

Trevor Frost, D.M.A.

Educator | Conductor | Composer

(he/him/his)

5522 Delmar Blvd. #201

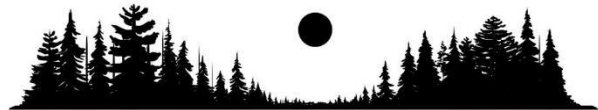
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Trevor Frost Music

Education

- 2024 **D.M.A. in Wind Band Conducting, related area in Composition**
University of Nebraska, Lincoln, Nebraska
Primary studies with Carolyn Barber, Tyler White and Greg Simon
- 2021 **M.M. in Music Conducting**
University of New Hampshire, Durham, New Hampshire
Primary studies with Andrew Boysen Jr. and Michael Annicchiarico
- 2016 **B.M. in Music Education (Magna Cum Laude)**
University of New Hampshire, Durham, New Hampshire
Primary studies with David Seiler, Nathan Jorgensen, Andrew Boysen Jr. and Casey Goodwin

Academic Experience

- 2025–present **Assistant Professor of Music, Director of Bands at Lindenwood University,
St. Charles, MO**

Conducting:

Conductor and Artistic Director of the LU Wind Ensemble
Artistic Director and Instructor of Record of the Lion Pride Marching Band
Artistic Director and Instructor of Record of the Lindenwood Pep Band

Teaching:

MUS 14101: Music Theory I – undergraduate
MUS 21211: Instrumental Ensemble (woodwind) – undergraduate
MUS 30442: Applied Lessons (composition) – undergraduate
MUS 34401: Music Theory IV – undergraduate
MUS 38400: Advanced Conducting – undergraduate
MUS 48800: Senior Recital – undergraduate

Administrative:

Oversaw all band activities: personnel management, band staff hires, auditions, programming, concert promotion and logistics, transportation, travel planning, logistics and supervision, grading, department budgeting, fundraising, recruitment, instrument repair, equipment purchasing, acquisition of instructional materials

Proposals for new music acquisition

Service:

Advisor for NAFME-C Lindenwood University Chapter

2025 **Visiting Assistant Professor of Music, Associate Director of Bands at Arkansas Tech University, Russellville, AR**

Conducting:

Conductor and Artistic Director of the ATU Symphonic Band

Conductor, Artistic Director, and Conducting Professor of the ATU Concert Band

Director/Instructor of Record of the ATU Band of Distinction Pep Band

Teaching:

MUS 3762: Instrumental and Choral Arranging – undergraduate

MUS 2003: Introduction to Music – undergraduate (ACTS common course)

MUS 1503: Band – undergraduate – student conductors

Private composition lessons – undergraduate

Administrative:

Assisted with all band-related activities: auditions, programming, personnel management, concert promotion and logistics, grading, recruitment, curriculum writing for new and existing courses, and technological support

Proposals for new music acquisition

Service:

Department of Music representative for university-wide discussions on artificial-intelligence

2021–24 **Graduate Assistant at the University of Nebraska, Lincoln, NE**

Conducting:

Assistant Conductor for the Wind Ensemble and Symphonic Band

Associate Conductor for the Campus Band

Director of the Big Red Express Volleyball and Basketball pep bands

Doctoral conducting recitals and collaborative conductor for graduate recitals

Teaching:

Assistant Instructor and field tech for the Cornhusker Marching Band

Guest Lecturer for orchestration courses and composition studios

Private Instructor for conducting courses

Private Instructor for ear training and theory courses

Administration:

Assisted with all band-related activities: recruitment, auditions, programming, concert promotion and logistics, transportation, and technological support
Recruiter at The Midwest Clinic booth and College Night (2021–23) and CBDNA North Central Conference (2022)
Founder of the Campus Band Composition Initiative Contest
Grant writing and proposals for new music acquisition
Recruiter for the UNL Campus Bands

Travel:

Director and supervisor: Big Red Express Women's Basketball pep band in Indianapolis, IN for Big Ten Women's Basketball Tournament (2022)

2020–21 **Graduate Student Instructor at the University of New Hampshire, Durham, NH**

Conducting:

Assistant Conductor for all University Bands
Graduate Instructor for the UNH Wildcat Marching Band
Masters conducting recital and collaborative conductor for graduate recitals

Teaching:

Assistant, Lecturer, Private, and Substitute Instructor for Conducting I
Private Instructor for ear training and theory courses

