ON FIELD RULES & EXPECTATIONS

Effort and hustle:

Players are expected to give 100% effort in every practice and game, this includes hustling on and off the field and on every play. They will be ready and present to warm up with their team before games.

Focus and readiness:

Athletes must stay focused and mentally prepared during practices and games. In the dugout, players are expected to be engaged in the game, not distracted. Friends or family members are not allowed in the dugout during games.

Sportsmanship:

Players must be respectful toward teammates, coaches, opponents, and umpires, and treat them how they would want to be treated. Unsportsmanlike conduct is not tolerated and can lead to discipline. Be the solution, not a problem.

Respect for equipment and facilities:

Players are expected to handle equipment properly, without throwing bats or helmets. They should also take care of the field and dugouts, cleaning up after games and practices.

Following coach's instructions:

Athletes must listen to and follow their coach's directions, including specific game-time calls. Playing time is often earned through hard work and following instructions.

OFF-FIELD RULES & EXPECTATIONS

General conduct:

Players are expected to always represent their team and organization with class and dignity. Their behavior should set a positive example.