

## High School Summer School Program 2024 Enrichment Course Catalog

We are excited to announce enrichment courses for all students in a variety of areas. All classes will be <u>in person</u>. Classes may also be canceled due to lack of enrollment. Please see the descriptions below and note dates and times as they do vary. Credit may be earned for some courses. All courses are held Monday to Thursday (June 3rd to July 3rd) with no class on Fridays and June 19th. Sections will run if we have 15 or more students for any course. Additional sections may be added if we have enough interest. Applications are due by Friday MAY 17th, 2024.

## Space is limited, so sign up <a href="here">here</a> as soon as possible.

If you have any questions, please email: Mr. Isenberg, Summer School Assistant Principal (misenberg@nhusd.k12.ca.us)

Course Name	Description	Credits?	Date & Time	Teacher & Room #
Basketball	This course is designed to develop students' techniques, skills and game performance in basketball.	Yes 5 credits P.E.	Time: Session 1 - Boys 8:30 am to 10:30 am Session 2 - Girls 10:40 am to 12:40 pm	Cheri Craddock Pavilion Al Rod Gym Weight Room
Wrestling	This physical education course is designed to introduce students to the fundamentals and techniques of the sport of wrestling. Through a combination of instruction, drills, and weight training, students will develop essential skills, knowledge, and fitness levels necessary for success in wrestling.	Yes 5 credits Team Sport	Time: Session 1 8:30 am to 10:30 am Session 2 10:40 am to 12:40 pm	Pierre Bondoc Pavilion Weight Room
Swimming	Swimming is a class that will teach students how to swim and how to get stronger in the water, so they can be water safe and learn how to use swimming as a form of fitness. (COURSE FULL)	Yes 5 Credits P.E.	Time: Session 1 8:30 am to 10:30 am	Jillian Lothian Dan Oden Swim Complex

Asian American Studies	Students grades 9 - 12 enrolled in Asian American Studies will participate in a comparative analysis of the experience of different Asian American groups and their place in the general history and development of American society. AAS Examines factors that define various BIPoC communities and their positions in contemporary U.S. society, using Asian Americans as a case study. Students within AAS will practice interdisciplinary, social-justice based inquiry and research. AAS focuses on the human behavior of Asian American leadership, visionary activism, activist movements, and activist-related knowledge paradigms. Through all levels, there is an emphasis on strategies of communication for self-reflection, self-determination, and community empowerment, and for the development of social relationships. This course may be taken to meet the Ethnic Studies graduation requirement and/or obtain UC "g" elective credits.	Yes 5 credits Ethnic Studies	Time: Session 1 8:30 am to 10:30 am Session 2 10:40 am to 12:40 pm	Ivan Viray Santos James Logan HS
Cross Country	Build fitness by going for daily runs, track workouts, and weight room activities. Open to all abilities levels. This course will prepare anyone interested in getting better at distance running.	Yes 5 Credits Team Sport	Time: Session 1 8:30 am to 10:30 am	Tim Hunter JLHS Track
Badminton for Beginners	Beginner Badminton Enrichment is for students who have not previously played competitively. Students will practice basic skill development, strategy development in singles and doubles, physical fitness and conditioning.	Yes 5 credits PE	Time: Session 1 8:30 am to 10:30 am	KimVan Vuong Pavilion Al Rod Gym Weight Room
Badminton for Advanced Players	Advanced Badminton is for athletes who were previously on the school team or have played competitively for at least one year. Students will practice advanced skill development, strategy development in singles and doubles, physical fitness and conditioning. (COURSE FULL)	Yes 5 credits PE	Time: Session 2 10:40 am to 12:40pm	KimVan Vuong Pavilion Al Rod Gym Weight Room

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