Administration:

Assisted with all band-related activities: recruiting, auditions, programming, concert promotion and logistics, technological support, and COVID-19 protocols

Additional Teaching Experience

2023 **Director of Bands, Composition Faculty at Camp Encore/Coda, Sweden, ME**

Conducting:

Conductor and Artistic Director of the Symphonic Winds, Wind Ensemble, and the Crimson Jazz Band

Teaching:

Instructor of record for high school-level conducting course, beginning/advanced theory and ear training course, group and private composition lessons

Administration:

Oversaw all band-related activities: programming, personnel management, auditions, recruitment, concert promotion and logistics
Creator of online wind band library database
Proposals for new music acquisition

2019 **Assistant Director at Portsmouth High School Clipper Marching Band, Portsmouth, NH**

Teaching:

Private Instructor for field conductors

Music Instructor

Field Tech

Travel:

Assisted Director with coordination and logistics to New England Scholastic Band Association events

2016–20 **Music Director at Paul Elementary School (K-8), Wakefield, NH**

Conducting:

Conductor and Artistic Director for all choral and band ensembles

Teaching:

Instructor for all K-8 general music courses including: ukulele, bucket-drumming, music history, music theory, and music appreciation

Developed, transitioned, and delivered online music instruction as a result from the COVID-19 pandemic

Administration:

Oversaw all band and choral-related activities: personnel management, auditions, programming, concert promotion and logistics, transportation, travel planning, logistics and supervision, grading, department budgeting, fundraising, recruitment, instrument repair, grant-writing, curriculum writing for new and existing music classes, instrument purchasing, acquisition of instructional materials

Unique Performances:

Directed Chorus at University of New Hampshire Hockey games (2018, 2019)

Student Achievement:

5 students accepted in NHMEA Elementary Honors Choir (2019, 2020)

Composition Fellowships/Programs

2024 Alba Music Festival and Composition Program (deferred to 2026)

2023 Composing in the Wilderness: Lake Clark, AK

Composer Collaborations

2022–2024 **UNL Campus Band Composition Initiative: Created and Coordinated**

2024 Ramón Araújo, *The Western Monarch Trail* (world premiere)

- 2024 Bryce Hayes, *The 25th Annual Hee-Haw Howdy-Ho Hoe-down* (world premiere)
 2023 John Kosch, *The Hill We Climb* (world premiere)

Publications

- 2026 (upcoming) *Fantasia No. 2 for flute and piano* by Trevor Frost, Alias Press – composition
 2026 *Fantasia No. 1 for alto saxophone and piano* by Trevor Frost, Alias Press – composition
 2025 “Florent Schmitt’s *Dionysiaques*, Op. 62,” *NACWPI Journal*, vol. 2 (Fall 2025)
 2025 *Journey Above the Tundra: Dance of the Willow Ptarmigan* by Trevor Frost, Alias Press – composition
 2024 “An Unnecessary Barrier: A Critical History on the Efforts to Define a Core Repertoire for the Wind Band” – DMA Document, ProQuest Dissertations & Theses
 2024 “Wind Band Instrumentation and Nomenclature,” *The NBA Journal* 64, vol. 2 (Winter 2024)
 2023 *Space Travels* by Trevor Frost, C. Alan Publications – composition

Marching Band Creative Output

Music Arranging

Lindenwood University Lion Pride Marching Band, St. Charles, MO

- 2025 The Music of St. Louis
Johnny B. Goode by Chuck Berry
What’s Love Got to Do With It by Terry Britten and Graham Lyle (Tina Turner)
Hot in Herre by Charles Brown, Pharrell Williams, and Cornell Haynes (Nelly)
 2025 Punk Rock Anthems
Misery Business by Hayley Williams and Josh Farro (Paramore)
Wake Me Up When September Ends by Billie Joe Armstrong (Green Day)
Irresistible by Patrick Stump, Peter Wentz, Joseph Trohman, and Andrew Hurley (Fall Out Boy)

Norris High School Marching Titans, Firth, NE

- 2025 The Roaring 20’s
 Original music
Death of a Bachelor by Panic! At the Disco

Visual Designs

University of Nebraska–Lincoln Cornhusker Marching Band

- 2024 Military Appreciation Halftime Show

The Longest Day by Paul Anka/arr. Anthony Falcone
Hymn to the Fallen by John Williams/trans. Paul Lavender
Eternal Father Strong to Save/America the Beautiful by William
Whiting/Katharine Lee Bates/arr. Anthony Falcone

