

AP Psychology 10-Month Pacing Guide (Starting with Memory)

Month	Unit	Topics	Activities	Assessments
Month 1	Memory	Information-processing model; Types of memory; Forgetting; Memory construction; Improving memory	Memory experiments; Case studies; FRQ practice on reliability of memory	MC + FRQ Unit Test; Vocabulary quiz
Month 2	Cognition & Language	Problem-solving; Decision-making biases; Language acquisition; Language-thought relationship	Cognitive bias demos; Linguistic relativity debates	Unit Test (MC + FRQ)
Month 3	Learning	Classical conditioning; Operant conditioning; Observational learning; Behavior modification	Conditioning demos; Behavior-change projects	Unit Test + FRQ
Month 4	Biological Bases of Behavior	Neurons & neurotransmission; Nervous system; Brain structures; Neuroplasticity; Endocrine system	Brain mapping project; Neurotransmitter research	Unit Test + FRQ
Month 5	Sensation & Perception	Sensory processes; Perceptual organization; Illusions; Top-down/bottom-up processing	Sensory adaptation demos; Optical illusion gallery	Unit Test + FRQ

Month 6	Developmental Psychology	Prenatal to late-life development; Cognitive, moral, social development; Nature vs. nurture	Developmental milestone timeline; Life-interview projects	Unit Test + FRQ
Month 7	Motivation, Emotion, & Stress	Theories of motivation; Drives & needs; Theories of emotion; Stress & health psychology	Stress diary project; Emotion recognition activity	Unit Test + FRQ
Month 8	Personality & Testing	Personality theories; Assessment tools; Intelligence theories; Reliability & validity	Personality inventories; Intelligence testing debates	Unit Test + FRQ
Month 9	Psychological Disorders & Treatment	DSM-5 overview; Anxiety, mood, schizophrenia spectrum disorders; Therapy types & effectiveness	Disorder research presentations; Therapy role-play simulations	Unit Test + FRQ
Month 10	Social Psychology & Exam Review	Attribution theory; Attitudes & persuasion; Conformity & obedience; Group influence; Prejudice	Social influence experiments; AP practice exams	Full AP-style practice test