

Pond Cove Principal's Notes

Week of February 7, 2022



Dear Pond Cove Families,

We are getting closer to our roll out date for PickMyKid. We will begin using the new dismissal system on **FEBRUARY 28**. Until then, please continue to use the PowerSchool portal to inform us of any dismissal changes for your child.

By now, you should have received a car tag that came home in backpack mail. When you register in the App, you will input the student ID number printed on the car tag. There will be one primary parent in control of dismissal, but alternate individuals can be added. If you would like us to make you a second car tag, you can request one from the office by using this [form](#).

We've noticed that a number of you have already registered on PickMyKid. Thank you! For those of you who haven't yet, below are two videos to help you get started.

[Parent App Training Video](#)

[Parent App Registration Video](#)



Here is some more helpful information about PickMyKid.

[Parent App User Guide](#)

Frequently asked questions:

Will I need to have a smartphone to pick up my child in the carline?

No. If you do not have a smartphone to announce your student's pickup, the staff members on duty will use the information on your car tag to locate your student.

Can I have a duplicate car tag for my student(s)?

If you are in need of another PikMyKid car tag, please click on this [link](#) and fill out the request form.

I am having trouble getting set up on PikMyKid. What should I do?

If you are in need of extra help, you may contact the Pond Cove office for basic information. PikMyKid does have a dedicated support team to help you when you have a question. You can contact them at: [**support@pikmykid.com**](mailto:support@pikmykid.com).

Best Wishes,

Jason Manjourides
Principal, Pond Cove Elementary



CEEF Grant Spotlight: CEMS Snowshoes

CEEF grants impact all three Cape schools so students continue to benefit as they grow. For example, 8th Grade teacher Mr. Kerr received a CEEF grant for 30 pairs of snowshoes for his class and other CEMS classes looking to get outside in the snow. “Winter is a very unique time to really explore the world around us. The snow and loss of foliage allows us to explore areas where we might not be able to in the summer, spring, or fall. For the experiential program in particular, we use the snowshoes to further expand our study of the importance of salt marshes and its importance to Cape Elizabeth’s and Maine’s coastal ecology.”



Counselors' Corner

Mrs. Gallagher and Mrs. O'Neill



[Pond Cove's Wellness Space](#)



Bri Gallagher
bgallagher@capeelizabetschools.org

Megan O'Neill
moneill@capeelizabetschools.org

Mindfulness for Parents and Caregivers 4-Week Series

Mondays, 7:30pm-8:30pm

Jan 24-Feb 15 (last meeting on Tuesday because of Valentines Day)

Hosted on Zoom

[Register Here](#)

In this four week series, we will explore how the concepts of mindfulness come alive in our experience as parents. Learn tools for awareness, self regulation, and compassion in the context of present moment parenting conundrums and wins. Discuss the ups and downs of parenting with others who are in it with you (myself included). New and experienced mindfulness practitioners welcome!

Here's what one parent had to say of a previous experience:

"Working with a mindfulness director and fellow group of parents for 2 4-week workshops has validated my emotions and experience of struggle as a parent. The sense of community and most importantly, the guidance that we were provided as we reflected, discussed, meditated and explored together was invaluable. I feel like I have some new go-to strategies to work with in moments of extreme emotion and also have grown in my acceptance of myself as an authentic parent."

Erica Marcus

she/her/hers

Mindfulness Director

Cape Elizabeth Middle School

Looking Ahead

- February 4: Parents will have access to view winter report cards via PowerSchool
- February 9: Early Release Day for Students/Professional Development Afternoon for Staff (Students dismiss at 12:05pm)
- February 21-25: Presidents' Day and Winter Break/No School

Important COVID Reminders

- Please complete the [Daily Symptoms Checklist](#) for your child each day before they attend school. This is very important as we work to keep our campus open for in-person school this year.
- If students arrive late to school, please have them enter the Pond Cove front door and check in at the main office.
- Due to the pandemic, we are discouraging parents/guardians from dropping items off at school this year. It takes us all working together to keep everyone healthy and safe. Thank you for all your efforts at home!

- For questions related to COVID-19 protocols in our school, please check [COVID-19 Parent/Student Handbook](#).
- To sign your child up for pooled testing: **Consent Form:** <http://testcenter.concentricbyginkgo.com//minor-consent> (Access code: oC46EP - the first digit is zero)
- Any questions related to COVID, pooled testing, or any other health concern, please contact Nurse Taylor: etaylor@capeelizabethschools.org

Looking Ahead
2021-2022 District School Calendar

Office Contact Information:

- Jason Manjourides, Principal: jmanjourides@capeelizabethschools.org
- Sarah Forrey-Pettit, Assistant Principal: sforreypettit@capeelizabethschools.org
- Sarah Choi, Administrative Assistant: schoi@capeelizabethschools.org
- Charity Wetzel, Administrative Assistant: cwetzel@capeelizabethschools.org
- General office email: pcoffice@capeelizabethschools.org