

玉苒廈之書沉思語錄
A Thought to Ponder from The Urantia Book
Contemplation of The Spiritual



“Worship — contemplation of the spiritual — must alternate with service, contact with material reality. Work should alternate with play; religion should be balanced by humor. Profound philosophy should be relieved by rhythmic poetry.”

[143:7-3](#)

靈性的沉思

「崇拜——靈性的沉思，須與服務交替，與物質實相接觸。工作應與消遣交替；宗教應以幽默平衡。深刻的哲學應以韻律詩歌緩和。」