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2023 - 2024
Indoor Track & Field Handbook

Please note handbooks are subject to changes at anytime
Published: 11/7/23
1/9/24 Updated page 6 Falconer/ Frewsburg/ Randolph & Maple Grove Corrected BEDS to 839

1/12/24 - page - 5 Cancel Saturday 1/13 all day at Houghton University due to weather.

www.nysphsaa.org

http://ny.milesplit.com/

www.section6.e1b.org

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Team Rosters Form	SectVICompetitionEntryProcess - Google Docs	Section VI Conduct Expectations
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All-WNY Scholar Form	MileSplit ONLINE Registration Instructions	https://www.athletic.net/
	Event Responsibility chart - TBA	

2023-2024 Section VI Indoor Track & Field Important Dates

Event	Site/Location	Date/Time
Pre-season Coaches Mtg	With your League	Wed., 11/8/23
First day of practice		Mon, 11/13/23
Number of practices to represent school	6 (individual)	
Calendar for Indoor Track	Calendar Indoor Track -2023-2024	
Program Rosters	Boys & Girls Roster page 9	Mon., 11/27/23
Online Entries Website	**https://ny.milesplit.com/**	See details in Handbook
Opt out of State Transportation	https://www.section6.e1b.org/optout	Sat. 2/17/24 BEFORE end of State Qualifier
All-WNY Scholar Athlete	**ONLINE FORM LInk**	Mon. 3/11/24 no later than 4:00 pm

2023-2024 Section VI Indoor Track & Field Committee

BOYS Chairperson:	**tba**		
GIRLS Chairperson:	**Emilio Mancino***	legendsathletics716@gmail.com	C: (716) 712-4640
North	**Jason Bibler***	Amherst	C: 585-409-9228
North	**Dan Tryon***	Tapestry	C: 316-5593
South	**Sean Ode***	Falconer/CV/Fres/Rand	C: 499-2995
South	**Tom Wood***	Iroquois	C: 989-7280
At Large	**Walt McLaughlin**	Holland/East Aurora	C: 829-9282
Officials	**John Montalbo**		H: 434-8034
Timing	**David Reinhardt**	TrackQua Timing	C: 450-2688

Committee voting privileges:
As per the Section VI Constitution item 7.6, "The representative members on each sport committee will be appointed by each league and have only one vote per league. Other non-voting members may be selected by the Sport Chairperson. Federated sport representative members that are appointed by their division, league or school will have only one vote. The Sport Chairs of Federated Sports that have divisions will verify that among division representatives each participating league is represented. The Sport Chair may only vote when the vote is tied. A Sport Chair who also represents a league can serve in both capacities but will have only one vote."
The voting members of the committee are indicated below with an asterisk.

CHAMPIONSHIP and **DIVISIONAL Classifications**

The following **Championship** and **Divisional Classifications** have been adjusted and are based primarily on the 2023-2024 school population. Each Division should have at least one assigned Section VI Indoor Track and Field Committee Member on site at every competition. Private and Religiously affiliated programs are spread as evenly as possible across each Division and do not participate in the Section VI Team Championships or the Section VI State Championships Qualifier.

2023-24 Section VI Indoor Track & Field

Information is all available on live link as well: ITFSectVI2324SeasonInformation

2023-24 Section VI Indoor Track & Field DIVISIONS

Division A	Division B	Division C	Division D
Hutchinson Central Tech/ South Park/Emer/BCul	Frederick Law Olmsted/CtyHnrs/Burgard /MST/East/PArts	Niagara Falls	McKinley Vocational/LJ Bennett/MEC/RLab
Orchard Park	Jamestown	Lancaster	Riverside/I-Prep/Lafayette/ DaVinci/Pathways
Frontier	Lockport	Williamsville North	Clarence
Sweet Home	Kenmore West	West Seneca West	Niagara-Wheatfield
North Tonawanda	Hamburg	Williamsville East	Starpoint
Allegany-Limestone/ Olean/Portville	Kenmore East	Amherst	Grand Island
Williamsville South	West Seneca East	Dunkirk/ Silver Creek	CS Applied Technologies
Falconer/Frewsburg/ Maple Grove/Randolph	Lake Shore	Cheektowaga	Pioneer
Iroquois	Holland/East Aurora	Lackawanna	Depew
Salamanca	Fredonia/Westfield	Health Sciences Charter	Springville G.I./ West Valley
Tapestry Charter	Franklinville	St. Joseph's Institute	St. Francis
Cardinal O'Hara	Bishop Timon-SJ	Nardin Academy/ Buffalo Seminary	Mt. St. Marys

NOTE: Per Section VI ITF policy, combined programs must have uniform singlets and shorts/tights representing one of the schools in the combined program. This uniform rule will be enforced and ineligibility to participate may be a consequence.

Tickets- CASHLESS

CASHLESS ticket sales ONLY. Purchase tickets on-line & pay price below, if you bring cash all tickets will be $10. Watch HOW TO Video guide https://get.gofan.co/digital-ticketing-guide

Admission will only be charged for 2 events listed below On-line ONLY BUY tickets GATE: $7.00

1) Team (Large/Medium/Small Programs) CHAMPIONSHIPS Houghton College (Sat. Feb. 11th)
2) State CHAMPIONSHIPS Qualifier Houghton College (Sat. Feb. 19th)

(Children 5 & under admitted free)

STATES On-line price $10 GATE: $11.50

*state link will be added when available see Indoor Track & Field State website

2023-24 Section VI Indoor Track & Field Schedule

On-line Schedule

Date	Competition	Location	Times
Sat. 12/2/23	Limited Select Invitational	Houghton College's Kerr-Pegula Field House	10:00 AM- ~3:00 PM
Fri. 12/8/23	A-B Inter-Divisional		5:30 PM- ~10:30 PM
Sat. 12/9/23	C-D Inter-Divisional		10:00 AM- ~3:00 PM
Fri. 12/15/23	B-D Inter-Divisional		5:30 PM- ~11:00 PM
Sat. 12/16/23	A-C Inter-Divisional		10:00 AM- ~4:00 PM
Fri. 1/5/24	Limited Events Invitational #1	Buffalo State University's Sports Arena	5:30 PM- ~10:00 PM
Sat. 1/6/24	Varsity Select #1	Houghton College's Kerr-Pegula Field House 1/13/24 full day CANCELED	9:00 AM- ~4:00 PM
Cancel Sat. 1/13/24	Cancel B-C Inter-Divisional		~~9:00 AM- ~2:00 PM~~
	Cancel A-D Inter-Divisional		~~3:00 PM- ~8:00 PM~~
Fri. 1/19/24	Varsity Select #2		5:30 PM- ~11:00 PM
Fri. 1/26/24	Limited Events Invitational #2	Buffalo State University's Sports Arena	5:30 PM- ~10:00 PM
Sat. 1/27/24	Freshmen-Sophomore Championships	Houghton College's Kerr-Pegula Field House	9:00 AM- ~4:00 PM
Sat. 2/3/24	Varsity Select #3		VS #3 & TC 9:00 AM- ~4:00 PM SCQ 9:30 AM- ~4:00 PM
Sat. 2/10/24	Team Championships		
Sat. 2/17/24	NYSPHSAA/Federation Championships Qualifier		
Sun. 2/25/24	NYSPHSAA/Federation Championships Qualifier-alternate		
Sat. 3/2/24	NYSPHSAA/Federation Championships	Ocean Breeze Athletic Complex	TBD/A

NOTE: Only the Team Championships are scored competitions among NYSPHSAA Section VI public school programs only..

