

A) Evidence from the Quran about Morning and Evening Dhikr.

a) The Word of Allah SWT

يَا أَيُّهَا الَّذِينَ آمَنُوا ذُكِّرُوا اللَّهَ ذِكْرًا كَثِيرًا. وَسَبِّحُوا بُكْرَةً وَأَصِيلًا

"O you who believe, remember Allah with much remembrance. And glorify Him morning and evening."
(**Al-Ahzab 33:41-42**)

*Al-Jawhari (an expert in Arabic) said: (**أَصِيلًا**) means, **the time between 'Asr and Maghrib.**"

b) Allah SWT says:

فَاصْبِرْ إِنَّ وَعْدَ اللَّهِ حَقٌّ وَاسْتَغْفِرْ لِذَنْبِكَ وَسَبِّحْ بِحَمْدِ رَبِّكَ بِالْعَشِيِّ وَالْإِبْكَارِ

"So be patient, for the promise of Allah is true, and ask forgiveness for your sins and glorify the praise of your Lord in the evening and the morning."
(**Al-Mu'min 40:55**)

c) From Anas bin Malik, may God be pleased with him, he said: "The Messenger of God, may God bless him and grant him peace, said:

"I sit with those who remember God from the beginning of the Fajr prayer until sunrise, I love more than freeing four slaves from the sons of Ishmael. And I sit with those who remember God from the beginning of the 'Asr prayer until sunset, I love more than freeing four slaves."

(Narrated by Abu Dawud, no. 3667 , see Sahih Abi Dawud, 11/698, no. 3114 – Miskaatul Mashaabih, no. 970, hasan)

Imam Ibn Qayyim, **may God have mercy on him**, said:
"The time is from **dawn to sunrise** , and from **'Asr to sunset** ."

Al-Jawhari (an expert in Arabic) said: (أَصِيلاً) means, **the time between 'Asr and Maghrib.**"

Allah Almighty said:

فَاصْبِرْ عَلَى مَا يَقُولُونَ وَسَبِّحْ بِحَمْدِ رَبِّكَ قَبْلَ تُلُوعِ الشَّمْسِ وَقَبْلَ الْغُرُوبِ

"So be patient with what they say and glorify the praise of your Lord **before the rising of the sun and before its setting.**"
(Qaaf 50: 39).

This is an interpretation of what is mentioned in several hadiths of the Prophet SAW, that whoever says this and that in the morning and evening..., the meaning is before the sun rises and before its sunset, that is, it starts after the Fajr prayer and after it.

(See the explanation of Imam Ibnul Qayyim in Sahih al-Waabilish Shayyib pp. 165-166)

B) Morning and Evening Dhikr Recitation

1) Reciting Ta'awudz

أَعُوْذُ بِاللّٰهِ مِنَ الشَّيْطَانِ الرَّجِيْمِ

"I seek refuge in Allah from the temptation of the accursed devil."

2) Reading the Verse of Ayat Kursi

اَللّٰهُ لَا اِلٰهَ اِلَّا هُوَ الْحَيُّ الْقَيُّوْمُ، لَا تَاْخُذُهٗ سِنَةٌ وَّلَا نَوْمٌ، لَهٗ مَا فِى السَّمٰوٰتِ وَمَا فِى الْاَرْضِ، مَنْ ذَا الَّذِى يَشْفَعُ عِنْدَهٗ اِلَّا بِاِذْنِهٖ، يَعْلَمُ مَا بَيْنَ اَيْدِيهِمْ وَمَا خَلْفَهُمْ، وَلَا يُحِيطُوْنَ بِشَيْءٍ مِّنْ عِلْمِهٖ اِلَّا بِمَا شَاءَ، وَسِعَ كُرْسِيُّهٗ السَّمٰوٰتِ وَالْاَرْضَ، وَلَا يَـُٔودُهٗ حِفْظُهُمَا، وَهُوَ الْعَلِيُّ الْعَظِيْمُ

"Allah, there is no god but He, the Ever-Living, the Sustainer of all things; He neither slumbers nor sleeps. To Him belongs whatever is in the heavens and whatever is on earth. There is none who can intercede with Allah except by His permission. Allah knows what is before them and what is behind them, and they know nothing of His knowledge except what He wills. The Throne of Allah encompasses the heavens and the earth. And Allah is not burdened with the preservation of both of them. Allah is the Most High, the Most Great." (Al-Baqarah 2:255)
(Read morning and evening 1x) [1]

