

AAHLIYAH PATEL

Athletic Trainer

(789) 123-4567 | aaliyah.patel@sample.com | New York, NY | bandana.co/profile/aaliyahpatel

PROFESSIONAL SUMMARY

Enthusiastic Certified Athletic Trainer with over one year of experience in collegiate athletic programs. Possesses a strong understanding of injury prevention strategies and rehabilitative care. Known for providing effective emergency aid and fostering athlete health and wellness.

WORK EXPERIENCE

JUNIOR ATHLETIC TRAINER State University of New York, New York, NY · **August 2022 – Present**

- Assist in developing and implementing rehabilitation programs tailored to individual athlete needs.
- Participate in providing preventive care, including pre- and post-practice routines for optimal athlete performance.
- Support in delivering immediate medical attention during games and practices, ensuring athlete safety.
- Contribute to teaching seminars on topics such as injury prevention techniques and nutrition for athletes.

EDUCATION

Bachelor of Science in Athletic Training, Stony Brook University New York, New York

SKILLS / LANGUAGE / CERTIFICATIONS

- *Hard skills:* Basic Injury Assessment, Rehabilitative Care Understanding, Proficiency in MS Office
- *Soft skills:* Communication, Team Collaboration, Quick Learner, Organizational Skills, Adaptability
- *Language:* English (Native), Hindi (Conversational)
- *Certifications:* First Aid/CPR Certified

INTERESTS

CrossFit Enthusiast, Volunteer at Seniors' Yoga Class, Reading Sports Psychology Books, Plant-Based Cooking

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