

August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11 Choreography Applications Due	12	13	14	15	16
17	18 Institute Day	19 Institute Day	20 First Day of school! (Early Dismissal 1:30) Meeting 1:45-2:45 Choreographer Audition 2:50-4:05	21 Illinois High School Dance Festival 4:00-5:15	22	23 KINESIS RETREAT! 1:00-5:00
24	25 IHSDF 4-4:45	26 IHSDF 4-4:45	27 IHSDF 4:00-4:45	28 IHSDF 4:00-4:45	29	30
	Session 1 4:45-5:30	Session 2 4:45-5:30	Session 1 4:45-5:30 Emma's Birthday	Session 2 4:45-5:30		
31						

September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3	4	5	6
	No School - Labor Day	Session 1	Session 2	IHSDF 4-5:15		
		4:00-5:15	4:00-5:15			Bella's Birthday!
7	8	9	10	11	12	13
	Session 1 4:00-5:15	Session 2 4:00-5:15	Session 1 4:00-4:45	Company meeting 3:45-4:15		
			Session 2 4:45-5:30	IHSDF 4:15-5:15		
				Parent Meeting 6:30		
14	15	16	17	18	19	20
	Session 1 4:00-5:15	Session 2 4:00-5:15	Session 1 4:00-4:45	Car Wash Meeting		Kinesis Car
				3:45-4:15	Mattie Blair's Birthday!	Wash-Northfield
		Jolene's Birthday!				12:00-3:00
			Session 2 4:45-5:30	IHSDF 4:15-5:15		(Arrive 11:30)
21	22	23	24	25	26	27
Homecoming Week!	Session 1		Session 2 4:00-5:15	IHSDF 4:00-5:15		
	4:00-5:15	Rosh Hashanah- No	Late Arrival			Homecoming Dance
	(Late Arrival)	School			Erica's Birthday!	
	Rosh Hashanah Begins at Sundown					
28	29	30				
	Session 1 4:00-4:45	First Showing				
	Session 2 4:45-5:30	Session 1 & 2 4:00-5:30				
	**5:30 Super Vet	Costume Designer Meetings 5:30-6:15				
	rehearsal with Jana					

October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
			IHSDF 4:00-5:15	Yom Kippur- No School	Fall Break- No School	
5	6	7	Freshman Go to School Night 8	9	10	11
	Pro Company Work	Pro Company Work	Session 1 4:00-4:45	Session 3 4:00-5:15		
	4:00-5:30	4:00-5:30	Session 2 4:45-5:30	(Late Arrival)	(Late Arrival)	
	**5:30 Super Vet rehearsal with Jana		30331011 2 4.43 3.30			
12	Indigenous People's Day 13	14	15	16	End of 1st Quarter 17	18
	Pro Company Work	Pro Company Work	Session 1 4:00-4:45	Session 3 4:00-5:15		
	4:00-5:30	4:00-5:30	Session 2 4:45-5:30		Julia's Birthday!	
	Amanda's Birthday!		36331011 2 11 13 3.30			
19	20	21	22	23	24	25
	Pro Company Work	Pro Company Work	Session 1 4:00-4:30	Session 3? (4-4:45)		Illinois High School State
	4:00-5:30	4:00-5:30	Session 2 4:30-5:00	IHSDF 4:455:30		Dance Festival- New Trier High School
			Session 3 5:00-5:30			-
26	27	28	29	30	31	
	Pro Company Work	Pro Company Work	Session 1 4:00-4:45	Session 3	Happy Halloween!	
	4:00-5:30	4:00-5:30		4:00-5:15		
			Session 2 4:45-5:30			

November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3	4	5	6	7	8
		Session 2 4:00-5:15	Session 3 4:00-5:15	Session 1 4:00-4:30	Institute Day- No School for	
	Session 1 4:00-5:15	Run Pro Co 5:15-5:30	Ms. Wininsky's Birthday	Session 2 4:30-5:00	Students	
		* Film for Jana		Session 2 4:30-5:00		
				Session 3 5:00-5:30		
				Piper's Birthday!		
9	10	11	12	13	14	15
	Session 1 4:00-5:15	Session 2 4:00-5:15	Session 3 4:00-5:15	Pro Company Review		
		Run Pro Co 5:15-5:30		4:15-5:30		
		* Film for Jana		IHSDF Review 4:00-4:15		
		Veteran's Day		Kate's Birthday!		
				Ms. Deutsch's Birthday!		
16	17	18	19	20	21	22
	Session 1 4:00-5:15	Session 2 4:00-5:15	Session 3 4:00-5:15	First Showing-Session 3		
			Run Pro Co 5:15-5:30	Second Showing-		
			* Film for Jana	Sessions 1 & 2 4-5:30		
				(5:45 Ribbon Cutting Ceremony)		
23	24	25	26	27	28	29
	No School- Parent Teacher	No School- Parent Teacher	Thanksgiving Break	Thanksgiving	Thanksgiving Break	
	Conferences	Conferences				