3) Reading Surah Al-Ikhlâs

بِسْمِ اللّٰهِ الرَّحْمٰنِ الرَّحِيْمِ
قُلْ هُوَ اللّٰهُ اَحَدٌ، اللّٰهُ الصَّمَدُ، لَمْ يَلِدْ وَلَمْ يُولَدْ، لَمْ يَكُنْ لَهُ كُفُوًا اَحَدٌ

"Say, He is Allah, the One. Allah is (the Lord) on Whom all things depend. He begets not, nor is He begotten. And there is none equal to Him."

(Al-Ikhlâs 112:1-4)

(Read morning and evening 3x) [2]

4) Reading Surah Al-Falaq

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ الْفَلَقِ , مِنْ شَرِّ مَا خَلَقَ , وَمِنْ شَرِّ غَاسِقٍ إِذَا وَقَبَ , وَمِنْ شَرِّ النَّفَّاثَاتِ فِي الْعُقَدِ , وَمِنْ شَرِّ حَاسِدٍ إِذَا حَسَدَ

"Say: 'I seek refuge in the Lord of the dawn from the evil of what He has created. And from the evil of the night when it is pitch dark. And from the evil of the female sorcerers who blow on the knots. And from the evil of the envious when he envies.'"

(Al-Falaq 113:1-5)

(Read in the morning and Petand 3x)[3]

5) Reading Surah An-Naas

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ
قُلْ أَعُوذُ بِرَبِّ النَّاسِ مَلِكِ النَّاسِ إِلَهِ النَّاسِ مِنْ شَرِّ الْوَسْوَاسِ الْخَنَّاسِ الَّذِي يُوَسْوِسُ فِي صُدُورِ النَّاسِ مِنَ الْجِنَّةِ وَالنَّاسِ

"Say, 'I seek refuge in the Lord (who preserves and controls) mankind. The King of mankind. The God (God) of mankind. From the evil (whispers) of the devil who is accustomed to hiding. Who whispers (evil) into the breasts of mankind. From the group of jinn and mankind.'"

(An-Naas 114: 1-6)

(Read morning and evening 3x)[4]

6) Reading

a) In the morning:

Prophet Muhammad The Prophet (PBUH) read:

أَصْحَنَّا وَأَصْبَ الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ. رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذَا الْيَوْمِ وَخَيْرَ مَا بَعْدَهُ، وَأَوْدُ بِكَ مِنْ شَرِّ مَا فِي هَذَا الْيَوْمِ وَشَرِّ مَا بَعْدَهُ، رَبِّ أَعُوذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِرِّ، عَعُوذُ بِكَ مِنْ عَذَابٍ فِي النَّارِ. وَعَذَابٍ فِي الْقَبْرِ .

"We have entered the morning and the kingdom belongs to God alone, all praise belongs to God alone. There is no god worthy of worship except God Almighty, there is no partner for Him. To Him is the kingdom and to Him is the praise. He is the Almighty over all things. O Lord, I ask You for the good of this day and the good of the hereafter. I seek refuge in You from the evil of this day and the evil of the hereafter. O Lord, I seek refuge in You from the laziness and ugliness of the day old. O Lord, I seek refuge in You from the torment of Hell and the torment of the grave."

(Read 1x in the morning) [5]

Reading (Read 1x in the evening)

b) And in the evening,

The Prophet (peace be upon him) recited:

أَمْسَيْنَا وَأَمْسَى الْمُلْكُ لِلَّهِ، وَالْحَمْدُ لِلَّهِ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، رَبِّ أَسْأَلُكَ خَيْرَ مَا فِي هَذِهِ اللَّيْلَةِ وَخَيْرَ مَا بَعْدَهَا، وَأَعُوْذُ بِكَ مِنْ شَرِّ مَا فِي هَذِهِ اللَّيْلَةِ وَشَرِّ مَا بَعْدَهَا، رَبِّ أَعُوْذُ بِكَ مِنَ الْكَسَلِ وَسُوءِ الْكِرِّ

"We have entered the evening and the kingdom belongs only to God,

All praise belongs to God alone. There is no God that deserves to be worshipped properly except God Almighty, there is no partner for Him. To Him is the kingdom and to Him is the praise. He is the Almighty over all things. Oh Lord, I ask You for goodness in this night and goodness after that. I seek refuge in You from the evil of this night and the evil after it. O Lord, I seek refuge in You from laziness and ugliness in old age. O Lord, I seek refuge in You from the torment of Hell and the torment of the grave."

(Read in the evening 1x)

7) Reading

a) In the morning , the Messenger of Allah (peace be upon him) read:

اللَّهُمَّ بِكَ أَصْبَحْنَا، وَبِكَ أُمْسَيْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ النُّشُورُ

"O Allah, by Your mercy and help we enter the morning, and by Your mercy and help we enter the evening. By Your mercy and will we live, and by Your mercy and will we die. And to You is the resurrection (for all creatures)."

(Read 1x in the morning) [6]

b) Reading in the evening

The Prophet (peace be upon him) recited:

اللَّهُمَّ بِكَ أُمْسَيْنَا، وَبِكَ أَصْبَحْنَا، وَبِكَ نَحْيَا، وَبِكَ نَمُوتُ، وَإِلَيْكَ الْمَصِيرُ

"O Allah, by Your mercy and help we enter the evening and by Your mercy and help we enter the morning. By Your mercy and will we live and by Your mercy and will we die. And To You is the return (for all creatures)."

(Read once in the evening)

8) Reciting Sayyidul Istighfar

(Read Morning and Evening 1x)

اللَّهُمَّ أَنْتَ رَبِّي لَا إِلَهَ إِلَّا أَنْتَ، خَلَقْتَنِي وَأَنَا عَبْدُكَ، وَأَنَا عَلَى عَهْدِكَ وَوَعْدِكَ مَا اسْتَطَعْتُ، أَعُوذُ بِكَ مِنْ شَرِّ مَا صَنَعْتُ، أَبُوءُ لَكَ بِنِعْمَتِكَ عَلَيَّ، وَأَبُوءُ بِذَنْبِي فَاغْفِرْ لِي فَإِنَّهُ لَا يَغْفِرُ الذُّنُوبَ إِلَّا أَنْتَ

"O Allah, You are my Lord, there is no god (who has the right to be worshipped) except You, You are the One who created me. I am Your servant. I will be true to my covenant with You as much as I can. I seek refuge in You from the evil of (what) I have done. I acknowledge Your favor (given) to me and I acknowledge my sin, therefore, forgive me. Indeed, none can forgive sins except You."

(Read morning and evening 1x) [7]

9) Reading

(Read Morning and Evening 3x)

اللَّهُمَّ عَافِنِي فِي بَدَنِي، اللَّهُمَّ عَافِنِي فِي سَمْعِي، اللَّهُمَّ عَافِنِي فِي بَصَرِي، لَا إِلَهَ إِلَّا أَنْتَ. اللَّهُمَّ إِنِّي أَعُوذُ بِكَ مِنَ الْكُفْرِ وَالْفَقْرِ، وَأَعُوذُ بِكَ مِنْ عَذَابِ الْقَبْرِ، لَا إِلَهَ إِلَّا أَنْتَ

"O Allah, save my body (from disease and from what I do not want). O Allah, save my hearing (from disease and sin or from what I do not want). O Allah, save my sight, there is no god worthy of being worshipped except You. O Allah, I seek refuge in You from disbelief and poverty. I seek refuge in You from the punishment of the grave, there is no god worthy of worship except You."

(Read morning and evening 3x) [8]

10) Reading (Read Morning and Evening 1x)

اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي الدُّنْيَا وَالْآخِرَةِ، اللَّهُمَّ إِنِّي أَسْأَلُكَ الْعَفْوَ وَالْعَافِيَةَ فِي دِينِي وَدُنْيَايَ وَأَهْلِي وَمَالِي اللَّهُمَّ اسْتُرْ عَوْرَاتِي وَآمِنْ رَوْعَاتِي. اللَّهُمَّ احْفَظْنِي مِنْ بَيْنِ يَدَيْ، وَمِنْ خَلْفِي، وَعَنْ يَمِينِي وَعَنْ شِمَالِي، وَمِنْ فَوْقِي، وَأَعُوذُ بِعَظَمَتِكَ أَنْ أُغْتَالَ مِنْ تَحْتِي