2023-24 Section VI Indoor Track & Field
TEAM CHAMPIONSHIP CLASSIFICATIONS

LARGE Programs (15)	NYSPHSAA Section VI Population
Hutchinson Central Tech/South Park/Emer/BC	2192
Frederick Law Olmsted/CH/Burgard/MST/East/PA	2011
Niagara Falls	1547
McKinley Vocational/LJ Bennett/MEC/RL	1532
Riverside/I-Prep/Lafayette/DaVinci/Pathways	1355
Lancaster	1230
Jamestown	1091
Orchard Park	1083
Frontier	1035
Lockport	1007
Williamsville North	981
Clarence	936
Niagara-Wheatfield	872
Falconer/Frewsburg/Randolph/Maple Grove	839 Corrected 1/9/24
West Seneca West	830

MEDIUM Programs (14)	
Kenmore West	822
Sweet Home	789
North Tonawanda	749
Hamburg	747
Williamsville East	711
Starpoint	699
Grand Island	666
Amherst	650
Kenmore East	645
Allegany-Limestone/Olean/Portville	633
Williamsville South	573
West Seneca East	557
Dunkirk/Silver Creek	555
Holland/East Aurora	449

SMALL Programs (13)

CS Applied Technologies	539
Pioneer	513
Cheektowaga	513
Lake Shore	512
~~Falconer/Frewsburg/Maple Grove/Randolph~~	839 corrected 1/9/24
Iroquois	467
Lackawanna	410
Depew	402
Springville G.I./West Valley	401
Fredonia/Westfield	399
Health Sciences Charter	335
Salamanca	288
Tapestry Charter	264
Franklinville	132

Section VI Indoor Track & Field
2023-24 General Guidelines and Policies

The league is primarily structured, to the best of its abilities, so that competitions are managed in an orderly fashion allowing all participants an equal opportunity to compete. Cost constraints prohibit hiring a full complement of officials for each competition. The Section VI chairpersons, and their management designees, have taken the responsibility of providing a well organized and well supervised competitive environment. These guidelines should clearly define the responsibility of the many coaches and student athletes so that the competitions may continue to be effectively run. Section VI and non-public member programs in violation of League policies will be reported to the Section VI Executive Director and the Athletic Director of the program in question. Repeated violations will be referred to the Section VI Executive Director for sanctions and may include a suspension from participation for the program/student athlete in question. The follow was approved by the Section VI Athletic Council September 2008:

"**For Indoor Track, the following penalty will be assessed to any student athlete failing to comply with Section VI rules and regulations: ejection from competition for that day**."

1. **Meet Management**: Section VI Indoor Track and Field competitions will be supervised by the Chairpersons and/or their representatives. The local Track and Field officials' organization shall provide at least a starter, two (2) finish judges, a jumps judge, and a pole vault official for regular season contests. The League shall also hire its competition management team. The schools will volunteer to provide the remainder of the officials (coaches or qualified adults) to conduct the competitions. Programs will rotate these assignments. The assignments will include the horizontal jumps (long and triple), the vertical jumps (high and pole vault), hurdle crew, the throws (shot put and weight throw), and clean up. Assignments are shared separately. Individuals (student athletes, coaches, spectators) not involved in an event as a competitor or as management must remain outside of the competitive area. These individuals must remain in designated team and/or spectator areas. Section VI has contracted Athletic Trainers for each competition.

2. **Entries: All entries to be submitted online at MileSplit** (information to be shared separately)
   - ❖ Schools that exceed the maximum number of entries allowed will lose that many entries in a future competition. Please CAREFULLY note entry limits!
   - ❖ No event will be re-seeded without a Chairperson's consent.
     All entries will be submitted electronically for all competitions. Entry deadlines are dependent on the competition. If entries are not completed on time then competitors do not participate, are placed in unseeded sections, or in last positions. Competition rosters changes are subject to Chairperson's and timing service discretion. Relay competitors will be checked against entries. **There will be no additions, **and only deletions**, **at the Team Championships and the State Championships Qualifiers**.
   - ❖ Please be certain to make any deletions the day of competitions as soon as possible at the timing table.
   - ❖ For accountability purposes, an updated roster must be shared with each respective Chairperson in order for any student athlete to officially participate and any results connected to them to be officially valid.
3. **Supervision**: Individual programs are responsible for properly supervising and managing their student athletes in adhering to all necessary protocols. Section VI staff will be clearly identified. It is expected that student athletes, coaches, and spectators will follow the Section VI Conduct Expectations shared at the Section 6 website: Link to Conduct Expectations
   https://docs.google.com/document/d/1wKyq-BpWjZVN6vu11nuLAe_EE7muyMBp/edit?usp=sharing&ouid=103723591557241724325&rtpof=true&sd=true

a. Athletes are not to be in any area or use any equipment not specifically contracted by Section VI. Student athletes should remain in their designated team areas at each contracted facility.
   Penalties: *First offense will result in notification of a program coach.
   *Second offense may result in disqualification of individuals involved and program Athletic Director referral as well as Section VI notification.

b. Vandalism is strictly prohibited
   Penalty: Referral to Section VI for billing the cost of repairs and suspension of competitor(s) from our League for the season.

c. Coaches must properly supervise and manage their student athletes while keeping the following tenets in focus.
   1. All current Section VI Health and Safety protocols are to be adhered to.
   2. Athletes are not to be in a competitive area unless called for their event.
   3. Competitors should remain only in the competitive area for their event.
   4. Leisure equipment is prohibited in the competition and team/spectator area.
   5. Competitors are to leave the competitive area immediately following their conclusion of their participation in that event.
   6. Spike shoes are only to be worn at Houghton College.
   7. Food/beverages should remain in designated team/spectator areas.
   8. Competitors cannot remove their uniform in any competition area.
   9. Competitors can only prepare in designated areas at each facility.

   Penalties: *First offense includes warning, competitor removal, and coaches notification.
   *Second offense includes coaches notification, disqualification from the remainder of the competition and referral to the Athletic Director and Section VI.

