

## Colombia

### Months 1-2

**Ministry Name:** Ciudad Refugio (City of Refuge)

**Ministry Location:** Medellin

Ciudad Refugio is a holistic ministry focused on restoring individuals and communities. The ministry has recovery programs, feeding programs, homeschool, spiritual formation, microenterprise, homeless shelter ministry. Their ministry is a hub for the city they are in. Adventures in Missions has worked with this ministry over the last 4 years.

#### Ministry

*\*Semesters' primary ministries will potentially include:*

- City outreaches and street evangelism
- Feeding programs
- Mens and womens restoration programs
- Homeschool program

#### Sample Schedule

8:30 - breakfast

9:00-12:00 - visiting elderly home, or sharing testimonies in a local community

12:00 - lunch

1:00-5:00 - teaching english class, leading a bible study for women, or helping with a kids activity (song, craft, games)

5:00 - dinner

6:00 - youth group or homeless ministry or feeding program outreach (only some nights)

*\*The team will get a finalized ministry schedule upon arrival.*

#### Lodging

The team will stay with the ministry host. Mattresses are provided.

Wifi is available at the lodging site. Laundry services are available on site for a small fee, or you can take it to a nearby laundromat or use hand/bucket.

#### Transportation

The team will walk, or use local transportation if needed, to get around town.

**Food**

The ministry host will prepare all meals for the team.

**Safety**

Be careful with your belongings, don't go alone in the dark, watch around you, and just be wise!

Your ministry host will go over specifics about safety upon your arrival.

The hospital or clinic is within walking distance from the ministry host.

**Extra Packing Needs:**

Sleeping bag, sheets/blankets, and a pillow

**Cultural Guide:**

This [link](#) has information specific for Colombia. Your team will get a full cultural orientation on the first day of ministry.

## Ecuador

### Months 3-4

**Ministry Name:** Inca Link Ecuador

**Ministry Location:** Quito, Ecuador

Inca Link's vision is to reach the youth of Latin America with Christ's irresistible love. Inca Link is one of Adventures' strongest partners in Latin America. We love partnering with their network of ministries. Adventures have been working with them since 2014.

#### Ministry

*\*Semesters' primary ministries will potentially include:*

- Serving at an afterschool kids program for low-income families
- Serving at a rehabilitation center for children with disabilities
- Feeding program
- Teaching English
- Serving at an orphanage

#### Schedule

Mornings: devotional, breakfast, house chores; travel to ministry

-ministry could be preparing food for a feeding program, reading books to disabled adults or helping with basic physical therapy, playing soccer with kids before school

Afternoons: lunch, ministry

-afternoon ministry could be serving food at feeding program, teaching kids a bible lesson, helping with chores around home for disabled adults

Evenings: dinner and team time

*\*The team will get a finalized ministry schedule upon arrival.*

#### Lodging

The team will stay at a guest house with bunk beds. Sheets, blankets, and pillows will be provided. Wifi is available at a nearby cafe/mall. Laundry can be done at the house for a small fee, or can be taken to a laundromat or hand washed in a bucket.

### **Transportation**

The team will walk, or use local transportation if needed, to get around town.

### **Food**

The ministry host will prepare all meals for the team.

### **Safety**

Be careful with your belongings, don't go alone in the dark, watch around you, and just be wise! Your ministry host will go over specifics about safety upon your arrival.

### **Extra Packing Needs:**

Bedding is provided, but *remember if you want sheets and blanket for training camp, you will have to bring those!*

### **Cultural Guide:**

This [link](#) has information specific for Ecuador.

## Peru

### Month 5

**Ministry Name: YWAM Iquitos**

**Ministry Location: Iquitos**

**YWAM Iquitos:** Youth with a Mission is a worldwide movement of Christian volunteers from different cultures and ages. Our goal is to know God and make Him known. YWAM Iquitos Peru has various ministries focused on multiple areas, like kids, communities, women, youth, discipleship, and social services.