"O Allah, I ask for goodness and safety in this world and the Hereafter. O Allah, I ask for goodness and safety in my religion, this world, my family and my wealth. O Allah, cover my private parts (shame and something that is not worthy of being seen by people) and make me secure from fear. O Allah, protect me from before, behind, right, left and from above me. I seek refuge in Your greatness, so that I am not snatched from below me (I seek refuge from being buried in the earth)."
(Read morning and evening 1x) [9]

11) Reading (Read Morning and Evening 1x)

اللَّهُمَّ عَالِمُ الْغَيْبِ وَالشَّهَادَةِ فَاطِرَ السَّمَاوَاتِ وَالْأَرْضِ، رَبَّ كُلِّ شَيْءٍ وَمَلِيكُهُ، أَشْهَدُ أَنْ لَا إِلَهَ إِلَّا أَنْتَ، أَعُوذُ بِكَ مِنْ شَرِّ نَفْسِي، وَمِنْ شَرِّ الشَّيْطَانِ وَشَرِّكِهِ، وَأَنْ أَقْتَرِفَ عَلَى نَفْسِي سُوءًا أَوْ أُجْرَهُ إِلَى مُسْلِمٍ

"O Allah, Who knows the unseen and the manifest, O Lord, Creator of the heavens and the earth, Lord of all things and the One who reigns over them. I bear witness that there is no God worthy of worship except You. I seek refuge in-

"I seek refuge in You from the evil of myself, Satan and his call to associate partners with Allah (I seek refuge in You) from doing evil to myself or inciting a Muslim to it."
(Read morning and evening 1x) [10]

12) Reading (Read Morning and Evening 3x)

بِسْمِ اللَّهِ الَّذِي لَا يَضُرُّ مَعَ اسْمِهِ شَيْءٌ فِي الْأَرْضِ وَلَا فِي السَّمَاءِ وَهُوَ السَّمِيعُ الْعَلِيمُ

"By mentioning the name of Allah, with whose name there is no harm, neither on earth nor in heaven. He is the All-Hearing, the All-Knowing."

(Read morning and evening 3x) [11]

Reading (Read Morning and Evening 3x)

رَضِيتُ بِاللَّهِ رَبًّا, وَبِالْإِسْلَامِ دِينًا, وَبِمُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ نَبِيًّا

"I am pleased with Allah as my Rabb (for me and others), Islam as my religion and Muhammad صلى الله عليه وسلم as my Prophet (sent by Allah)." (Recited morning and evening 3x) [12]

13) Reading (Read Morning and Evening 1x)

يَا حَيُّ يَا قَيُّوْمُ بِرَحْمَتِكَ أَسْتَغِيْثُ, أَصْلَحْ لِي شَأْنِي كُلُّوْ لِي نَفْسِي تَرْفَعَةً عَيْنٍ

"O Lord, the Living, O Lord, the Self-Sufficient (not in need of anything), by Your mercy I seek help, rectify all my affairs and do not leave (my affairs) to myself even for the blink of an eye (without receiving help from You)."

(Read morning and evening 1x) [13]

14) Reading (Read 1x in the morning)

أَصْبَحْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَعَلَى مِلَّةِ آبَائِنَا إِبْرَاهِيمَ، حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

"In the morning we are on the nature of the religion of Islam, sincere words, the religion of our Prophet Muhammad SAW and the religion of our father, Ibrahim, who stands on the straight path, Muslims and does not belong to polytheists."

(Read 1x in the morning) [14]

15) Reading (Read once in the evening)

And in the evening, the Messenger of Allah (peace be upon him) read:

أَمْسَيْنَا عَلَى فِطْرَةِ الْإِسْلَامِ وَعَلَى كَلِمَةِ الْإِخْلَاصِ، وَعَلَى دِينِ نَبِيِّنَا مُحَمَّدٍ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ، وَعَلَى مِلَّةِ آبَائِنَا إِبْرَاهِيمَ، حَنِيفًا مُسْلِمًا وَمَا كَانَ مِنَ الْمُشْرِكِينَ

"In the evening we are upon the nature of the religion of Islam, the sincere word, the religion of our Prophet Muhammad SAW and the religion of our father, Ibrahim, who stood on the straight path, a Muslim and not among the polytheists."

