

Meeting Preparation

Meeting Chair

Open the meeting at 8:45a
Rename to [Your Name] | Chair
Assigns Zoom Co-Host Privileges to tech

Meeting Tech

Arrive no later than 8:45a
Rename to [Your Name] | Chair
Share the readings

- [What is CMA?](#)
- [Meeting Syllabus](#)
- [There is Hope](#)

Spiritual Timekeeper

A Spiritual Timekeeper is asked for by the Chair during the meeting.

Individuals
3 Minutes with a verbal 1 minute remaining warning and time

Meeting Resources

[Bronx Zoomers Group Website](#)
[Service Portal](#)
[Trusted Servants Document](#)
[Meeting Scripts & Readings](#)
[Group Contact List Signup](#)

[ZOOM Security Procedures](#)

Meeting Structure

9:00a - [Welcome](#)
9:10a - [Sharing](#)
9:35a - [Fellowship Break](#)
9:40a - [Burning Desires & Sharing \(Show of Hands\)](#)
9:58a - [Closing](#)

Tech Chat Scripts

Welcome Chat Script

Use for every time a participant enters until Fellowship Break

Fellowship Chat Script

Use during Fellowship Break

WELCOME

Welcome to the Bronx by the Book Meeting of Bronx Zoomers Group of Crystal Meth Anonymous.

Our meeting is open, all those interested in our program of recovery are welcome to attend and participate.

OUR MEETING FORMAT TODAY

We read this week's syllabus from the book Alcoholics Anonymous, take a fellowship break, sharing by a show of hands, burning desires at 9:45a, and close the meeting at 10:00a. We will have fellowship after the meeting.

FELLOWSHIP ANNOUNCEMENTS

Please visit the Bronx Zoomers Group's website to join our contact list and Facebook Group, find literature, group announcements and information about CMA Meetings.

To make your **7th Tradition** contribution visit <https://www.bronxzoomers.com/7th-tradition>
Contribute via **Cash App** at **CashTag \$BronxZoomers** or via **PayPal @bronxzoomers**

   **View or add yourself to our phone list. Find a sponsor. Connect with others.**
<https://www.bronxzoomers.com/list>

Join the **BXZ WhatsApp Open Chat** <https://chat.whatsapp.com/Gqo6V76cvWm796M2sO4oZP>

Our website can be found at <https://www.bronxzoomers.com>

Meeting Syllabus

Alcoholics Anonymous - 4th Edition

Week	Date		Chapter	Pages	Start With	End With
1	11/1/2025		Title Page			
			Preface	xi		
			Foreword to First Edition	xiii		
			Forward to Second Edition	xv		
			Forward to Third Edition	xxii		
			Forward to Fourth Edition	xxiii		
2	11/8/2025		Doctor's Opinion	xxv-xxxii		
3	11/15/2025	1	Bill's Story	1-8	Chapter 1...	...But that was over now.
4	11/22/2025	1	Bill's Story	8-16	No words can tell...	...died January 24, 1971.
5	11/29/2025	2	There is a Solution	17-25		
6	12/6/2025	2	There is a Solution	25-29		
			Appendix: Spiritual Experience	567-568		
7	12/13/2025	3	More About Alcoholism	30-37		
8	12/20/2025	3	More About Alcoholism	37-43		
9	12/27/2025	4	We Agnostics	44-51		
			Appendix: Spiritual Experience	567-568		
10	1/3/2026	4	We Agnostics	51-57		
11	1/10/2026	5	How It Works Steps 1, 2, & 3	58-64		
12	1/17/2026	5	How it Works Step 4	64-71		
13	1/24/2026	6	Into Action: Step 5	72-75		
14	1/31/2026	6	Into Action: Step 6 & 7	76		

15	2/7/2026	6	Into Action : Step 8 & 9	76-84		
16	2/14/2026	6	Into Action : Step 10 & 11	84-88		
17	2/21/2026	7	Working With Others : Step 12	89-95		
18	2/28/2026	7	Working With Others : Step 12	95-103		
19	3/7/2026	8	To Wives	104-114		
20	3/14/2026	8	To Wives	115 - 121		
21	3/21/2026	9	The Family Afterwards	122-130		
22	3/28/2026	9	The Family Afterwards	130-135		
23	4/4/2026	10	To Employers	136-146		
23*	4/11/2026	10	To Employers	146-150	First Paragraph	
24	4/18/2026	11	A Vision For You	151-158	Chapter 11 A VISION FOR YOU	...I'd be boiled as an owl."
25	4/25/2026	11	A Vision For You	158-164	Next day found the prospect	...keep you—until then.
26	5/2/2026	12	Doctor Bob's Nightmare	171- 181	(Entire Story)	