#### Ministry

*\*Semesters' primary ministries will potentially include:*

- Village ministry in the Amazon River valley
- Vacation Bible school
- Children's ministry
- Evangelism
- House visits
- Door-to-door ministry

#### Schedule

Potential sample schedule:

7:00-8:00 Breakfast  
8:00-9:00 Team Time  
9:00-12:00 House visits or Evangelism or Manual labor projects  
12:00-1:00 Lunch  
1:00-5:00 Vacation Bible School activities (songs, games, Bible stories)  
5:00-6:00 Dinner  
6:00-8:00 Team time and debriefing the day

*\*The team will get a finalized ministry schedule upon arrival.*

#### Lodging

The team will be staying at the YWAM base. There will be bunk beds with mosquito nets at each bunk. It is recommended that you bring strong bug spray (that contains DEET). WiFi at the base or a nearby cafe, and a kitchen available. The team will bucket shower while at this ministry. The team will handwash laundry.

**Transportation**

The team will be taking public transportation to most places which will be a boat since the ministry host is on the river.

**Food**

Meals will be prepared by the ministry host.

**Safety**

Be careful to watch your belongings and keep valuables out of sight. Be aware of your surroundings at all times. The closest medical clinic is a 10 minute boat ride away, while the hospital is 45 minutes away by boat.

**Extra Packing Needs:**

The team will need to bring blankets or sleeping bags and a pillow.

**Cultural Guide:**

This [link](#) has information specific for Peru.

## Peru

### Month 6

**Ministry Name: Josephine House**

**Ministry Location: Cusco**

**Note: We are still waiting on a few details to be confirmed for this ministry. I will send out an update once information has been confirmed!**

**Josephine House** was started to care for the abandoned and orphaned children of Cusco. They share the love of Christ to the unloved through meeting their physical and spiritual needs. Adventures has partnered with this ministry since 2016.

#### Ministry

*\*Semesters' primary ministries will potentially include:*

- Caring for children at the orphanage
- Construction projects/manual labor projects
- Encouraging and supporting church activities

#### Schedule

*\*The team will get a finalized ministry schedule upon arrival.*

#### Lodging

The team will stay with the ministry home in guest rooms.

#### Transportation

The team will either walk or take public transportation around town.

#### Food

Meals will be prepared by the team.

#### Safety

Be careful to watch your belongings and keep valuables out of sight. Be aware of your surroundings at all times. Stay in groups of 2 or more when walking throughout the city. The closest medical clinic is a 5 kilometer drive away.

#### Extra Packing Needs:

The team will need to bring sleeping pads.

**Cultural Guide:**

This [link](#) has information specific for Peru.



## Packing List

### Luggage

- 1 small carry-on (backpack or smaller)
- 1 suitcase, duffel or backpack (your choice)
  - Everything you take must fit into **ONE** suitcase, duffel or backpack
  - Must weigh 50 lbs or less

### Bedding

- Sleeping pad
- Sleeping bag or blanket
- Pillow
- Sheets for training camp, if desired

### Clothes

#### **\*\*See clothing guidelines below**

- Modest clothing for daily ministry
  - \* *This varies depending on your trip's ministry. The following are good general rules-of-thumb, but ministry-specific information will come closer to launch.*
    - Ladies: knee-length skirt/dress, ankle-length skirt/dress, capris or knee length shorts, and shirts that cover your shoulders.
    - Men: pants, knee-length shorts, and shirts that cover your shoulders.
- Church outfit
  - Ladies: skirts, dresses, covered shoulders
  - Men: khaki dress pants and a collared shirt
- Semi-casual outfit (jeans and a nice shirt)
- Clothes appropriate for outdoor activities
- Lightweight jacket, sweatshirt (for Training Camp and airports)
- Rain jacket
- Athletic shoes
- Chacos/sport sandals/Rainbows
- Shower shoes are a must! (Old Navy flip flops are great)
- Modest pajamas
- Swimsuit
  - Must be a 1-piece or tankini (stomach must be fully covered)

