

## Community Services for Adults with Disabilities

*This resource is intended to assist TDSB educators with preparing their students for the post 21-transition. The lists of agencies below are not exhaustive. Students and families/caregivers are encouraged to conduct their own research to determine which agencies would be the best fit for the student. If additional support is required, please contact the TDSB Experiential Learning OT/PT for your school.*

The transition from high school to adulthood can present unique challenges for students with disabilities and their families. One of the significant difficulties they face is selecting appropriate adult services. In Ontario, Developmental Services Ontario (DSO) serves as the access point for adult services for individuals with developmental disabilities as funded by the Ministry of Children, Community and Social Services (MCCSS).

### Accessing DSO

If your student has a developmental disability, resides in Ontario, and is 16 years old or older, they can apply to DSO Toronto Region (DSO TR) to determine their eligibility for receiving adult Ministry-funded support.

It is strongly recommended that students submit their application at age 16 to ensure DSO TR sufficient time to process the application, and to ensure services are available to the student at age 18. Please contact the DSO by phone, email or via the [DSO Website](#) for more information.

Disclaimer: There may be websites linked from this site that are operated by organizations outside of the Toronto District School Board (TDSB). These organizations are solely responsible for the operation and information found on their sites. Linking from this site does not imply any endorsement of the organization or information found on the website. Any comments or inquiries regarding the linked websites should be directed to the organization operating the website. This information may not be copied or distributed without the express permission of the TDSB OT/PT Services.

## Post-21 Agencies

There are many Post-21 agencies in Toronto that offer community participation supports to adults with disabilities (e.g. adult day programs). Some Post-21 agencies provide government-funded programs, while others are fee-for-service. The following agencies can help adults participate in recreational activities, life skills, and supported volunteering/ employment.

[Here are instructions for using the Agency Maps](#)

### Post-21 Agencies

[South/ Downtown Toronto](#)

[East Toronto](#)

[North Toronto](#)

[West Toronto](#)

[Post-21 Agencies](#) (comprehensive list)

### Agency Maps

[South/ Downtown Toronto Post-21 Agency Map](#)

[East Toronto Post-21 Agency Map](#)

[North Toronto Post-21 Agency Map](#)

[West Toronto Post-21 Agency Map](#)

## Employment Services

Employment services for people with disabilities are available through several organizations. The list below has been organized into the following employment services categories:

**Employment Agencies:** Offer services like job matching, interview preparation, career counseling, and job retention supports.

**Pre-Employment/ Employment Programs:** Provide training to job-seekers to increase their employability and skills. Training programs may be general (e.g. WHMIS, CPR, general professionalism skills), or may have a specific focus (e.g. careers in technology).

**Inclusive Employers:** Prioritize the hiring of people with disabilities.

Some of the organizations listed may fall into more than one of the above categories. As such, some organizations will appear on the list multiple times.

### Employment Services

[Employment Agency List](#)

### Employment Services Map

[Employment Services Map](#)

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Transitions are best facilitated through early preparation and collaboration between students, their families/ caregivers, and educators. This resource can assist educators with supporting students, families, and caregivers with the transition from high school to adulthood.

## **More TDSB Experiential Learning OT/PT Resources:**

[Customer Service Skills](#)

[Job interview Preparation](#)

[Self-Advocacy Skills](#)

[Telephone Skills](#)

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