

Page Management for Health, Wellness, Fitness Coaches, and Business Owners

Firstly thanks for showing up here, showing your interest to my page and services.

Here's how my services run:

I run your page, fitness, nutrition, mindset, or brand.

You get followers and leads; you just reply and close the leads.

What's included:

- 5-8 posts/week, written and posted by me. (10-16 posts for both X and instagram)
- 250-1000 new followers/month, 5-20 leads/month. (500-2000 new followers for X and instagram combined)
- I'll rebrand your page(s) if it's off (look, vibe, whatever's needed).
- I'll fix your bio to turn more viewers into followers.
- I manage it, you just respond to leads.

If you have a newsletter you want to grow, i'll also promote it under posts including tweets and threads.

My prices:

- £150/week for 1 platform (X or Insta), 1-month minimum.
- £225/week for both X and Instagram, 1-month minimum.
- No refunds once paid, covers my time researching, writing, and rebranding your content.

Cancel anytime after 1 month.

How It Works:

1. Click the telegram link (<https://t.me/AOLBiz>) and say "Yes."
2. I send questions, you answer, all over text.
3. If your happy to continue, I run your page(s), tweak if needed, and you see results.

Why Me?

I've been building my social media pages and others for years. I write posts that work, fix sloppy branding, and make pages convert.

You grow, no effort.

Next Move:

Message me on telegram](<https://t.me/AOLBiz>).

Limited spots available.