(Read once in the evening)

16) Reading (Read every day 10x or 1x)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

"There is no God that deserves to be worshiped in truth other than God Almighty, there is no partner for Him. To Him is the kingdom and to Him is all praise. And He is Almighty over all things." (Read 10x [15] or read 1x in the morning and evening) [16]

17) Reading (Read every day 100x)

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ

"There is no God that deserves to be worshiped in truth other than God Almighty, there is no partner for Him. To Him is the kingdom and to Him is all praise. And He has power over all things."

(Read every day 100x)[17]

18) Reading (Read 3x in the morning)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ: عَدَدَ خَلْقِهِ، وَرِضَا نَفْسِهِ، وَزِنَةَ عَرْشِهِ وَمِدَادَ كَلِمَاتِهِ

"Glory be to God, I praise Him as much as the number of His creatures, Glorified be God according to His pleasure, Glorified as the weight of His Throne, and Glorified as the ink (that writes) His sentences."

(Read 3x in the morning)[18]

19) Reading (Read 1x in the morning)

اَللّٰهُمَّ اِنِّیْ اَسْأَلُكَ عِلْمًا نَافِعًا، وَرِزْقًا طَيِّبًا، وَعَمَلًا مُّتَقَبَّلًا

"O Allah, I ask You for beneficial knowledge, lawful sustenance, and accepted deeds."

(Read 1x in the morning)[19]

20) Reading (Read Morning and Evening 100x)

سُبْحَانَ اللَّهِ وَبِحَمْدِهِ

"Glory be to God, I praise Him."
(**Read morning and afternoon 100x**)[20]

21) Reading (Read every day 100x)

أَسْتَغْفِرُ اللَّهَ وَأَتُوبُ إِلَيْهِ

"I seek forgiveness from Allah and repent to Him." (**Recited 100 times daily**)[21]

22) Reading (Read 3x in the evening)

أَعُوذُ بِكَلِمَاتِ اللَّهِ التَّامَّاتِ مِنْ شَرِّ مَا خَلَقَ

"I take refuge in God's perfect words, from the evil of something He created."
(**Read 3x in the evening**)[22]

[Edited from the book Dua And Wirid Treating Guna-guna and Sihir According to Al-Qur'an and As-Sunnah, Writer Yazid bin Abdul Qadir Jawas, Publisher of Imam Syafi'i Library - Jakarta (<https://aslibumayu.net/>)]

Footnote:

[1] Whoever recites this verse in the morning, he will be protected from the (disturbance) of the jinn until the evening. And whoever recites it in the evening, he will be protected from the (disturbance) of the jinn until the morning." (See Mustadrak Al-Hakim 1/562, Shahiih at-Targhiib wat Tarhiib 1/418 no. 662, sahih).

[2] Narrated Abu Dawud no. 5082, an-Nasa'i VIII/250 and at-Tirmidhi no. 3575, Ahmad V/312, Sahih at-Tirmidhi no. 2829, Tuhfatul Ahwaz no. 3646, Sahih at-Targhiib wat Tarhiib 1/411 no. 649, hasan sahih

[3] Narrated Abu Dawud no. 5082, an-Nasa'i VIII/250 and at-Tirmidhi no. 3575, Ahmad V/312, Sahih at-Tirmidhi no. 2829, Tuhfatul Ahwaz no. 3646, Sahih at-Targhiib wat Tarhiib 1/411 no. 649, hasan sahih.

[4] "Whoever reads these three letters every morning and evening, then (these three letters) will suffice him from everything". That is, they will prevent him from various evils. (HR. Abu Dawud no. 5082, Sahih Abu Dawud no. 4241, Annasa-i VIII 250 and At-Tirmidhi no. 3575, At-Tirmidhi said "This hadith is hasan sahih" Ahmad V/312, from Abdullah bin Khubaib radhiyallahu 'anhu. Sahih at-Tirmidhi no. 2829, Tuhfatul Ahwazi no. 3646, Sahih at-Targhiib wat Tarhiib 1/411 no. 649, hasan sahih).

[5] Narrated by Muslim no. 2723 (75), Abu Dawud no. 5071, and at-Tirmidhi 3390, authentic from Abdullah Ibn Mas'ud.