4. Competition Attendance: The League is divided into four (4) distinct divisions for this season. The maximum number of student athletes allowed in the facilities we are contracted with has determined this format. Naturally, programs are eligible to attend and participate in only the Section VI competitions where their respective divisions are scheduled.

5. Athletic Placement Process: Athletic Directors and coaches must abide by the Section VI Procedure detailed on the Section VI website in order for 7th and 8th graders to be members of their Varsity Indoor Track and Field programs. NYSED APP - Information pages

http://www.nysed.gov/common/nysed/files/programs/curriculum-instruction/athleticplacementprocess12-11-17finalrevised.pdf

Section VI Indoor Track & Field

2023-24 General COMPETITION Guidelines and Policies

1. All Section VI approved program coaches must submit their fully completed and most updated rosters to their respective chairpersons no later than **MON**day, **November 27**th using the proper form.

   Boys Rosters to:

   Girls Rosters to:
   Emilio Mancino
   legendsathletics716@gmail.com

   The Section VI Indoor Track and Field League operates under NYSPHSAA and National Federation Rules. Please be aware of all uniform rules.
2. Make certain that your team has had a minimum of six (6) practices and that all student athletes who will compete have had six (6) practices. No scrimmages have been scheduled this season.
3. Teams will only be allowed a maximum of seventy (70) total student athletes at any given Section VI competition at any Section VI contracted facility. Coaching staff units may decide on any total number combination with respect to gender.
4. A **three (3)** event participation maximum, regardless of event, per competitor is in effect per NYSPHSAA rules.
5. **In order for any student athlete to be eligible for the Team Championships or the State Championships Qualifier, they must have participated in a minimum of four** (**4**) **sanctioned indoor track and field contests** pending any validated medical exemptions.
6. Per Section VI, COVID-19 pauses are not deemed valid medical exemptions. Verified positive COVID-19 results which result in competition absence are considered for medical exemption.
7. Due to various facilities and time constraints, the competition format will vary. Please carefully review the competition format for each Section VI competition.
8. Fastest seeded sections or heats will compete last unless otherwise noted.
9. A “waterfall” start will be implemented for all non-Championship 600 meter Run sections. At the Varsity Championships, the top eight (8) seeded competitors will be laned accordingly with a two (2) turn stagger. All other Championship sections will be started in a two (2) turn box.
10. Field events will vary based on competition and time within this season.
11. The horizontal jumps (long and triple) will be contested as open pits at Buffalo State College. At Houghton College, flights will be used with furthest performers in the first flight. Minimum standards can also be utilized at the Freshmen-Sophomore Championships.
    ***Minimum Long Jump Starting Boards THROUGH Jan**. **6**th: Girls at 4 feet and Boys at 10 feet
    ***Minimum Long Jump Starting Boards AFTER Jan**. **6**th: Girls at 8 feet and Boys at 10 feet
    ***Minimum Triple Jump Starting Boards**: Girls - 20 feet Boys - 28 feet
    *Supervisor(s) and/or official(s) managing these events must properly demarcate the runways and jumping pits preferably one half hour prior to the start of the event.
12. High Jump opening heights at Section VI competitions other than Team Championships and State Championships Qualifier: Girls at 3’ 10” and Boys at 4’ 8”
13. Pole Vaulters must submit a properly completed pole vault certification form in order to compete. Pole vault series at Section VI competitions other than Team Championships and State Championships Qualifier:
    *BOYS start 7’ 6” then 8’ 3” then 9’ 0” and then 6” beyond until conclusion
    *GIRLS start 5’ 6” then 6’ 3” then 7’ 0” and then 6” beyond until conclusion
14. The vertical jumps (high and pole vault) may be pared down to three (3) total misses depending on the number of entrants and time constraints.
15. Sprinting back on runways to determine starting point(s) is prohibited at all competitions.
16. Field event finals will only be held at the Section VI State Championships Qualifier.
17. Only properly weighted and approved implements and equipment can be utilized.
18. Athletic Trainers have been contracted for every Section VI Indoor Track and Field competition.

Under no circumstances is a site contracted by Section VI available for practice when a competition is canceled.

Cancellation Policy for Section VI Indoor Track and Field Meets

1. During inclement weather, if the competition facility and the roads to that destination are open, then the competition will go on as scheduled. If either the roads or the facility are closed, the competition will be canceled.
2. The Chairpersons will make a good faith effort to reach all parties concerned via the use of the internet, texting, and/or email as well as through radio and television if possible.

Contingency Plan for Sectional Competition

1. Contests will be postponed or canceled only if a participating contracted facility is officially closed due to weather or otherwise.
2. It is the responsibility of the Athletic Director (or designee) to notify the Sport Chairperson(s) that the school has been closed due to weather conditions (or illness) as soon as he/she becomes aware of such action. Officials and the media will be notified by the Chairperson(s).
3. In the event that a school is closed on the day its postseason contest is scheduled, the decision to play shall rest with the District's Superintendent.
4. In the event that weather conditions recess themselves prior to competition time, the competition may be held with mutual consent of the participating Athletic Directors and the approval of the Sport Chairpersons.
5. When a contest is at a non school site, if the competition facility and the roads to that destination are open the competition will go on as scheduled. If either the roads or the facility are closed, then the competition will be postponed or canceled.
6. The Sports Chairperson will notify the Executive Director of any postponements.
7. It is up to the individual Leagues and their member program to recognize the potential for inclement weather days, power outages, etc. that may cause cancellations and issues.
8. Any health or safety threat, confirmed or unconfirmed, will supersede any existing policy and will be up to the discretion of the involved member program.

2023-24 Section VI Indoor Track & Field
Houghton College (Dec. 8th, 9th, 15th, 16th, & Jan. 13th)
Dual Divisionals Competition Information

- Online entries due **day prior to competitions** no later than 8:00 PM
- 200m oval with 55 meter straight
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- All track events will be a timed final in format
- **Boys Exhibition 1500m Race Walk will only take place on December 15th & 16th**
- Maximum three (3) attempts per competitor in the horizontal jumps and the throwing events
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour
- Carefully review Section VI Indoor Track and Field General Competition Guidelines and Policies while considering these competitions

TRACK Event Order (Boys, then, Girls)	Maximum Entries
55m **Hurdles** (heats)	three (3) per gender
32/**3000**m **Run** (sections)	
55m **Dash** (heats)	
1000m **Run** (sections)	
1500m **Race Walk** (sections)	
600m **Run** (sections)	
16/**1500**m **Run** (sections)	
300m **Dash** (heats)	
4 by **800**m **Relay** (sections)	one (1) per gender
4 by **400**m **Relay** (sections)	
4 by **200**m **Relay** (sections)	

FIELD Event Order	Gender Order	Maximum Entries
High Jump (format TBD)	Boys, then, Girls	three (3) per gender
Pole Vault		
Shot Put		
Weight Throw	Girls, then, Boys	
Triple Jump followed by...	Simultaneous	
Long Jump		