Meeting Script

9:00a - WELCOME

Good Morning and welcome to Bronx by the Book, an open literature meeting of Crystal Meth Anonymous. Thank you for being here to celebrate your recovery. My name is **[MEETING CHAIR NAME]** and I'm a **[CRYSTAL METH ADDICT]**. Please join me in the Serenity Prayer.
[LEAD SERENITY PRAYER]

If you're seeking recovery from crystal meth addiction, you're in the right place. Everyone is welcome to join us regardless of age, race, gender identity, sexual orientation, religion, ability, disability and socioeconomic background.

In order to keep the meeting safe for everyone here is the Group Conscience

[Only copy and paste into the chat window if these rules are not being followed]

- We ask that you please conduct yourself as you would at an in person meeting. If you are shirtless, smoking, vaping, walking about, or otherwise engaged, please disable your camera.
- The general chat will be disabled until 9:30 am. During such time you will be able to chat with the Host "**Chairperson**" and co host "**Tech**" only.
- This meeting discourages [Crosstalk](#).
 - Cross talk IS conversation between individuals during sharing or speaking time. It includes: commenting directly on shares, offering advice, directly speaking to an

individual member instead of the group, or questioning or interrupting whoever is speaking.

- Cross talk IS NOT referring to someone's share if you are moved by it or if it reminds you of your own experience. Nor is it sharing your own experience in response to a share. We avoid offering unsolicited advice or instruction.
- When sharing, avoid glorifying drugs and/or drug driven sex, places where you have used, as well as referring to Apps by name . The Chair may redirect your share to avoid triggering others.
- Predatory or disruptive behavior is not tolerated and will immediately result in removal from the meeting. We encourage you to contact the CHAIR or TECH directly if you have any questions or concerns.
- If you have used in the last 24hrs, we invite you to sit and listen, as we wish to hear from you and not the drug.

At the Bronx Zoomers Group, we utilize conference approved literature from Crystal Meth Anonymous, Alcoholics Anonymous, and Narcotics Anonymous. However on Wednesday mornings we use NYCMA Approved Literature.

Could a fellow read, "[What is CMA?](#)"

[HOLD FOR READING]

Thank you, [READER].

READING

This morning, we are reading [CHAPTER NUMBER & TITLE] from the book "Alcoholics Anonymous" starting from the first full paragraph on page [PAGE NUMBER] and ending on the last full paragraph on page [PAGE NUMBER].

We share the book's text on the screen, but encourage you to read and take notes in your own book. If you do not have a book, the Bronx Zoomers Group can mail you a book for a minimal cost. If you cannot afford to purchase a book, arrangements can be made. Please stay after the meeting and we will get you a book.

Let's start reading. If you would like to read: start reading after the person before you then say "pass", just unmute and read two to three paragraphs, and say pass. I will start our reading this morning.

[READ THE FIRST TWO PARAGRAPHS AND PASS]

[HOLD FOR READ SCHEDULED READING]

Thank you to all those who read this morning.

9:35 am FELLOWSHIP BREAK

Our Seventh Tradition states “Every CMA Group ought to be self-supporting, declining outside contributions.” There are no dues or fees for CMA Membership. The suggested contribution is \$2.00. If you’d like to make a contribution, please use the link posted in the chat window.

If you cannot make a contribution, that’s ok. Your presence here is more important.

This morning we would like to welcome anyone here that is new to CMA or visiting the Bronx Zoomers Group for the first time. If you would like to introduce yourself, please raise your hand and I will call on you. This is not to embarrass you but so we can get to know you.

[HOLD FOR INTRODUCTIONS]

At CMA we suggest laying a solid foundation with sponsorship and step work. It is suggested that sponsors have at least one year of continuous sobriety and experience with the 12 steps. If you are able to sponsor please raise your digital hand.

[hold for hand raised]

Please connect with those that have their hands raised to inquire about being Your sponsor. You may also reference the contact list to add yourself and to reach out to others for support.

We celebrate our continuous sobriety in days, months, and years. If you would like to share your sobriety time with us, please raise your hand and I will call on you.

[HOLD FOR SHARES]

Congratulations everyone!

