



National Catholic School
of Social Service



Community Opioid Prevention Awareness Health Fair Program September 14, 2022

08:30 - 9:30

Registration and networking

09:30 - 09:45

Welcome remarks: Dean Regan and Mr. Charles Dark

09:45 - 10:00

Summer Learning Community Graduates

10:00 - 10:45

Opening Plenary: Community Opioid Prevention Scholars Round Table

Presenter: Peter Delany, PhD, LCSW-C – NCSSS

Panelists: Rachel Boyer, Howard University School of Social Work, Rachel Qualls, Gallaudet University School of Social Work, Evan Ampe, Catholic University of America School of Nursing, Doris Avila-Marquez, Trinity University College of Arts and Science

Session Description:

The use of Opioids has impacted communities across America, including the District of Columbia. Recognizing the need to help create a community prevention informed workforce, the National Catholic School of Social Services collaborated with the DC Wards 5 & 6 Prevention Center to implement an innovative Community Prevention Scholars Program. The effort was sponsored through the State Opioid Response Grant through the District of Columbia Department of Behavioral Health.

Learning Objectives:

- Understand the purpose and structure of the *Community Opioid Scholars Program*.
- Learn about the experiences and lessons learned of the scholars.
- Gain an appreciate for how a grounding in leadership, the ecology of a community, community assessment strategies, and methods for engaging minority and marginalized communities can contribute to building interest and skills for community preventions.

Session 1: Accessing Treatment through DBH and an Overview of the Opioid Epidemic in DC

Session Leader: Melina Afzal, MSW, LICSW

Session Description:

The District of Columbia's Department of Behavioral Health "provides prevention, intervention and treatment services and supports for children, youth and adults with mental and/or substance use disorders including emergency psychiatric care and community-based outpatient and residential services." This session will provide an overview of how to access services with or without insurance, an overview of the intake process and how to report any concerns to DBH about community providers.

Learning Objectives:

- Explain how to access treatment within the District of Columbia with or without insurance
- Describe the distinct types of prevention, intervention, and recovery support services for
- SUD and mental health concerns
- Review the intake process
- Explain how to contact the ombudsman office and report service concerns to DBH

Session 2: Creating and Sustaining Community Partnerships in the Continuum of Care

Session Leader: Yvonne Stroman

Session Description:

In this session, participants will define the continuum of care and incorporate the idea into stages of change models. Participants will also describe how prevention shows up across the continuum and will be walked through how to identify, create, and sustain partnerships to prevent opioid use disorder.

Learning Objectives:

- What is the continuum of care and its relationship to behavioral change.
- Describe how to identify resource gaps.
- Describe how to identify community resources and partnerships.
- Explain key elements that make partnerships successful.

Session 3: Naloxone Training (Note: CEU's may not be available for this breakout)

Session Leader: Corey Howell - Department of Behavioral Health

Session Description:

The Substance Abuse and Mental Health Service Administration recognizes naloxone as an important medication used to combat the consequences of opioid overdose. It is approved by the Food and Drug Administration (FDA) and is designed to rapidly reverse opioid overdose. Administered when a patient is showing signs of opioid overdose, naloxone is a temporary treatment and its effects do not last long. Therefore, it is critical to obtain medical intervention as soon as possible after administering/receiving naloxone. This training is designed to provide information on the information relating to naloxone administration, seeking additional help, and connecting with organizations in the community. All attendees who complete the training will receive a certificate.

Learning Objectives:

- List the names of common opioids.
- Understand the epidemiology of opioid overdose in DC.
- Identify an opioid overdose and the steps to administer naloxone to reverse an overdose.
- Describe the laws surrounding administering naloxone and other protections provided when seeking emergency medical help; and
- Recognize community organizations promoting opioid overdose education and naloxone.

Session 4. Best Practices for Engaging with Schools

Session Leader: Nicki Sanders, MSW

Session Description:

There has been substantial progress in school-based substance use prevention programs over the past few decades. Teachers, administrators, student assistance professionals, school staff, and community leaders all have a role to play in helping to successfully identify and implement preventions services in there school. This session will discuss basic strategies for building collaborative partnerships to successfully engage the community schools to enhance the academic environment.

Learning Objectives:

- Understanding the principles of prevention and types of prevention interventions.
- Appreciate the value of collaborative partnerships and collaborative planning with the community and school.
- Understand the impact of stigma, racism, and genderism on substance use prevention planning.
- Learn and apply community assessment skills building on collaborative partnerships to engage the community and school in substance use prevention services planning process.

