

# KINESIS

# August 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11 Choreography Applications Due	12	13	14	15	16
17	18 Institute Day	19 Institute Day	20 First Day of school! (Early Dismissal 1:30) Meeting 1:45-2:45 Choreographer Audition 2:50-4:05	21 Illinois High School Dance Festival 4:00-5:15	22	23 KINESIS RETREAT! 1:00-5:00
24	25 IHSDf 4-4:45	26 IHSDf 4-4:45	27 IHSDf 4:00-4:45	28 IHSDf 4:00-4:45	29	30
	Session 1 4:45-5:30	Session 2 4:45-5:30	Session 1 4:45-5:30 Emma's Birthday	Session 2 4:45-5:30		
31						

# September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 No School - Labor Day	2 Session 1 4:00-5:15	3 Session 2 4:00-5:15	4 IHSDF 4-5:15	5	6 Bella's Birthday!
7	8 Session 1 4:00-5:15	9 Session 2 4:00-5:15	10 Session 1 4:00-4:45  Session 2 4:45-5:30	11 Company meeting 3:45-4:15  IHSDF 4:15-5:15  Parent Meeting 6:30	12	13
14	15 Session 1 4:00-5:15	16 Session 2 4:00-5:15  Jolene's Birthday!	17 Session 1 4:00-4:45  Session 2 4:45-5:30	18 Car Wash Meeting 3:45-4:15  IHSDF 4:15-5:15	19 Mattie Blair's Birthday!	20 Kinesis Car Wash-Northfield 12:00-3:00 (Arrive 11:30)
21 Homecoming Week!	22 Session 1 4:00-5:15 (Late Arrival)  Rosh Hashanah Begins at Sundown	23 Rosh Hashanah- No School	24 Session 2 4:00-5:15  Late Arrival	25 IHSDF 4:00-5:15	26 Erica's Birthday!	27 Homecoming Dance
28	29 Session 1 4:00-4:45  Session 2 4:45-5:30	30 First Showing Session 1 & 2 4:00-5:30  Costume Designer Meetings 5:30-6:15				

# October 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 IHSDf 4:00-5:15	2 Yom Kippur- No School	3 Fall Break- No School	4
5	6 Pro Company Work 4:00-5:30	7 Pro Company Work 4:00-5:30	8 Freshman Go to School Night Session 1 4:00-4:45 Session 2 4:45-5:30	9 Session 3 4:00-5:15 (Late Arrival)	10 (Late Arrival)	11
12	13 Indigenous People's Day Pro Company Work 4:00-5:30 <b>Amanda's Birthday!</b>	14 Pro Company Work 4:00-5:30	15 Session 1 4:00-4:45 Session 2 4:45-5:30	16 Session 3 4:00-5:15	17 End of 1st Quarter  <b>Julia's Birthday!</b>	18
19	20 Pro Company Work 4:00-5:30	21 Pro Company Work 4:00-5:30	22 Session 1 4:00-4:30 Session 2 4:30-5:00 Session 3 5:00-5:30	23 Session 3? (4-4:45) IHSDf 4:45--5:30	24	25 <b>Illinois High School State Dance Festival- New Trier High School</b>
26	27 Pro Company Work 4:00-5:30	28 Pro Company Work 4:00-5:30	29 Session 1 4:00-4:45 Session 2 4:45-5:30	30 Session 3 4:00-5:15	31 Happy Halloween!	

# November 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2	3 Session 1 4:00-5:15	4 Run Pro Co 3:45-4:00 * Film for Jana Session 2 4:00-5:15	5 Session 3 4:00-5:15 <b>Ms. Wininsky's Birthday</b>	6 Session 1 4:00-4:30 Session 2 4:30-5:00 Session 3 5:00-5:30 <b>Piper's Birthday!</b>	7 Institute Day- No School for Students	8
9	10 Session 1 4:00-5:15	11 Run Pro Co 3:45-4:00 * Film for Jana Session 2 4:00-5:15 Veteran's Day	12 Session 3 4:00-5:15	13 Pro Company Review 4:00-4:45 *Jana on Zoom IHSDF Review 4:45-5:30 <b>Kate's Birthday!</b> <b>Ms. Deutsch's Birthday!</b>	14	15
16	17 Session 1 4:00-5:15	18 Session 2 4:00-5:15	19 Run Pro Co 3:45-4:00 Session 3 4:00-5:15	20 First Showing-Session 3 Second Showing- Sessions 1 & 2 4-5:30 (5:45 Ribbon Cutting Ceremony)	21	22
23	24 No School- Parent Teacher Conferences	25 No School- Parent Teacher Conferences	26 Thanksgiving Break	27 Thanksgiving	28 Thanksgiving Break	29

