



FLEX DAY

Recordings and Materials

How Can We Continue to Be Best at What's Next?

Tuesday, August 17, 2021

[Evaluate the overall August 17 Flex Day](#)

9:00am - 9:30am

Welcome and Opening Remarks (*In person with LiveStream via Zoom*)

College of San Mateo's New President, Dr. Jennifer Taylor-Mendoza, Classified Senate President, Fauzi Hamadeh, Academic Senate Co-President, Teresa Morris, Associated Students of CSM President, Andrea Morales

Bayview Dining Room

(Mechanical ventilation as well as open doors and socially distanced tables and chairs. Masks required.)

[Watch the recording](#)

[Review the session materials](#)

[Evaluate this session](#)

9:30am - 10:00am

Safety Panel Discussion (*In person with LiveStream via Zoom*)

Dr. Jennifer Taylor-Mendoza, CSM President, Ben'Zara Minkin, District Emergency Manager and Michele Rudovsky, District Facilities Manager

Bayview Dining Room (Building 10)

(Mechanical ventilation as well as open doors and socially distanced tables and chairs. Masks required.)

[Watch the recording](#)

[Review the session materials](#)

[Evaluate this session](#)

10:30am - 11:30am

Mid Morning Concurrent Sessions (*All sessions online.*)

Honors, Rigor, Equity

David Laderman and Tatiana Irwin

In this session, geared toward foundation and seminar faculty (but open to all), we hope to fruitfully dig deep into the meaning of "honors," in the context of our uniquely student-centered and flexible program model. What exactly constitutes honors coursework, across various disciplines and campus departments? How do we accommodate (and celebrate) all the diverse versions of honors, according to student, course, and instructor--while maintaining a clear standard of academic rigor, one that will effectively prepare students for transfer, and beyond? In the spirit of better integrating our firm commitment to inclusive open access with meaningful academic rigor, we invite faculty to help us move toward establishing some useful, flexible guidelines--both by department, and for the college as a whole.

Watch the recording

Review the session materials

[Evaluate this session](#)

Humanizing Pedagogy While Centering Self Care

Heidi Pereira, Yen Tran, and Bryan Swartout

Provide tools, strategies, language, resources, and confidence for adults to talk and teach about race and anti-racism. Engage in community that regularly inhabits a space between comfort and panic--- a place that we will refer to as the "stretch zone." Prioritize to continue to grow and to continue to challenge ourselves to continually open the hearts and minds of our colleagues through courageous conversations that might well exist outside of our comfort zone.

Review the session materials:

- Video 1 "Why Racial Literacy as a tool?": <https://youtu.be/JpnbYtDEACk>
- Video 2: "Insert Fear of a brown Planet by Aamar Rahman":
https://youtu.be/dw_mRaIHb-M
- Book Mentioned: "To Black Parents Visiting Earth" by Janet Stickmon
- Other resources and organizations:
 1. Equity Institute: <https://equityinstitute.com/about.php>
 2. Rise for Racial Justice: <https://www.riseforracialjustice.org/>
 3. Abolitionist Teaching Network: <https://abolitionistteachingnetwork.org/>
 4. <https://www.racialequityinstitute.com/new-events>
 5. <https://www.equityliteracy.org/services>
 6. <https://www.raceforward.org/trainings>
 7. <https://belonging.berkeley.edu/>
 8. [critical race studies in education ok association](#)

[Evaluate this session](#)

Distance Education Recap, Updates and What's to Come at CSM/SMCCD

Marisol Quevedo and Erica Reynolds

Session will include an interactive presentation with a student panel/student videos focused on accessibility/equity issues they've experienced in the remote learning environment. Participants will be provided with brief demos of various educational technology tools to address student challenges to enhance teaching and create a more inclusive learning environment.

Watch the video

[Evaluate this session](#)

Create a Sense of Belonging with Names in the Classroom and Office

Aubrey Kuan Roderick and Liz Schuler

Create inclusive, respectful spaces for all students and colleagues from the first point of contact. Prepare for the new semester with some strategies and materials to help you create a safe and welcoming space for your students by using their correct names and pronunciation.

[Watch the recording](#)

[Review the session materials](#)

[Evaluate this session](#)

On Demand [Flex Day Flashback and other Asynchronous Options](#)

(Build your own PD: Check out our Asynchronous Options on Wellness, Equity, and Technology)

11:45am - 12:45pm

Late Morning Concurrent Sessions **(All sessions online.)**

Dr. Sara Kaplan's *The Black Reproductive*: Following Up and Looking Ahead

Dr. Malathi Iyengar, Dr. Jeremiah Sims, and Lezlee Ware

Review, explore, and engage with colleagues about [Dr. Sara Kaplan's April 22 Flex Day book talk](#) (**Passcode: 9nExw@Ju**) and kick off a fall book club for [The Black Reproductive: Unfree Labor and Insurgent Motherhood](#).

[Evaluate this session](#)

Using Program Mapper as a Tool for Exploration

Guided Pathways Team

Launching this month, the CSM Program Mapper is a brand-new tool for students to explore different degree and certificate options. Join us to learn more about how to use the tool, engage students and next steps for Program Mapper.

[Watch the recording](#)

[Evaluate this session](#)

Review and Explore OER/ZTC (Part 1 of 4 Part Flex Day Series)

Chris Smith, OER Liaison

Upack the similarities and differences between OER (Open Education Resources), ZTC (Zero Textbook Cost), Low-Cost, textbooks and reviewing the textbook adoption process. Review the [ISKME's Open Educational Practice Rubric](#) and explore using CSM's [Getting Started Resource](#) in this session.

[Watch the recording](#)

[Evaluate this session](#)

On Demand [Flex Day Flashback and other Asynchronous Options](#)

(Build your own PD: Check out our Asynchronous Options on Wellness, Equity, and Technology below)

12:45pm - 1:45pm

Lunch with Colleagues

1:45pm - 3:15pm

Afternoon Concurrent Sessions (All sessions online.)

Program Review Guidance Session

Arielle Smith, Madeleine Murphy, Teresa Morris, Jesenia Diaz, Hilary Goodkind, Monique Nakagawa, and Heeju Jang

Review the new document for Fall 2021 Program Review and guidance document to help faculty in completing their program reviews.

[Watch the recording](#)

[Review the session materials](#)

[Evaluate this session](#)

Supporting Students in a Changing Environment

Allie Fasth, Kelsey Harrison, Rene Anderson, Yvette Butterworth & Guided Pathways Team

Our first-generation students of color have faced compounding inequities over the last 18 months. As we begin to slowly transition back to in person services, our goal is to build community with our students and support those with high needs first. This session will focus on how Academic & Career Communities can support students as some transition back to in-person, hybrid or continue remotely. Please join us to connect with other staff, faculty & administrators to discuss ideas about how we can welcome students to CSM, reconnect and engage with students from marginalized communities and create support teams.

[Watch the recording](#)

[Evaluate this session](#)

DE Drop in Assistance

Marisol Quevedo and Erica Reynolds

Have questions on how to best communicate with and engage students? Your campus DE Team will be available to help answer specific questions.

[Evaluate this session](#)

On Demand [Flex Day Flashback and other Asynchronous Options](#)

(Build your own PD: Check out our Asynchronous Options on Wellness, Equity, and Technology)

Flex Day Flashback and other Asynchronous Options

Wellness

Yoga Practice Playlist

Denaya Dailey

In keeping with our self-care theme, Dance and Fitness professor Denaya Dailey has made her teaching video playlists available to faculty and staff. