

Secondary Physical Education - March 2025



Warm-up activity of the Month



"Pi Day Races"

~ From the Online Physical Education Network (OPEN)

PI DAY RACES

STUDENT TARGETS

- **Skill:** I will focus on the first 8 numbers of Pi to help my team collect the correct cards.
- **Cognitive:** I will describe the social benefits gained from participation in physical activity.
- **Fitness:** I will be actively engaged in this Pi Day challenge.
- **Personal & Social Responsibility:** I will use positive and encouraging communication with my teammates.

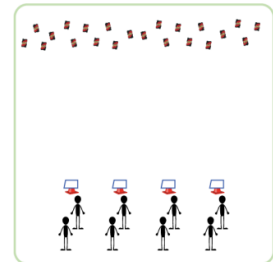
EQUIPMENT & SET-UP

Equipment:

- 2-3 decks of UNO cards
- 1 cone per team
- 1 Pi Day Station Card & task tent per team

Set-Up:

- Create teams of 3 players.
- Each team begins at a starting cone. Each cone has a task tent with the Pi Day Station Card.
- UNO Cards are spread out on the ground on opposite side of activity space from the starting cones.



[PDF link](#)

From our State Professional Organization



Click [here](#) to register!

SHAPE MD Webinar: Phase Volleyball March 5, 2025, 7 pm - 8 pm

In this session, Brian Baker will discuss a new way to structure your volleyball unit to promote a collaborative environment through scoring modification. Register today to save your seat.



Middle School & High School TEAM SPORTS Resources!



If you teach Team Sports classes please explore the new Google Shared folder of Unit Plans developed by your peers. These calendars are a great resource when used with the curriculums.

Link to [resources](#)

Virtual Professional Development Opportunity from MAPEC!

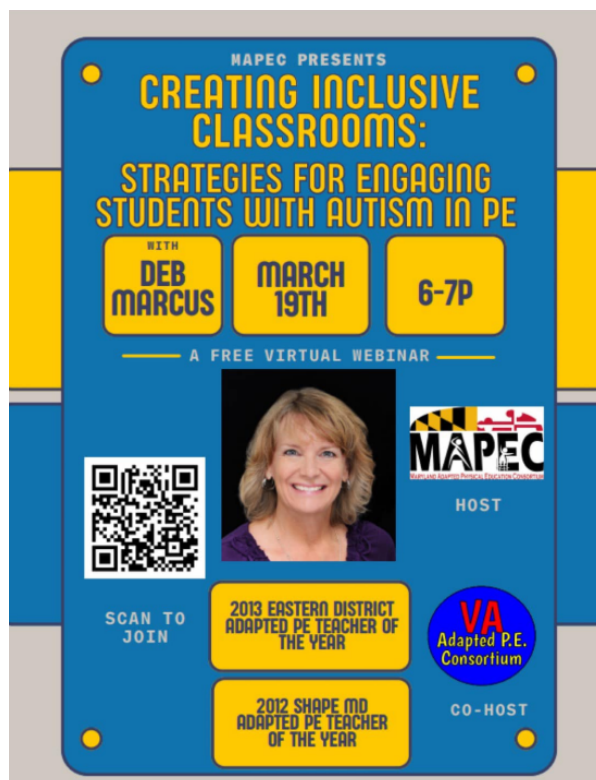


To register click [here](#)

MAPEC Webinar:

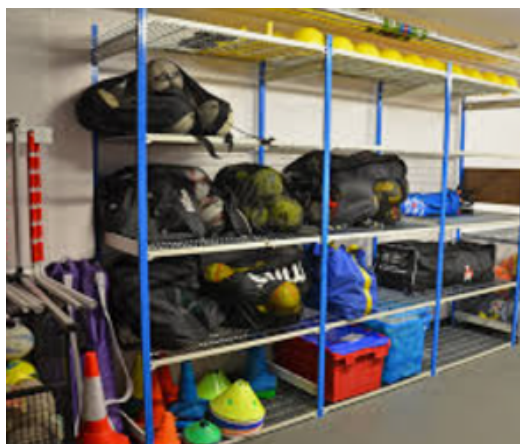
Creating Inclusive Classrooms: Strategies for
Engaging Students with Autism in PE

March 19, 2025 6:00 pm



Join us to learn from our very own Deb Marcus!

