

Appendix A

DRAFT- Final Appendix to be completed by June 1, 2026

The Watertown Public Schools implement **MyCAP (My Career and Academic Plan)** as the framework for middle school career exploration and planning. The following grade-level scope and sequence outlines how students build self-awareness, explore careers, and begin high school planning. All activities align with the Massachusetts Department of Elementary and Secondary Education’s **College, Career, and Civic Readiness (CCCCR) standards** and DESE’s 603 CMR 4.00 requirements.

Grade	Domains & Objectives	Representative Lessons/Activities
6 – Career Awareness & Exploration	<i>Career Awareness (Personal/Social):</i> Identify personal and cultural values, strengths, and limitations; develop self-confidence and personal responsibility. <i>Career Exploration:</i> Understand career vocabulary and clusters; identify careers aligned to personal interests. <i>Career Immersion:</i> Strengthen organization and time management; recognize the importance of academic success for high school.	• Create a MEFA Pathway profile and complete interest, values, and skills assessments. • Develop personal goals and an action plan in MEFA Pathway. • Participate in a mini career fair and design career-cluster posters. • Create a Guide to Middle School Success pamphlet for incoming students.
7 – Deepening Career Exploration	<i>Career Awareness:</i> Develop growth mindset; practice resilience and perseverance; build healthy relationships and conflict resolution skills. <i>Career Exploration:</i> Identify workplace skills and behaviors; understand stages of career development and postsecondary options. <i>Career Immersion:</i> Link academic courses with postsecondary and career pathways.	• Set personal goals and strategies for success. • Create reflections or artwork demonstrating resilience. • Participate in a career speaker day to hear from professionals in diverse fields. • Design a Success Pamphlet describing skills and behaviors needed for a chosen job. • Create a career pathway timeline connecting middle school

		coursework to postsecondary requirements.
8 – Career Immersion & High School Transition	<i>Career Awareness:</i> Strengthen decision-making; identify skills and behaviors necessary for high school success. <i>Career Exploration:</i> Research details of careers of interest (education, salary, skills); create a career action plan; understand part-time job requirements. <i>Career Immersion:</i> Align high school course selections and extracurricular choices with career goals; ensure passing of all middle school courses.	• Complete Discovering Jobs and Employers and Saving Careers to My Career List in MEFA Pathway. • Prepare a Capstone Project highlighting career of interest, required training, and high school course planning. • Complete a sample job application. • Develop and upload a four-year high school academic plan and identify academic goals for grade 9.

Implementation Notes

- All lessons and activities are documented in each student's MyCAP digital portfolio, forming a longitudinal record that informs course selection, career pathway planning, and applications to high school vocational/technical programs.
- Integration of MEFA Pathway and Learning Blade supports career interest inventories, goal setting, and ongoing reflection.