Invited Clinics, Adjudications, Presentations, Lectures, and Performances

Clinicians and Adjudications

2026 (upcoming)	Ithaca College Walter Beeler Memorial Composition Prize, Ithaca, NY
2026	North Butler (Greene, IA) High School Concert Band, Lindenwood University, St. Charles, MO
2026	Springfield Southeast (IL) High School Concert Band, Lindenwood University, St. Charles, MO
2026	Orchard Farm High School Concert Band Clinic, St. Charles, MO
2026	Afton High School Concert Band Clinic, St. Louis, MO
2025	St. Louis Suburban MMEA District 5 Honors Jazz Ensemble, St. Louis, MO
2025	Arkansas Tech University Southern Regional Music Education Festival, Russellville, AR
2025	Russellville School District Mid-Winter Assessment Concert, Russellville, AR

Presentations and Lectures

2026	CBDNA (College Band Directors National Association) Eastern Division in Amherst, MA – “Beyond the Core: Rethinking Wind Band Literature”
2026	CBDNA Southwestern Division in Denton, TX – “Breaking the Loop: Using Sympoeisis to Foster Creativity in Rehearsals”
2024	University of Nebraska–Lincoln composition seminar in Lincoln, NE – “Tips on Writing for Young Band: Without Having it Sound like ‘Educational Band’ Music”
2024	University of Nebraska–Lincoln Women’s Club International in Lincoln, NE – “Composing in the Wilderness Experience”
2023	NMEA (Nebraska Music Educators Association) Conference in Lincoln, NE – “You Got the Job! Now What? A Discussion of What It's Like Out in the Field”
2023	University of Nebraska–Lincoln orchestration course in Lincoln, NE – “Orchestration for the Symphonic Band”

Conference Performances

2022 CBDNA North Central Division at Mead Witter Foundation Concert Hall in
Madison, WI: University of Nebraska-Lincoln Wind Ensemble performed,
Graduate Assistant/performer

Guest Conductor and Composer Residencies

2024 Stephen F. Austin State University in Nacogdoches, TX – Guest Composer
2023 Lebanon High School in Lebanon, NH – Guest Conductor/Composer
2020 Barrington Middle School in Barrington, NH – Guest Conductor/Composer
 Kennebunk High School in Kennebunk, ME – Guest Conductor/Composer
2017 Keene State College in Keene, NH – Guest Conductor/Composer

Recording Projects

2025 ATU Symphonic Wind Ensemble
 Fantasy of Colors by Paul Dooley
 Trevor Frost served as an ensemble performer
2025 ATU Symphonic Wind Ensemble
 Sunflower Studies by Nicole Piunno
 Trevor Frost served as Assistant Editor

Saxophone Performances

Large Ensembles

2025 Arkansas Tech University Symphonic Wind Ensemble
2024 Peru State College Concert Band
2021–23 University of Nebraska–Lincoln Ensemble Performance Lab
2022–23 University of Nebraska–Lincoln Symphonic Band
2020–21 University of New Hampshire Symphonic Band
2020–21 University of New Hampshire Wind Symphony

Solos

2022 *Through the Looking Glass* by Trevor Frost

Professional Affiliations and Conferences/Clinics/Festivals Attended

Professional Affiliations

- American Society of Composers, Authors, and Publishers
- College Band Directors National Association
- National Association of College Wind and Percussion Instructors

- National Association for Music Educators
- National Band Association
- New Hampshire Music Educators Association
- Nebraska Music Educators Association
- Society of Composers, Inc.
- World Association for Symphonic Band and Ensembles

Conferences, Clinics, and Festivals Attended

Arkansas School Band and Orchestra Association All-State Clinic: 2025

CBDNA Eastern Division Conference: 2026

CBDNA North Central Division Conference: 2022

CBDNA Southwestern Division Conference: 2026

Fountain City Classic Marching Invitational: 2025

Midwest Clinic: 2023, 2022, 2021

Missouri Music Educators Association Conference: 2026

Nebraska Music Educators Association Conference: 2024, 2023, 2022, 2021

New Hampshire Music Educators Association Conference: 2019, 2018, 2017, 2016, 2015, 2014,
2013

St. Charles Marching Band Review: 2025