ANNOUNCEMENTS

Here are the following Group Announcements:

If you are in need of an attendance verification please send an email to secretary@bronxzoomers.com with your information.

Please Join us on WhatsApp. Just click the link posted in the chat.

The BXZ Sub-Committee Meeting has reconvened weekly on Wednesdays at 10:15 – 11:15am eastern. Please join us at our regular zoom link.

Our next business meeting will be Saturday, November 29th at 10:10 am

[TECH - COPY TO CHAT - DO NOT READ BELOW ALOUD]

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<https://chat.whatsapp.com/Ggo6V76cvWm796M2sO4oZP>

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Our next business meeting will be Saturday, November 29th at 10:10 am

Are there any other **BXZ Group** Announcements?

[HOLD FOR ANNOUNCEMENTS]

Any **Other CMA** related announcements can be sent to the chair or tech to be posted in the chat.

Please visit the Bronx Zoomers Group's website to join our contact list and Facebook Group, find literature, group announcements and information about CMA Meetings.

Our website can be found at bronxzoomers.com.

SHARING (BY A SHOW OF HANDS)

Group conscience suggests a 3 minute time limit for our shares today. Could I please ask for a fellow to volunteer as Spiritual Timekeeper, this morning.

[HOLD FOR VOLUNTEER]

Thank you, **[SPIRITUAL TIMEKEEPER' NAME]**.

[SPIRITUAL TIMEKEEPER' NAME] will give a verbal 1 minute warning and say time at 3 minutes.

Please feel free to share on today's reading, a recovery topic of your choice, or just check-in with us. If you would like to share, please raise your digital hand.

I will call fellows in the order in which hands are raised in my participant's window. If there are no hands raised, I will call on fellows randomly to share.

[SCROLL TO TOP OF PARTICIPANTS WINDOW TO SEE WHO IS FIRST]

[REMINDER: ZOOM HOST/CO-HOST, AND PARTICIPANTS WITH HANDS RAISED ARE AT THE TOP OF THE LIST AND ARE REMOVED FROM ALPHABETICAL ORDER.]

We will start sharing with **[NEXT PARTICIPANT'S NAME]**.

[CONTINUE IN THE ORDER OF HANDS RAISED. IF THERE ARE NO HANDS RAISED, INVITE SOMEONE TO SHARE.]

[PLEASE DO NOT COMMENT ON INDIVIDUAL'S SHARES.]

[INVITE ALL NEWCOMERS TO STAY AFTER THE MEETING.]

9:45 AM - BURNING DESIRES

We have set aside time for those who have not been able to share and have a "Burning Desire" to use substances, hurt themselves, or someone else. If you have a burning desire please unmute yourself now and we will allow one person at a time to speak.

BURNING DESIRE RESPONSE
(SKIP IF NO BURNING DESIRES ARE TAKEN)

Thank you, **[PARTICIPANT'S NAME]**. Please stay after the meeting to get additional support and connect with our fellowship.

9:57 AM - CLOSING

We have come to the end of our meeting. If you didn't have a chance to share, please stay after for fellowship. We encourage you to obtain phone numbers and stay connected.

Before we close we have a few suggestions:

1. Avoid people, places and things we used with or at

2. Come Early Stay Late
3. Don't use and go to Meetings
4. Get and use a sponsor
5. Get a Home Group
6. GoTo 90 Meetings in 90 Days
7. Use the Phone
8. Keep Coming Back It works
9. Get Involved in Service

As a reminder, the Bronx Zoomers Group of Crystal Meth Anonymous meets daily at 9:00a Eastern and Wednesdays at 9pm Eastern. This room is open for fellowship prior to every meeting.

Before we close, could I please have a fellow read, "[There is Hope](#)."
[HOLD FOR READING]

Thank you, [READER'S NAME].

I would like to thank everyone who was here today, those who read, who shared, our Tech Host, [Tech Host's Name], and all those who do service at the Bronx Zoomers Group.

The Twelfth Tradition of Crystal Meth Anonymous reminds us that anonymity is the spiritual foundation of all of our traditions; which means who you see here, what you hear here, please let it stay here.

To close our meeting today, would you please join me in the "We" version of the Serenity Prayer.

Let's take a moment of silence for the addicts inside and outside the room.

[TECH Go to participant window, select more menu (three dots) then Select "Ask all to Unmute"]

God, grant us the serenity to accept the things we cannot change, the courage to change the things we can, and the wisdom to know the difference.

HOST DO NOT END MEETING FOR ALL