

Packing list for backpacking trips



Wear:

- o Troop t-shirt
- o Scout shirt
- o Neckerchief
- o Scout pants
- o Non cotton hiking socks
- o Broke in Hiking boots

Optional:

- Trekking poles
- Money for snacks on the way
- Camera
- Required medicine (SM must know)

Essentials:

- o Pocket knife
- o Small first aid kit (band aid, moleskin)
- o Compass
- o 2 full Water bottles (1 drinking and 1 cooking)
- o Matches or lighter
- o Flashlight or headlamp (small)
- o Bug dope
- o SunScreen and Chap Stick
- o Whistle
- o Paracord (50 ft) (aka 550 cord)
- o Plastic trash bag
- o Duct tape (3-4 wraps around water bottle)
- o Sunglasses
- o Mess kit (bowl, cup, fork, knife, spoon)
- o Toilet kit (soap, teeth stuff, pack towel)
- o TOILET PAPER (in Ziplock bag) and small camp shovel

Clothing:

- o Raingear (jacket and pants)
- o 1 non cotton t-shirt
- o 1 fleece jacket
- o 1 fleece pants
- o 1 long john shirt
- o 1 long john pants
- o 3 pair underwear
- o 3 pair non cotton hiking socks
- o Camp shoes (light weight)
- o Warm hat
- o Warm gloves (fleece is best)

Sleep gear:

- o Sleeping bag
- o Sleeping pad

MUST LEAVE ROOM IN PACK FOR TROOP GEAR AND FOOD

- o Tent (to be shared with partner)
- o Tarp (to be shared with partner)

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