2023-24 Section VI Indoor Track & Field

Houghton College (Dec. 2nd, Jan. 6th, 19th, & Feb. 3rd)

Limited & *Varsity Select* Competition Information

- Online entries due **day prior to competitions** by 8:00 PM
- 200m oval with 55 meter straight
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- All track events will be a timed final in format
- Overflow sections of the 32/3000 meter then 16/1500 meter Runs will be contested if there are more than forty (40) entrants as necessary
- Maximum three (3) attempts per competitor in the horizontal jumps and the throwing events
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour
- Carefully review Section VI Indoor Track and Field General Competition Guidelines and Policies while considering these competitions

TRACK Event Order (Boys, then, Girls) Maximum Entries

55m **Hurdles** (heats)	two (2) per gender
32/3000m **Run** (sections)	
55m **Dash** (heats)	
1000m **Run** (sections)	
Girls 1500m **Race Walk** (sections)	
600m **Run** (sections)	
16/1500m **Run** (sections)	
300m **Dash** (heats)	
4 by **800**m **Relay** (sections)	one (1) per gender
4 by **400**m **Relay** (sections)	
4 by **200**m **Relay** (sections)	

FIELD Event Order	Gender Order	Maximum Entries
High Jump (format TBD)	Girls, then, Boys	two (2) per gender
Shot Put		
Pole Vault	Boys, then, Girls	
Weight Throw	Boys, then, Girls	
Triple Jump followed by...	Simultaneous	
Long Jump		

2023-24 Section VI Indoor Track & Field

Buffalo State College (Jan. 5th & 26th)

Limited Events Invitational Competition Information

- Online entries due the **day prior to competitions** no later than 8:00 PM
- 160m oval with 55 meter straight
- **Spiked shoes are prohibited in all events**
- Starting blocks, batons, and the like are not provided
- All track events will be a timed final in format
- Sprint Medley Relay TENTATIVE order will be 200m-200m-400m-800m (10 total laps)
- Distance Medley Relay order will be 1200m-400m-800m-1600m (25 total laps)
- No field events will be contested
- Carefully review Section VI Indoor Track and Field General Competition Guidelines and Policies while considering this competition

Friday, January 5th, 2024

TRACK Event Order (Boys, then, Girls)	Maximum Entries
55m **Hurdles** (heats)	two (2) per gender
600m **Run** (sections)	
55m **Dash** (heats)	
16/**1500**m **Run** (sections)	
Exhibition Boys 1500m **Race Walk** (sections)	
Sprint Medley Relay (sections)	one (1) per gender
Distance Medley Relay (sections)	

Friday, January 26th, 2024

TRACK Event Order (Boys, then, Girls)	Maximum Entries
55m **Hurdles** (heats)	two (2) per gender
1000m **Run** (sections)	
300m **Dash** (heats)	
32/**3000**m **Run** (sections)	
4 by **400**m **Relay** (sections)	one (1) per gender
Sprint Medley Relay (sections)	

2023-24 Section VI Indoor Track & Field

9th (SC) and 10th Grade Level CHAMPIONSHIPS

Houghton College (**Sat**. **Jan**. **27**th)

Competition Information

- Online entries due **THURS**day, **Jan**. **25**th no later than 9:00 PM
- 200m oval with 55 meter straight
- Freshmen and selectively classified 7th and 8th graders may earn awards if placing in the top six while opposing each other while sophomores will oppose each other in this same awards format
- These Championships are not team scored
- Any relays with at least one (1) sophomore entered and participated is considered a sophomore relay
- Grade level competitors may be separately seeded in various events
- No admission for this event
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- All track events will be a timed final in format
- Maximum three (3) attempts per competitor in the horizontal jumps and the throwing events
- Four (4') foot take off boards may be utilized in the Long Jump
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour
- Carefully review the applicable portions of the Section VI Indoor Track and Field General Competition Guidelines and Policies while considering this CHAMPIONSHIP competition

TRACK Event Order (Boys, then, Girls)	Maximum Entries
55m **Hurdles** (heats)	two (2) per gender per grade level
32/**3000**m **Run** (sections)	
55m **Dash** (heats)	
1000m **Run** (sections)	
Girls 1500m **Race Walk** (sections)	
600m **Run** (sections)	
16/**1500m Run** (sections)	
300m **Dash** (heats)	
4 by **800**m **Relay** (sections)	one (1) per gender per grade level
4 by **400**m **Relay** (sections)	
4 by **200**m **Relay** (sections)	

FIELD Event Order	Gender Order	Maximum Entries
High Jump (format TBD)	Boys, then, Girls	two (2) per gender per grade level
Shot Put		
Pole Vault		
Weight Throw	Girls, then, Boys	
Triple Jump followed by...	Simultaneous	
Long Jump		

2023-24 Section VI Indoor Track & Field

Team (Large/Medium/Small Programs) CHAMPIONSHIPS

Houghton College (**Sat**. **Feb**. **10**th)

Competition Information

- Finalized online entries due **THURS**day **Feb**. **8**th no later than 9:00 PM
- 200m oval with 55 meter straight
- Spectator Admission $7.00 per GoFan Tickets ONLY see Ticket info link children 5 & under free)
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- The Section VI Indoor Track and Field Chairpersons, in conjunction with the officials groups, will assign event judges, supervisors, and workers, who are best suited based on expertise and experience, to each event where they are necessary
- The Jury of Appeals includes all members of the Section VI Indoor Track and Field Committee (unless a Committee member has brought the appeal) and a lead official
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour as pre-determined by the event supervisors and the Section VI Indoor Track and Field Chairpersons
- Carefully review the applicable portions of the Section VI Indoor Track and Field General Competition Guidelines and Policies while considering this CHAMPIONSHIP competition

- Team scoring, per class, will follow a 10-8-6-5-4-3-2-1 points format representing the performances of the top eight (8) individuals and relays in each sanctioned event contested. Ribbons will be awarded to the competitors or relays whose performances rank them in the top six (6) places for each sanctioned event in each class. A Championship and Second Place award will be earned by the programs whose performances rank them in the top two (2) places in each class for each gender.
- The Most Valuable Male and Female Track and Field Performers for each class will be voted upon for a period of time the week following this Championship. Tiebreakers will be resolved by the Section VI Indoor Track and Field Committee with committee members who represent candidates recusing themselves. Coaching staff who have embodied maximizing their respective seasons with the Team Championships as their highlight competition will be honored by the Section VI Indoor Track and Field Committee allowing for an opportunity for all League Coaches to comment for a period of time following this Championship. All honorees will be recognized by the Section VI Indoor Track and Field Committee at the Section VI Indoor Track and Field State Championships Qualifier.