# December 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	<div>1</div> <div>Session 1 4:00-4:45</div> <div>Session 2 4:45-5:30</div>	<div>2</div> <div>Take a survey for 15 minutes</div> <div>Session 3 4:15-5:30</div>	<div>3</div> <div>Session 3 4:00-4:45</div> <div>Pro Company Review 4:45-5:30</div>	<div>4</div> <div>Session 3 4:00-5:15</div>	5	6
7	<div>Run Pro Co 3:45-4:00 8</div> <div>Session 3 4:00-5:15</div>	<div>9</div> <div>Session 1 4:00-4:45</div> <div>Session 2 4:45-5:30</div>	<div>10</div> <div>Session 3 4:00-5:15</div>	<div>11</div> <div>Session 3 4:00-4:45</div> <div>2nd Showing- Session 3 4:45-5:30</div>	<div>12</div> <div><b>LIGHTING AND PROGRAM FORM DUE</b></div> <div><b>FINAL MUSIC EDITS DUE</b></div>	13
14	<div>15</div> <div>DAY OFF!!</div>	<div>16</div> <div>Finals</div> <div>No rehearsal</div>	<div>17</div> <div>Finals</div> <div>No rehearsal</div>	<div>18</div> <div><b>**TIMES TBA!!**</b></div> <div>Finals</div> <div>HEADSHOTS 1:30-2:30</div> <div>2:30-3: Session 1</div> <div>3-3:30 Session 2</div> <div>3:30-4 Session 3</div> <div>4-4:30 Pro Company</div> <div>4:30-4:45 Company Meeting</div> <div>Kinesis Family Dinner/Secret Snowflake 4:45-5:30</div>	<div>19</div> <div>Grading Day</div> <div>No School</div>	20
21/28	<div>22/29</div> <div>Winter Break</div>	<div>23/30</div> <div>Winter Break</div>	<div>24/31</div> <div>Winter Break</div>	<div>25</div> <div>Winter Break</div>	<div>26</div> <div>Winter Break</div>	27

# January

# 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Winter Break 1	Winter Break 2	3
4	Early Dismissal 5 Session 3 1:00-2:15	6 Pro Company 4:00-5:30	7 NDE Showcase 7:00 Pro Company Work 4:00-5:30	8 Dance Day Northfield	9 Advisory Dance Performance GAFFNEY Arrive by 7:20 am	10
	Finale/IHSDF 2:15-3:30			Finale 4:00-5:30		
11	12 Session 1 4:00- 4:45 WITH LIGHTING DESIGNERS	13 Session 3 4:00-4:45 WITH LIGHTING DESIGNERS	14 Pro Company 4-6:00 (Costume Fittings)	15 Lighting Designer Showings Sessions 1, 2, and 3 CORN OG 4-5:30	16	17
	COSTUME FITTINGS 4:45-6:00	Session 2 4:45-5:30 WITH LIGHTING DESIGNERS				
18	19 No School - MLK Day	20 Pro Company 4:00-5:30 Margy's Birthday	21 Pro Company On Stage With Lighting Designer - Cornog 4:00-5:00	22 Run-Through of All Dances and Company Meeting 3:45-5:30 (Late Arrival)	23 (Late Arrival)	24 TECH REHEARSAL 10:30-12:00- TBA 12:00-1:00 FINALE 1:00-3:00 Pro Company
25	26 TECH REHEARSAL 4:30-6:00- TBA 6:00-7:30- TBA	27 TECH REHEARSAL 4:30-6:00- TBA 6:00-7:30- TBA	28 TECH REHEARSAL 4:30-6:00 TBA 6:00-7:30 TBA	29 TECH REHEARSAL 4:30-6:00- TBA 6:00-7:30- TBA	30 TECH REHEARSAL 4:30-6:00- HOLD FOR EMERGENCY	31 Tech Rehearsal 10-2 In case of emergency *Hang sign on the train railing Salomé's Birthday

# February 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Dress Rehearsal 4:00 - 8:00	3 Dress Rehearsal 4:00 - 8:00	4 Dress Rehearsal 4:00 - 8:00 Stuart Rogers from 5-8	5 Kinesis Concert Call 5:30 / Showtime 7	6 Kinesis Concert Call 5:30 / Showtime 7	7 Kinesis Matinee Call 12:00*, Show 2:00 *Go to the Dance studio to meet the FUN Day dancers and do a warm up with them! STRIKE AFTER SHOW (approximately 1 hour)
8 SNOW DAY PLAN B * in case of cancellation we will perform at 2:00	9 CONGRATULATIONS ON AN AMAZING SEASON!	10	11	12	13 Institute Day No School	14

**March: SAVE THE DATES-** Wed, 3/25 AND Thurs, 3/26- Dance Day(s) Winnetka

## BIRTHDAYS

**March:** 3/22- Malina

**April:** 4/2- Indigo, 4/3- Sabrina, 4/9- Ottie May, 4/18- Scarlett, 4/21- Katelyn,  
4/24- Audra, 4/27- Elle

**May:** 5/14- Sloan, 26- Maya

**June:** 6/2- Kira, 6/25- Leighton, 6/30- Nayana

**July:** 7/11- Sydney, 7/30- Ms. Kritek