

&

```
for ( var i= 0 ; i<list.length; i++) {
```

```
    var element= list[ & ];
```

```
}
```



%

	0	1	2	3	4	5	6	7
--	---	---	---	---	---	---	---	---

PULL ▲

%

i	0	1	2	3	4	5	6	7
---	---	---	---	---	---	---	---	---