- Each program will be allowed one (1) relay per gender with a maximum of four (4) alternates to be listed based on verified past performances. A maximum of three (3) individual event entries per gender will be allowed for each program based on verified past performances.
- A final event call will be announced before final event seeding is applied. There will be no additions allowed at this Team Championships and the most updated Qualifier Lists will be checked for all entries. Any removals or absences from an event after the event is officially seeded and/or loaded onto the track, runway, circle, or apron will result in the disqualification of that student athlete or relay from the remainder of the competition.
- A maximum of sixteen (16) competitors per class will compete in all individual track and field events. Final entry lists will be shared prior to the beginning of the Team Championships.
- All track events will be boys followed by girls timed finals while a maximum of (4) attempts per competitor in the horizontal jumps and the throwing events, contested by classification, will be allowed for team scoring purposes.
- Vertical jumps events will not be contested by classification in the interest of time.
- Track events whose distances measure less than 1500 meters will be contested by classification. Track events whose distances measure 1500 meters or greater will be contested in slowest to fast sections and may be combined in the interest of time.

Team (Large/Medium/Small Programs) CHAMPIONSHIPS continued
Houghton College (Sat. Feb. 10th) Continued

TRACK Event Order Boys then Girls (**9:00 AM** start)	**Field** Event Order (**9:00 AM** start)	**FIELD** Gender Order
55m **Hurdles** (heats)	**Triple Jump** followed by...	Simultaneous
32/3000m **Run** (sections)	**Long Jump**	
55m **Dash** (heats)	**High Jump** (format TBD)	Girls then, Boys
1000m **Run** (sections)	**Shot Put**	
Girls 1500m **Race Walk** (sections)	**Pole Vault**	Boys then, Girls
600m **Run** (sections)	**Weight Throw**	
16/1500m Run (sections)		
300m **Dash** (heats)		
4 by **800**m **Relay** (sections)		
4 by **400**m **Relay** (sections)		
4 by **200**m **Relay** (sections)		

Tickets- CASHLESS

CASHLESS ticket sales ONLY. Purchase tickets on-line & pay price below, if you bring cash all tickets will be $10. Watch HOW TO Video guide https://get.gofan.co/digital-ticketing-guide

Admission will only be charged for 2 events listed below On-line ONLY BUY tickets GATE: $7.00
Team (Large/Medium/Small Programs) CHAMPIONSHIPS Houghton College (Sat. Feb. 10th)
State CHAMPIONSHIPS Qualifier Houghton College (Sat. Feb. 17th)
(Children 5 & under admitted free)
STATES On-line price $10 GATE: $11.50
*state link will be added when available see Indoor Track & Field State website

2023-2024 Section VI Indoor Track & Field

NYSPHSAA/Federation CHAMPIONSHIPS Qualifier

Houghton College (Sat. Feb. 17th)

Competition Information

- Online entries due **THURS**day **Feb**. **15**th no later than 9:00 PM for those eligible competitors who have met or exceeded the Section VI Indoor Track and Field State Championships Qualifier Standards. One male and one female "wild card" entry will also be allowed based on the Section VI Indoor Track and Field "Wild Card" Criteria.
- 200m oval with 55 meter straight
- Spectator Admission $7.00 per GOFAN Tickets see Ticket info link (children 5 & under free)
- Maximum ¼" pyramid spiked shoes can be utilized in all non-throwing events
- Starting blocks, batons, implements, tape measures, and the like are not provided
- The Jury of Appeals includes all members of the Section VI Indoor Track and Field Committee (unless a Committee member has brought the appeal) and a lead official
- The Section VI Indoor Track and Field Chairpersons, in conjunction with the officials groups, will assign event judges, supervisors, and workers, who are best suited based on expertise and experience, to each event where they are necessary
- Preparation routines for field events after the start of the overall competition may occur for up to one half an hour as pre-determined by the event supervisors and the Section VI Indoor Track and Field Chairpersons
- Carefully review the applicable portions of the Section VI Indoor Track and Field General Competition Guidelines and Policies while considering this CHAMPIONSHIP competition

- A final event call will be announced before final event seeding is applied. There will be no additions allowed at this State Championships Qualifier and the most updated Qualifier Lists will be checked for all entries. Any removals or absences from an event after the event is officially seeded and/or loaded onto the track, runway, circle, or apron will result in the disqualification of that student athlete or relay from the remainder of the competition.
- Heat, section, flight, and lane assignments as well as advancement criteria will be dependent on the event and number of entries based on best protocols. These details will be determined after the final event call is announced. Semi-finals may be eliminated in any such event where the number of entries supports this supposition.
- There will be assigned flights in the horizontal jumps and the throwing events. There will be no more than twelve (12) competitors in the top flight. Three (3) preliminary attempts will be allowed in each of these events with the top eight (8) performances allowing those respective competitors to advance to a final three (3) attempts. Any valid attempt can represent a best performance regardless of the occurrence during a preliminary or final round of competition.

- ★ Official Section VI "Shield" patches will be awarded throughout this competition to the competitors/relay members whose verified and official performance(s) ranks them in the top four (4) overall in any event. The competitors whose performance(s) ranks them in the top two (2) in any individual event will earn a berth to the NYSPHSAA/Federation Indoor Track and Field Championships in that/those event(s) representing their school communities and Section VI. Four (4) or five (5) members of their overall victorious relay will also earn a berth to the NYSPHSAA/Federation Indoor Track and Field Championships in that relay event(s). In addition, competitors whose performances ranks them third (3rd) overall in either the 300 meter Dash, 600 meter Run, 1000 meter Run, or the 1500 meter (Girls)/1600 meter (Boys) Run will be qualified to participate in the Intersectional Medley Relay (1000m-200m for 300m qualifier-600m-1600m) representing their school communities and Section VI at the NYSPHSAA/Federation Indoor Track and Field Championships as well. Finally, there are State Championship Qualification standards that can be met or exceeded where the competitor whose performance ranks them third (3rd) or the relay whose performance ranks them second (2nd) can also qualify them to advance to the NYSPHSAA/Federation Indoor Track and Field Championships in that relay event and/or individual event(s) representing their school communities and Section VI.
- ★ Final decisions regarding advancement to the NYSPHSAA/Federation Indoor Track and Field Championships should be finalized prior to departing from the Section VI Indoor Track and Field State Championships Qualifier. Please be sure to directly contact a Section VI Chairperson prior to the conclusion of the Section VI Indoor Track and Field State Championships Qualifier if there are any potential issues.
- ★ A school board approved coach is expected to accompany their respective qualifier(s) to the NYSPHSAA/Federation Indoor Track and Field Championships per Section VI policy. Please directly contact a Section VI Chairperson if there are any potential issues.