12:30 -1:30

Break - Lunch

Afternoon Break Out Sessions - 1:30 - 3:00

Session 5. Opioids Use Disorder Treatment: Best Practices

Session Leader: Melania Afzal, LICSW

Session Description:

Addressing the needs of people living with opioid use disorders requires having access to comprehensive treatment options that meet all their needs. Every person's pathway through the continuum of care may look different and components can overlap and are most effective when used together. Some people may use all services available within the service continuum whereas others may require fewer services. This presentation will provide an overview of services across the continuum and issues important to successful integration into care.

Learning Objectives:

- Understanding the continuum of care and the role of peer and professional providers along the continuum.
- Understanding the impact of racism, sexism, ageism, and stigma on access, engagement, and retention in care.
- Cultural humility in the provision of services
- Providing services that are trauma and gender informed

Session 6. Developing Faith-based programs to prevent opioid use disorders

Session Leader: Elder Joe Johnson

Session Description:

The integration of spirituality, religious practices, and health has a well-documented history. Researchers, policy makers, and community members increasingly recognize the potential for collaborating with faith-based organizations (FBO's) to improve health. This session will provide an overview of the strategies to integrate the physical and spiritual domains to promote health and prevent opioid and other substance use disorders and related consequences.

Learning Objectives:

- Learn about effective models for creating collaborative partnerships with FBOs.
- Necessary steps in creating prevention programs.
- Educating clergy and lay persons about the nature and extent of the opioid and other substance use disorders.
- Current approaches to prevention.

- Creating action plans for confronting substance use in your community, including developing and interfaith collaborative for sharing experiences.

Session 7. Street Outreach- Summer Learning Community Round Table

Session Leader: Charles Dark and Summer Learning Graduates

Summer Learning Graduates: Sheku Conteh, Sandra Witherspoon, Sidonia Lino

Session Description:

This will be a round table discussion with participants from the D.C. Ward 5 & 6 Prevention Center's Summer Learning Community. It will provide a community perspective of best practices for engaging traditionally hard to reach populations to prevent opioid abuse. Additionally, participants will discuss their experience in the Summer Learning Community.

Learning Objectives:

- Describe the importance of prevention work in the continuum of care
- Describe grassroots approaches to community engagement
- Identify next steps in community engagement and training.

Session 8: Naloxone Training (Note: CEU's may not be available for this breakout)

Session Leader: Reggie Whren - Department of Behavioral Health

Session Description:

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Learning Objectives:

- List the names of common opioids.
- Understand the epidemiology of opioid overdose in DC.
- Identify an opioid overdose and the steps to administer naloxone to reverse an overdose.
- Describe the laws surrounding administering naloxone and other protections provided when seeking emergency medical help; and

- Recognize community organizations promoting opioid overdose education and naloxone.

3:15 - 3:45

Closing Plenary, You Are Resilient! - The D.C. Wards 5 & 6 Prevention Center's Social Media Training Toolkit.

Speaker: Ebony Davis, MSW, LCSW-C

Session Description:

Wellness and resiliency are essential to the prevention, treatment, and recovery from substance misuse. Yet there are many misconceptions about what wellness and resiliency is. The D.C. Wards 5 & 6 Prevention Center has created a social media toolkit, which provides evidence-based strategies to create more wellness and resiliency in a person's life and real-life examples of how these strategies helped people obtain and maintain their recovery from opioid misuse. In this toolkit, you will find flyers, messages, graphics, and videos to help spread the word about ending the opioid epidemic. You can use any of this messaging for your social media channels, your email newsletters, and any printed communication your organization or faith group may use.

Learning Objectives:

- Understand wellness and resiliency and its role in substance misuse prevention, treatment, and recovery.
- Learn about evidence-based strategies for helping individuals obtain and maintain recovery from opioid abuse.
- Discover how to apply messaging across multiple methods of communication including social media, emails, and printed formats,

3:45 - 4:00

Closing Comments and Charge : Peter Delany, PhD, LCSW-C

PLEASE REMEMBER TO TURN IN YOUR EVALUATION AND SIGN OUT OF THE CONFERENCE IN ORDER FOR NCSSS TO PROCESS YOUR CONTINUE EDUCATION/CONTACT HOURS CERTIFICATES.