December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	1 Session 1 4:00-4:45 Session 2 4:45-5:30	Take a survey for 15 minutes Session 3 4:15-5:30	3 Session 3 4:00-4:45 Pro Company Review 4:45-5:30	4 Session 3 4:00-5:15	5	6
7	8 Session 3 4:00-5:15 Run Pro Co 5:15-5:30	9 Session 1 4:00-4:45 Session 2 4:45-5:30	10 Session 3 4:00-5:15	2nd Showing- Session 3 4:45-5:30	LIGHTING AND PROGRAM FORM DUE FINAL MUSIC EDITS DUE	13
14	15 DAY OFF!!	16 Finals No rehearsal	17 Finals No rehearsal	**TIMES TBA!!** Finals HEADSHOTS 1:30-2:30 2:30-3: Session 1 3-3:30 Session 2 3:30-4 Session 3 4-4:30 Pro Company 4:30-4:45 Company Meeting Kinesis Family Dinner/Secret Snowflake 4:45-5:30	19 Grading Day No School	20
21/28	22/29 Winter Break	23/30 Winter Break	24/31 Winter Break	25 Winter Break	26 Winter Break	27

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Winter Break 1	Winter Break 2	3
4	Early Dismissal 5 Session 3 1:00-2:15 Finale/IHSDF 2:15-3:30	6 Pro Company 4:00-5:30	7 NDE Showcase 7:00 Pro Company Work 4:00-5:30	Dance Day Northfield Finale 3:30-5:00 NFLD Dance Studio	9 Advisery Dance Performance GAFFNEY Arrive by 7:20 am	10
11	Session 1 4:00- 4:45 WITH LIGHTING DESIGNERS COSTUME FITTINGS 4:45-6:00	Session 3 4:00-4:45 WITH LIGHTING DESIGNERS Session 2 4:45-5:30 WITH LIGHTING DESIGNERS	Pro Company 4-6:00 (Costume Fittings)	Lighting Designer Showings Sessions 1, 2, and 3 CORNOG 4-5:30	16	17
18	19 No School - MLK Day	20 Pro Company 4:00-5:30 Margy's Birthday	Pro Company On Stage With Lighting Designer - Cornog 4:00-5:30 (5-5:30 in NFLD Studio)	Run-Through of All Dances and Company Meeting 3:45-5:30 (Late Arrival)	23 (Late Arrival)	TECH REHEARSAL 24 10:30-12:00- TBA 12:00-1:00 FINALE 1:00-3:00 Pro Company
25	TECH REHEARSAL 26 4:30-6:00- TBA 6:00-7:30- TBA	TECH REHEARSAL 27 4:30-6:00- TBA 6:00-7:30- TBA	TECH REHEARSAL 28 4:30-6:00 TBA 6:00-7:30 TBA	TECH REHEARSAL 29 4:30-6:00- TBA 6:00-7:30- TBA	TECH REHEARSAL 30 4:30-6:00- HOLD FOR EMERGENCY	Tech Rehearsal 10-2 In case of emergency *Hang sign on the train railing Salomé's Birthday

February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
	Dress Rehearsal	Dress Rehearsal	Dress Rehearsal	Kinesis Concert	Kinesis Concert	Kinesis Matinee
	4:00 - 8:00	4:00 - 8:00	4:00 - 8:00	Call 5:30 / Showtime 7	Call 5:30 / Showtime 7	Call 12:00*, Show 2:00
			Stuart Rogers from 5-8			*Go to the Dance studio to meet the FUN Day dancers and do a warm up with them!
						STRIKE AFTER SHOW (approximately 1 hour)
8	9	10	11	12	13	14
* in case of cancellation we will perform at 2:00	CONGRATULATIONS ON AN AMAZING SEASON!				Institute Day No School	

March: SAVE THE DATES- Wed, 3/25 AND Thurs, 3/26- Dance Day(s) Winnetka

BIRTHDAYS

March: 3/22- Malina

April: 4/2- Indigo, 4/3- Sabrina, 4/9- Ottie May, 4/18- Scarlett, 4/21- Katelyn,

4/24- Audra, 4/27- Elle

May: 5/14- Sloan, 26- Maya

June: 6/2- Kira, 6/25- Leighton, 6/30- Nayana

July: 7/11- Sydney, 7/30- Ms. Kritek