State CHAMPIONSHIPS Qualifier continued

Houghton College (**Sat**. **Feb**. **17**th)

TRACK Event Order (**9**:**45 AM** start)	**TRACK** Gender Order	**Field** Event Order (**9**:**30 AM** start)	**FIELD** Gender Order
55m **Hurdles** (Semi-Final heats)	Boys, then, Girls (hurdles reverse)	**Triple Jump** followed by...	Simultaneous
55m **Dash** (Semi-Final heats)		**Long Jump**	
3200m **Run** (Final sections)	Boys	**High Jump** (format TBD)	Girls, then, Boys
55m **Hurdles** (Final heats)	Boys, then, Girls	**Shot Put**	
55m **Dash** (Final heats)	Boys, then, Girls	**Pole Vault** (format TBD)	Boys, then, Girls
3000m **Run** (Final sections)	Girls	**Weight Throw**	
4 by **400**m **Relay** (Semi-Final heats)	Boys, then, Girls		
4 by **200**m **Relay** (Semi-Final heats)			
1000m **Run** (Final sections)		**Opening Heights**	
Girls 1500m **Race Walk** (Final sections)	Girls	**High Jump**: B-5' 2" G-4' 4"	
300m **Dash** (Semi-Final heats)	Boys, then, Girls	**Pole Vault**: G-7' 0" B-9' 0"	
600m **Run** (Final sections)			
1600m **Run** (Final sections)	Boys		
1500m **Run** (Final sections)	Girls		
~*15 minute recess			
300m **Dash** (Final heats)	Boys, then, Girls		
4 by **800**m **Relay** (Final sections)			
4 by **400**m **Relay** (Final sections)			
4 by **200**m **Relay** (Final sections)			

Section VI Indoor Track and Field "Wild Card" Criteria

NOTE: All individual event "Wild Card" entries must adhere to the following minimum entry standards regardless of gender since this is our ultimate Championship competition for Section VI Indoor Track and Field.

*__55 meter Dash__ and __Hurdles__ within 0.5 seconds of State Championships Qualifier standard
*__300 meter Dash__ within one (:01) second of State Championships Qualifier standard
*__600 meter Run__ within two (:02) seconds of State Championships Qualifier standard
*__1000 meter Run__ within five (:05) seconds of State Championships Qualifier standard
*__15/1600 meter Run__ within five (:05) seconds of State Championships Qualifier standard
*__30/3200 meter Run__ and __Race Walk__ within ten (:10) seconds of State Championships Qualifier standard
*__Long Jump__ and __Pole Vault__ within six (6") inches of State Championships Qualifier standard
*__Throwing__ events within two (2') feet of State Championships Qualifier standard
*__Triple Jump__ within one (1') foot of State Championships Qualifier standard
*__High Jump__ within four (4") inches of State Championships Qualifier standard

Section VI NYSPHSAA/Federation Championships Qualifier
Sprint Event Advancement Format

*__41__ to __48 entrants__
__6__ semi-finals
__Winner__ and next __two__ (__2__) fastest finishers advance

*__33__ to __40 entrants__
__5__ semi-finals
__Winner__ and next __three__ (__3__) fastest finishers advance

*__25__ to __32 entrants__
__4__ semi-finals
__Winner__ and next __four__ (__4__) fastest finishers advance

*__17__ to __24 entrants__
__3__ semi-finals
Top __two__ (__2__) and next __two__ (__2__) fastest finishers advance

*__9__ to __16 entrants__
__2__ semi-finals
Top __two__ (__2__) and next __four__ (__4__) fastest finishers advance

*__8__ or less __entrants__
__Timed final__ in the finals time slot on order of events

2023-2024 NYS Section VI State Championship Qualifier Minimum Standards		
Event	**GIRLS**	**BOYS**
55m Dash	:07.84	:07.04
55m **Hurdles**	:10.14	:09.24
300m Dash	:45.54	:39.24
600m Run	1:48.24	1:32.24
1000m Run	3:20.24	2:49.24
1500m **Race Walk**	9:30.24	not applicable
1500m Run	5:20.24	not applicable
1600m Run	not applicable	4:55.24
3000m Run	11:50.24	not applicable
3200m Run	not applicable	10:40.24
ALL Relays	no performance standard one (1) per gender allowed	
Long Jump	15' 3"	19' 0"
Triple Jump	31' 3"	37' 0"
High Jump	4' 8"	5' 4"
Pole Vault	7' 0"	9' 0"
Shot Put	28' 0"	38' 0"
Weight Throw	30' 0"	38' 0"

NOTE: All time standards are fully automated in format and these standards above will be reviewed by the Section VI ITF Committee as needed throughout this season.

2023-2024 NYSPHSAA/Federation Indoor Track & Field
State CHAMPIONSHIPS
Ocean Breeze Athletic Complex - Staten Island, NY (Sat. Mar. 4th)
Basic **Competition Information Order of Events** website:
https://nysphsaa.org/tournaments/?id=29&path=

Opt out of Section VI State Transportation:

Notify Chairpersons by the conclusion of the State Championship Qualifier

NYSPHSAA/NYS Federation Qualifying Standards for the 3rd Competitor

NYSPHSAA Sport Standard

https://s3.amazonaws.com/nysphsaa.org/documents/2023/8/21/NYSPHSAA_Handbook_082123.pdf#page=96

The third place entry in each individual event must have met or exceeded the minimum qualifying standard in his/her state qualifying meet or in meets designated by the Sectional Coordinator, and must have placed third in the state championship qualifying meet in order to qualify for the State Meet. For relays, the second place relay may advance, if they have met the standard. A school may only have one entry per relay event.

EVENT	GIRLS	BOYS
	FAT (Hand Time)	**FAT (Hand Time)**
55m Hurdles	8.74 (8.5)	7.94 (7.7)
55m Dash	7.44 (7.2)	6.74 (6.5)
300m Dash	41.94 (41.7)	36.74 (36.5)
600m Run	1:38.74 (1:38.5)	1:24.74 (1:24.5)
1000m Run	3:02.24 (3:02.0)	2:35.24 (2:35.0)
1500m Run	4:49.54 (4:49.3)	xxxxxxx
1600m Run	xxxxxxx	4:28.74 (4:28.5)
3000m Run	10:21.14 (10:20.9)	xxxxxx
3200m Run	xxxxxxx	9:42.24 (9:42.0)
1500m Race Walk	7:28.24 (7:28.0)	xxxxxx
Long Jump	17’ 02”	21’ 06”
Triple Jump	36’ 01”	43’ 06”
Shot Put	37’ 07”	51’ 00”
High Jump	5’ 03”	6’ 02”
Pole Vault	10’ 00”	13’ 00”
Weight throw	43’00”	56’00”
4 x 200	1:47.54	1:34.94
4 x 400m	4:06.94	3:32.44
4 x 800m	9:36.24	8:05.04

Bonafide and verifiable marks achieved at any time during this season may also be used for seeding purposes at the State Championships. Please let the appropriate chairperson know if your qualifying athlete has a better mark prior to the State Qualifier.

Additional information regarding the NYSPHSAA/Federation Indoor Track and Field Championships will be shared as it is available.