[6] Narrated by Al-Bukhari in al-Adabul Mufrad no. 1199, this wording is the wording of al-Bukhari, at-Tirmidhi no. 3391, Abu Dawud no. 5068, Ahmad 11/354, Ibn Majah no. 3868, From Abu Hurairah Radhiyallahu 'anhu. Sahih al-Adabil Mufrad no. 911, sahih. See also Silsilah al-Ahaadiith ash-Shahiihah no. 262.

[7] "Whoever recites it with certainty in the morning and dies before the evening, then he is among the people of Paradise. And whoever recites it with certainty in the evening and dies before the morning, then he is among the people of Paradise." (HR. Al-Bukhari no. 6306, 6323, Ahmad IV/122-125, an-Nasa-i VIII/279-280) from Syaddad bin Aus Radhiyallahu 'anhu

[8] Narrated by Al-Bukhari in Sahih al-Adabil Mufrad no. 701, Abu Dawud no. 5090, Ahmad V/42, hasan. See Sahih Al-Adabil Mufrad no. 539

[9] Narrated by Al-Bukhari in al-Adabul Mufrad no. 1200, Abu Dawud no. 5074, An-Nasa-i VIII / 282, Ibn Majah no. 3871, al-Hakim 1/517-518, and others from Ibn Umar (may Allah be pleased with him). See Sahih al-Adabul Mufrad no. 912, sahih

[10] The Prophet صلى الله عليه وسلم said to Abu Bakr ash-Siddiq رضى الله عنه "Say it morning and evening and when you go to sleep." Narrated by Al-Bukhari in Al-Adabul Mufrad 1202, at-Tirmidhi no. 3392

and Abu Daud no. 5067, See Sahih At-Tirmidhi no. 2798, Sahih al-Adabil Mufrad no. 914, sahih. See Silsilah al-Ahaadiits ash-Shahiihah no. 2753

[11] "Whoever recites it three times in the morning and evening, nothing will harm him." Narrated by At-Tirmidhi no. 3388, Abu Dawud no. 5088, Ibn Majah no. 3869, al-Hakim 1/514, and Ahmad no. 446 and 474, Tahqiq Ahmad Syakir. From 'Uthman bin 'Affan (may Allah be pleased with him), see Sahih Ibn Majah no. 3120, al-Hakim 1/513, Sahih al-Adabil Mufrad no. 513, Sahih at-Targhiib wat Tarhiib 1/413 no. 655, its chain of transmission is sahih.

[12] "Whoever recites it three times in the morning and evening, Allah will grant him His pleasure on the Day of Resurrection." Narrated by Ahmad IV/337, Abu Dawud no. 5072, at-Tirmidhi no. 3389, Ibn Majah no. 3870, an-Nasa'i in 'Amalul Yaum wal Lailah no. 4 and Ibnus Sunni no. 68, authenticated by Imam al-Hakim in al-Mustadrak 1/518 and approved by Imam adz-Dhahabi, hasan. See Sahih At Targhiib wat Tarhiib I/415 no. 657, Sahih At Targhiib wat Tarhiib al-Waabilish Shayyib p. 170, Zaadul Ma'aad II/372, Silsilah al-Ahaadiits ash-Shahiihah no. 2686.

[13] Narrated by An-Nasa'i in 'Amalul Yaum wal Lailah no. 575, and al-Hakim 1/545, see Saheeh at-Targhiib wat Tarhiib 1/417 no. 661, Ash-shaheehah no. 227, hasan, from Anas (may Allah be pleased with him)

[14] HR. Ahmad III/406, 407, ad-Darimi II/292 and Ibnus Sunni in Amalul Yaum wal Lailah no. 34, Miskaatul Mashaabihi no. 2415, Shahiihal-Jaami'ish Shaghiir no. 4674, authentic

[15] Narrated by Muslim no. 2693, Ahmad V/420, Silsilah al-Ahaadiits ash-Shahiihah no. 113 and 114, Sahih at-Targhiib wat Tarhiib 1/416 no. 660, sahih

[16] Narrated Abu Dawud no. 5077, Ibn Majah no. 3867, from Ab 'Ayyasy Azzurraqy radhiyallahu 'anhu, Sahih Jaami'ish Shaghiir no. 6418, Misykaatul Mashaabihi no. 2395, Sahih at-Targhiib 1/414 no. 656, sahih.