Where should I order PE equipment from?



MOI Contacts

Gopher Sport Andre Rueda
andrereda@gophersport.com

School Specialty Kelsey Tamm
kelsey.tamm@schoolspecialty.com

US Games/BSN Sports (NEW)
Robin Johnson robin.johnson@bsnsport.com

School Health & Palos Sport
Matthew Bedard mbedard@schoolhealth.com

We recommend emailing the rep with your order
for our agreement AACPS has & get the discount
prices and/or free shipping!

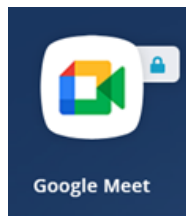
From our National Professional Organization



The National Conference is in Baltimore next month! April 1-5!

March Activity [Calendars](#)
English & Spanish

Are there any supports for 1st year HPED teachers?



This check-in is available on Google Meet on ClassLink. Click on the Google Meet icon on Classlink. Enter the code or nickname “secondary” for the code in the space provided. First time using Meet? [Learn more](#)



A virtual check-in for 1st year AACPS Secondary Physical Education teachers will be held the FIRST Wednesday of every month from 8:00 AM - 8:30 AM. 🌟

Please feel free to stop in the google meet and share your successes and struggles with me and other first year teachers. *Although this is not required*, we want you to feel valued and a part of our HPED family. Your input and feedback are important to us! I hope to “see” you from time to time.

Do we have the A/B calendars for planning?



[2024-2025 School A/B Calendar](#)

Want an A/B calendar overlay that shows up in your Outlook email? Check your email from Wednesday!

Haydee shared a calendar with every secondary teacher which allows you to see whether it is an A or B day right in your outlook email. All you have to do is click the check next to “Accept.”

	 Accept Wed 9/4/2024 11:22 AM Traver, Haydee You're invited to share this calendar To: DL-HPED Health High Traver, Haydee (HTRAVER@AACPS.org) has invited you to view their "AB School Calendar" calendar. Click the Accept button above. I'd like to share my calendar with you Traver, Haydee (HTRAVER@AACPS.org) would like to share an Outlook calendar with you called "AB School Calendar". You'll be able to see all details of events on this calendar.
Cardio Drumming Loan Centers 	• Sign up directions • Equipment is communicated & transferred from teacher to teacher through the host • Contact is host school and/or Meghan If you have questions, please feel free to reach out to Nick Klug or Meghan Bellarin.
Physical Activity Assessment Form 	Use this NEW form for any student who has an injury or medical condition that limits what they can do in PE or Dance. The form specifies what the student is able to do in your class with appropriate modifications.
Questions about a student with disabilities in your class? Concerns about working with a Special Education teaching assistant? Need adapted PE equipment? 	Wondering who is your contact person for Adapted Health/PE/Dance? Check out this list to see who to contact! They can assist by observing a class, student, teaching assistant, whatever you need - and provide feedback and suggestions.
Looking for strategies to support your students with disabilities? Don't forget about the Adapted HPED	Don't forget to check out the Adapted HPED Newsletter for additional strategies and opportunities to best support your students who

Newsletter!



may need modifications and to promote inclusion!

Working with Teaching Assistants and TSAs in PE and Dance
Use [this document](#) as a starting point for communicating with your paraprofessionals (teaching assistants, TSAs).

Need more help? Contact Deb or Amy!

AACPS HPED Team Store



Click [here](#) to view the SWAG!

AACPS HPED on Instagram



AACPS HPED - Follow us @aacpshped

Tag us when you post!!