Section VI BOYS Indoor Track and Field RECORDS

Event	Name	School	Performance	Year
55m Dash	Wayne Gordon	Sweet Home	:06.37	2012
300m Dash	Nathaniel Davis	Sweet Home	:34.28	2018
600m Run	Joshua Peron	Frontier	1:19.47	2020
1000m Run	Chris Nowak	Sweet Home	2:27.20	2017
1600m Run	Nick LaRosa	Frontier	4:14.7(conv)	1992
3200m Run	Ian Russ	Holland/EA	9:15.60	2018
55m Hurdles	Ron Andrews	Sweet Home	:07.44	1997
Long Jump	Nathaniel Davis	Sweet Home	23’ 8.25”	2018
Triple Jump	Jailyn Twitty	Amherst	47’ 4”	2012
High Jump	Sean Vago	Williamsville South	6’ 11.25”	1995
Shot Put	Devon Patterson	Williamsville South	63’ 10.75”	2014
Pole Vault	Anton Kunnas	North Tonawanda	15’ 6”	2017
Weight Throw	Jayden DuBard	Cheektowaga	71’ 2.5”	2020
4x200m Relay	Niagara Falls	Niagara Falls	1:29.50	2017
4x200m Relay	(Rodney Barnes, Tariq Taul, Roshain Wallace, Christian Meranto)			
4x400m Relay	Falconer/MG/Ran/Frew/CV		3:24.90	2020
4x400m Relay	(Rayven Sample, Josh Walters, Ronan McDonald, Riley Auer)			
4x800m Relay	Frontier		7:56.05	2022
4x800m Relay	(Connor O’Brien, Preston Bova, Brian Gleason, Joshua Peron)			
Intersectional Medley Relay			8:57.62	2020
Intersectional Medley Relay	(Nick Ebling-Holland/EA, TyeRyan Burke-Hamburg, James Sullivan-WSE, Christopher Bertola-OP)			

NOTE: All times fully automated except for the 1600 meter Run performance.

Section VI GIRLS Indoor Track and Field RECORDS

Event	Name	School	Performance	Year
55m Dash	Kahniya James	Lockport	:06.95	2020
300m Dash	Jenna Crean	Orchard Park	:38.99	2017
600m Run	Maxana Grubb	Amherst	1:33.69	2019
1000m Run	Angelina Napoleon Allegany-Limestone	Allg-LS/ Olean/ Frank/ Prtv	2:49.65	2022
1500m Run	**Lillie Bogdan**	**Frontier**	**4:30.47**	**2024**
3000m Run	**Lillie Bogdan**	**Frontier**	**9:27.75**	**2024**
55m Hurdles	Ronnetta Alexander	Williamsville South	:07.90	2003
1500m Race Walk	**Taylor Nugent**	**Sweet Home**	**6:53.57**	**2024**
Long Jump	Mikayla Pearce	Maryvale	19' 8"	2012
Triple Jump	McKyla Brooks	Frontier	40' 2.5"	2013
High Jump	Alison Smith	Clarence	6' 1"	1987
Shot Put	Melissa Kurzdorfer	Lancaster	50' 6"	2010
Weight Throw	Melissa Kurzdorfer	Lancaster	59' 1"	2010
Pole Vault	Leah Pasqualetti	Orchard Park	14' 6"	2020
4x200m Relay	Tapestry Charter		1:44.36	2019
4x200m Relay	(Alexis Johnson, Nyrelle Simpson, Jada Kenner, Nia Stevens)			
4x400m Relay	Dunkirk		4:00.81	2017
4x400m Relay	(Emilee Hanlon, Jaylah Crossin, Jericha Petrella, Emma Seiders)			
4x800m Relay			9:30.75	2011
4x800m Relay	(Shannon Dalton, Emily Krasinski, Renae Sweeney, Rebecca Love)			
Intersectional Medley Relay			10:27.82	2019
Intersectional Medley Relay	(Raechel Zielinski-Hamburg, Nia Stevens-Tapestry, Leah Streety-Iroquois, Marin Bogulski-Orchard Park)			

NOTE: All times fully automated except for the 1500 meter Race Walk performance. e - en route performance

Section VI Policies

All-WNY Scholar Athlete Indoor Track Team

Coaches and Athletic Directors are encouraged to nominate athletes for selection to the **All-WNY Scholar Athlete Boys Indoor Track and Girls Indoor Track and Field Team.** The criteria for selection are listed on-line: **http://www.section6.e1b.org/SA. Applications must be completed on-line no later than March 11, 2024**. The team will be honored by both Section VI and the Buffalo News.

Regulations Regarding Senior All-Star & Outside Agency Contests

(updated October 2013 NYSPHSAA Executive Committee)

1. All Senior All-Star and Outside Agency contests MUST be approved by Section VI. In addition, Senior All-Star contests must be approved by NYSPHSAA. The forms required are posted on the section website*
2. All Senior All-Star and Outside Agency contests must be conducted within the season dates approved by the Section VI Athletic Council for that sport. The calendar of approved season dates for all sports is posted on the section website*
3. Only seniors who have completed their secondary school eligibility in that sport may compete in these contests.
4. *A contestant **may participate in any approved senior all star athlete contest in the same sport during the school year.** (approved October 24, 2013, NYSPHSAA Executive Committee Meeting).*

NOTE: A Senior All-Star contest by NYSPHSAA standards, is one in which an athlete's participation is based solely on outstanding performance as a member of a high school team. If open-tryouts are held, the contest is NOT a NYSPHSAA All-Star contest. ***www.section6.e1b.org** Click on *Forms Scroll down to Senior All Star,* or call the Section office 821-7581.

Section VI Policy on Neutral Sites

For finals, no team shall compete on its home site if multiple sites have been scheduled. The exception: if the home field is the only field that's playable.

Section VI AED Policy (effective Feb. 2003)

The game site-chairperson will be responsible for securing an AED for the certified trainer's use at all sectional contests, and at all regional and state contests that are hosted by Section VI. The certified trainer will be provided by an orthopedic group contracted by Section VI, at all postseason contests held at neutral sites. **Note:** If a school suffers loss or damage to an AED that is being used for postseason contests, the Section will be financially responsible.

Section VI Travel to State Competition Policy

(Extended Jan. 2016) For the complete policy click on #310 in the Policy Manual

Summary for Individual Sports

Championships to cover the following costs for state competition. The following costs for state competition

1) Transportation, lodging and meals for Cross Country, B&G Swim, Indoor and Outdoor Track and Bowling. 2) Lodging and meals for G Gymnastics, B&G Golf, B & G Tennis and Alpine Skiing
3) Lodging for wrestling and will discontinue year-end reimbursement to districts for these costs.

Member schools participating in state competition will be responsible for all costs related to that participation with exception of items 1,2,3 above. Section VI responsibility for member school participation in state championships is outlined below.

