

Sexual Health and HIV/AIDS Education in Oak Harbor Intermediate School

As part of the district's health curriculum, fifth graders are taught about sexual maturation and HIV/AIDS prevention. The teaching of HIV/AIDS prevention is required by the state each year beginning in the fifth grade.

Sexual Maturation

The sexual maturation unit teaches the basic facts about growing up, including the role of hormones, the endocrine system, and the biological differences between boys and girls. Lessons emphasize the responsibilities of maturing during adolescence, as well as goal-setting and decision-making in at-risk situations. All instructional materials have been carefully screened within the guidelines of school board policies. Our program encourages your child to turn to you for further information. It is important to let your child know you are willing to discuss this subject.

Questions that are better suited for answering with the boys and girls separated will be addressed at the end of the unit. During this time, students will watch and discuss district-approved maturation videos. The pamphlet used in this presentation will be sent home at the conclusion of the unit.

HIV/AIDS Prevention

The HIV/AIDS prevention education is limited to the discussion of the life-threatening dangers of the disease, its transmission and prevention.

Adopted Curriculum

Oak Harbor Public Schools uses state-adopted HIV/AIDS prevention curriculum which is called KNOW. Our adopted health curriculum is the Great Body Shop and the puberty unit is called "Growing Up." You can preview KNOW by following the link below:

- HIV/AIDS Prevention Curriculum: [KNOW Grades 5/6](#)