[17] "Whoever recites it 100 times a day, then for him (the reward) is like freeing ten slaves, one hundred good deeds are written, one hundred bad deeds are erased from him, and he is protected from the devil that day until the evening. No one can bring anything better than what he brought unless he does more than that." Narrated by Al-Bukhari no. 3293 and 6403, Muslim IV/2071 no. 2691 (28), at-Tirmidhi no. 3468, Ibn Majah no. 3798, from the Companion Abu Hurairah رضي الله عنه .

Explanation: In the narration of an-Nasa-i ('Amalul Yaum wal Lailah no. 580) and Ibnus Sunni no. 75 from 'Amr bin Syu'aib from his father from his grandfather with the saying: "Whoever reads 100x in the morning and 100x in the afternoon."... So, this dhikr is read 100x in the morning and 100x in the evening. See Silsilah al-Ahaadiits ash-Shahiihah no. 2762

[18] HR. Muslim no. 2726. Syarah Muslim XVII/44. From Juwairiyah bint al-Harith radhiyallahu 'anhuma

[19] Narrated by Ibn Majah no. 925, Sahih Ibn Majah 1/152 no. 753 Ibnus Sunni in 'Amalul Yaum wal Lailah no. 54, 110, and Ahmad VI / 294, 305, 318, 322. From Umm Salamah, sahih

[20] Narrated Muslim no. 2691 and no. 2692, from Abu Hurairah radhiyallahu 'anhu, Sharah Muslim XVII / 17-18, Sahih at-Targhiib wat Tarhiib 1/413 no. 653. The largest number of dhikrs of the Prophet was one hundred in the morning and one hundred in the evening. As for the narration that mentions up to one thousand, it is munkar, because the hadith is weak. (Silsilah al-Ahaadiits adh-Dha'iifah no. 5296).

[21] HR. Al-Bukhari/ Fat-hul Baari XI/101 and Muslim no. 2702

أَيُّهَا النَّاسُ، تَوُوبُوا إِلَى اللَّهِ. فَإِنِّي أَتُوبُ فِي الْيَوْمِ إِلَيْهِ مِائَةً مَرَّةً يَا رَسُولَ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: قَالَ رَسُوْلُ اللَّهِ صَلَّى اللَّهُ عَلَيْهِ وَسَلَّمَ: said: عَنْ ابْنِ عُمَرَ

From Ibn 'Umar he said: "The Messenger of Allah صلى الله عليه وسلم said: 'O people, repent to Allah, indeed I repent to Him a hundred times a day.'" [HR. Muslim no. 2702 (42)]. In another narration from Agharr al-Muzani, the Messenger of Allah, peace be upon him, said:

[إِنَّهُ لَيُغَاوِ عَلَى قَلْبِي وَإِنِّي لَأَسْتَغْفِرُ اللَّهَ فِي الْيَوْمِ مِائَةً مَرَّةً]

"Indeed, my heart sometimes forgets, and indeed I seek forgiveness from Allah a hundred times a day." [Narrated by Muslim, no. 2702 (41)]

The Prophet صلى الله عليه وسلم said: "Whoever says:

أَسْتَغْفِرُ اللَّهَ الْعَظِيمَ الَّذِي لَا إِلَهَ إِلَّا هُوَ الْحَيُّ الْقَيُّومُ وَأَتُوبُ إِلَيْهِ

'I seek forgiveness from Allah, the Most High, Who has no deity worthy of worship except Him, the Living, the Self-Subsisting, and I repent to Him.'

Then Allah will forgive his sins even if he had fled from the battlefield." Narrated by Abu Dawud no. 1517, at-Tirmidhi no. 3577 and al-Hakim I/511. See Sahih at-Tirmidhi III/282 no. 2381.

Verses that advocate istighfar and repentance include: (QS. Hud: 3), (QS. An-Nur: 31), (QS. At-Tahrim: 8) and others.

[22] HR. Ahmad 11/290, an-Nasa-i in 'Amalul Yaum wal Lailah no. 596, Shahiih at-Targhiib wat Tarhiib 1/412 no. 652, Shahiih al-Jaami 'ish Shaghiir no. 6427