Supervision:

One or more certified coaches are required to travel with the student athletes from their school and must be present on any Section VI contracted bus, where the athletes are housed, at the state competition site and all related events.

Transportation:

Individual Sports Group 1: Alpine Skiing, Rifle, Golf, Tennis, Gymnastics, Wrestling

The schools will be responsible for transporting their athletes to state competition and all associated transportation costs.

Individual Sports Group 2: Bowling, C.Country, Ind.Track, Track & Field, Swimming

a) The Section VI office will contract bus transportation for the athletes. There are two choices for the school:

1) A school may choose to have its athlete(s) travel to state competition on the Section contracted bus. The following rules apply:

- The athlete (and coach) must use the lodging and meals if pre-arranged by the Sport chair.
- The athlete (and coach) must remain with the Section until the completion of the athlete's competition. The athlete will not be released prior to completion of competition.
- When competition is completed, the athlete may be released to parents/coach for return home on alternate transportation if the Section release form is completed before the state meet

2) A school may choose to have its athlete(s) travel to state competition in an alternate manner under the following stipulations:

- A school that opt-outs of Section transportation will be responsible for arranging their own lodging and meals.
- The request to opt-out of travel on the Section VI bus must be submitted in writing to the Sport chair and the Section VI office by the date specified in the sport handbook.
- The school must submit all required release forms to the Sport chair by the specified date.
- The school must arrange for the athlete to rendezvous with the Sport chair (or designee) at a pre-designated time and place prior to the competition.

b) Transportation expenses will be billed to Section VI.

c) Section VI will apply to the NYSPHSAA for the allowed reimbursement of $1.35/mile on the state grid.

Lodging:

Individual Sports: The Sport chair will be responsible for reserving a block of rooms for all athletes (4 per room). The block will include rooms for coaches (2 per room) for individual sports in Group 1 (see 310.2). For individual sports in Group 2, the block will be increased by 50% to allow for coaches. (e.g.: If XC needs a block of 40 rooms for athletes and supervisors, they will now reserve a block of 60 rooms) When the qualifiers have been determined, the Sport chair will register all athletes and coaches who are using Section transportation from the block of reserved rooms. Schools that opt-out of Section transportation are responsible for registering their own athletes and coaches. They may register for the remaining rooms in the reserved block until the rooms are exhausted or choose their own lodging. Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above.

Meals: Schools will be responsible for the cost of athletes' meals at state competition with the exceptions indicated in item 1,2,3 above. For some individual sports, the Section will facilitate meal handling by paying meal expenses and invoicing the schools per participating athlete. This plan, if used, will be listed in the sport handbook. (Approved by Section VI Athletic Council 3/21/07. Revised; 3/19/08, 1/21/09, 9/16/09, 1/20/10, 5/15/13, 5/14/14, & 1/20/16)

Sportsmanship Philosophy & Code of Conduct

Philosophy

1. We believe that interscholastic athletics is an important part of education and support the ideals and values embodied in good sportsmanship.

2. We believe that sportsmanlike behavior is essential if interscholastic competition is to contribute usefully and constructively to the broad goals of education and to the quality of life of those involved.

3. We pledge ourselves individually and collectively to encourage and support the development and maintenance of a sportsmanlike atmosphere for athletic competition.

Code of Conduct

1. A genuine interest in and enjoyment of interscholastic competition requires conduct that reflects the understanding that contests as a part of an overall school program are intended to be enjoyed. Behavior that reflects a winning at all cost attitude violates this standard.

2. Interscholastic competition provides valuable lessons and learning experiences that may not be possible in the regular classroom setting. All involved must support the need to develop the ability to compete with enthusiasm and to accept winning with grace and losing with dignity.

3. Coaches, players, and fans should know that participation is an honor and privilege which requires them to conduct themselves in a manner that brings honor and pride to their school and community.

4. Respect for the cultural and ethnic diversity of one's opponents, their school, and community is a fundamental tenet of wholesome athletic competition. This standard suggests that planned activity is needed to demonstrate a warm and friendly welcome, mutual respect, and a genuine readiness to participate in a sportsmanlike manner.

5. Players should demonstrate both knowledge of the rules and respect for game officials and their decisions. Coaches and school officials have the responsibility to teach and encourage these attributes.

******* Sportsmanship Statement Reminder *******

The following statement will be read over the public address system just prior to the Pledge of Allegiance. If there is no public address system the statement will be read as loudly as possible to all programs by the site chairperson or representative:

"The New York State Public High School Athletic Association requires officials to enforce all sportsmanship rules for student athletes and coaches. We will not tolerate negative statements or actions between opposing competitors, especially trash talking, taunting, or baiting of opponents and including racial or discriminatory comments or slurs. If such comments are heard or actions seen, a penalty will be assessed immediately. The officials have been instructed not to issue warnings. Let this contest reflect mutual respect."

UPDATED Sportsmanship Standard & Pledge

https://s3.amazonaws.com/nysphsaa.org/documents/2023/8/8/x2023_24_Sport_Coordinator_Manual_FINAL.pdf#page=55

History of Indoor Track & Field Section VI

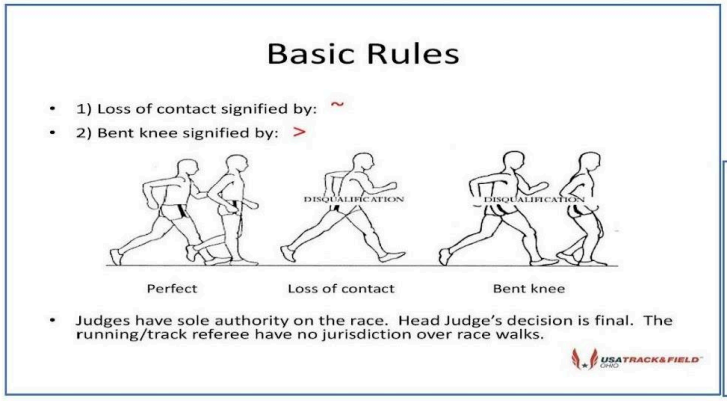
Boys Champions **Girls Champions**

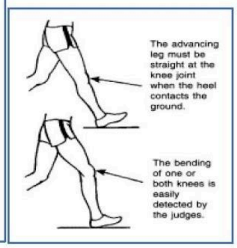
Section VI Records

Race Walk Rules

RACE WALK RULES

USATF RW Rule # 232





Race Walk Judges

3 RW Judges during Season / 5 in Championships



Summary:

With a naked eye, the RW Judge may show a walker a yellow paddle for a Warning or DQ, when 3 DQ's are recorded for the same walker the Chief Judge issues a DQ from competition. In the final 100 meters, if a walker "Blatantly" runs to the finish, they may be DQ'd by Chief Judge…no matter how many DQ's were recorded during the race.