

Apple Delight Rebel Crumbles Product Spec Sheet

Specs:

- Crumbles weight = 4oz
- 108 Crumbles per case, 36 per subcase
- Case weight = 29 lbs
- 35 cases per pallet
 - 7 on a layer 5 high
- 30 day lead time required

Handling

- Shelf life: 180 days frozen, 7 days refrigerated, 3 days room temperature
- Mylar Packaging
 - Oven safe to 400 degrees, microwave safe
 - Heat OR Thaw to serve

Nutrition Highlights

- Reimbursable for ½ cup of fruit (apples) for school meals
- Reimbursable for 2 components of grain for school meals
 - 32 grams of grain and 16 grams of whole grain in each Crumbles
- All natural, simple ingredients. No preservatives.

Unique Impact

- Created by high school students in Philadelphia who run the Rebel Ventures nonprofit
- Purchasing Crumbles supports high school entrepreneurship education and health education for all students in Philadelphia
- Crumbles are manufactured locally in Philadelphia



Nutrition Facts

Serving Size: 1 cake (4 oz.) (113g)
Servings Per Container: 1

Amount Per Serving

Calories 290 **Calories From Fat** 70

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 2g **9%**

Trans Fat 0g

Cholesterol 40mg **14%**

Sodium 260mg **11%**

Total Carbohydrate 55g **18%**

Dietary Fiber 4g **16%**

Sugars 29g

Protein 6g

Vitamin A 2% • **Vitamin C** 0%

Calcium 4% • **Iron** 10%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less than	65g	80g	
Sat Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

INGREDIENTS: Apples, Enriched Wheat Flour, Sugar, Whole Eggs, Brown Sugar, Whole Wheat Flour, Oats, Soybean Oil, Butter, Water, Cinnamon, Salt, Baking Powder (sodium acid pyrophosphate, cornstarch, baking soda, mono calcium phosphate), Nutmeg.

CONTAINS: WHEAT, MILK, SOY, EGGS.