Counseling Services in Central Michigan

If you'd like to receive counseling that integrates spirituality, faith beliefs and religious texts or scriptures, please make a specific request for a counselor who specializes in 'pastoral counseling' when booking your first appointment.

To contact a staff member of Community Church, please visit <u>communitymi.org/contact</u>
For other areas of assistance from Community Church, please visit
https://communitymi.org/help

Suicide Hotline

- Call 988
- Text 988
- https://988lifeline.org

Christian Counseling of Mid Michigan

www.ccmidmi.org 989-317-4644 Mt. Pleasant, MI

*Provides faith-based and affordable mental health services

Chapters Counseling

Donnie Dwyer

https://www.chapterscounselingcenter.com/donaljdwyerv

(989) 546-2038 Mt. Pleasant, MI

*Previously worked at a Christian juvenile treatment center.

Pleasant Psychology

www.pleasantpsychology.com

Dr. Madison Chapman 989-613-7800 Mt. Pleasant, MI

*Mental Health Services for Children in Central Michigan area

Jake Lazarov

https://www.jakelazarovcounseling.com

989-854-1213

Mt. Pleasant, MI

(Offers Telehealth counseling)

*Jake is a counselor at Mt. Pleasant Public High School and also has his own private practice.

John Becker Counseling

John A. Becker, LMFT, CAAC (Licensed Marriage and Family Therapist, Certified Advanced Addictions Counselor) www.johnabecker.com (734) 233-7678

Plymouth, MI

*Virtual counseling

Marriage Resource Retreats

3 Day Marriage Retreat - All Inclusive Marriage Retreat

https://www.focusonthefamily.com/marriage/weekend-marriage-retreats/

3-5 Day Hope Restored Retreat - Marriage Intensive

https://hoperestored.focusonthefamily.com/?

Virtual Counselors

Anchored Virtual (Virtual)

- https://anchoredvirtual.com
- Christ-centered, Biblical worldview counseling
- Grief, marriage and family issues, anxiety, depression, anger, pornography, eating disorders, identity issues, sexual abuse and addictions
- Insurance not accepted

o BetterHelp's Christian Counseling (Virtual)

- o https://www.betterhelp.com/get-started/?christian_faith
- o Counseling from a biblical perspective
- o Best for Individual Counseling
- o Virtual

Regain (Virtual)

- o https://www.regain.us
- Biblical based counseling
- o Best for couples
- o Individual Counseling also available
- o Virtual

o Grace Wellness Center (Virtual)

- o http://www.thegracewellnesscenter.com
- o Biblical based counseling
- o Life Coaching, Trauma therapy, marriage and family, Splanka healing therapy, sexual addiction recovery, Counseling for Pastors, Parental coaching, and more