- Some places will require shorts as well

***NOTE: Be sure to check the average weather for your location and time of year!***

### **Clothing Guidelines**

You are expected to maintain a clean, modest appearance that represents Adventures in Missions and local missionaries well. Here are some guidelines:

#### **LADIES:**

- Skirts and dresses must be at least knee length. In some countries, dresses and skirts will need to be floor length, so make sure to also bring long options as well.
- Pants are also appropriate for some ministry opportunities.
- Shorts must end no more than 5" above the top of your kneecap (about a palm's width). Shorts that hit the 5" mark should be loose fitting, as most cultures do not wear tight fitting clothing.
- Leggings may only be worn for warmth or under shorts or skirts that would meet the requirements without the leggings
- Yoga pants can be worn in private quarters if there are no locals or ministry partners around or staying with you. You should never work out in public in yoga pants.
- Bathing suits must be full coverage (one piece or full length tankini). In some countries you may be required to wear shirts and pants to swim. A tank top and shorts are great options for this.
- Bring modest clothing to sleep in. If your sleeping location is connected to a ministry host/family, your sleeping attire should model dress code.
- Sheer or see through clothing is not appropriate at any time.
- Be cautious of loose, flowy clothing that hangs off shoulders, shows bra straps or falls down when you bend over. Undergarments, including sports bras, should never be visible. Racerback tank tops are not allowed.
- For ministry, shirts should have a minimum of a cap sleeve. If it is appropriate to wear sleeveless shirts during ministry downtime or private time, a wide strap is appropriate. Spaghetti straps are never appropriate. Ministry hosts will communicate whether shoulders can be shown during ministry.
- If you can't raise your arms above your head without showing your stomach, leave it at home.

**Do NOT bring the following:**

- Nike running shorts or anything similar (You should not workout in clothes that do not fit dress code). Basketball shorts are a great alternative to bring.
- Leggings (to be worn as pants) or yoga-type pants
- Tight or immodest clothing of any kind
- Any top with spaghetti straps
- Bikini or two-piece swimsuit

**MEN:**

- Bring at least one pair of nice pants or slacks and a collared shirt.
- Pack regular swim trunks (no speedos or very short swim shorts).
- Keep your chest covered. No tanks cut very low or with large armholes.
- You should wear a shirt at all times unless sleeping or at the beach (even when doing manual labor, working out, etc.)
- Shorts must end no more than 4" above the top of your kneecap (about a palm's width). Shorts should only be worn when deemed appropriate by your ministry host. Men need long pants in most cultural situations (otherwise you will be viewed as a boy in the community and not an adult).

**Toiletries**

- Personal hygiene items - toothbrush, deodorant, soap, baby wipes, etc.  
*\*Small/travel-size recommended, as these can also be purchased overseas*
- Personal medications with refills
- Basic first aid - sunscreen, mosquito spray, medicine for stomach issues, headaches, allergies (including seasonal), bug bites, band-aids, anti-bacterial wipes and ointment.
- *Note: You will need personal money to pay for your own toiletries and laundry soap.*

**Other**

- Passport
- A photocopy copy of your passport
- 2 extra passport photos (you can get these taken at CVS or some place similar)
- Water bottle – unbreakable. Nalgene bottles work best.
- Headlamp or flashlight
- Bible, journal, pens

- Spending money for possibly eating out, spending fun time with your team, adventures, souvenirs, etc. (\$100-\$200 recommended)  
*\* Check out your team blog for more details on spending money*
- Outlet converter
- Camera and batteries
- Towel and shower stuff. Showers may be outdoor and/or cold.

Note from ministry hosts: It can be nice to bring some **small** gifts (something that your hometown is known for - local honey, tea/coffee, ties for men also go over well!) to give to hosts/special people you encounter.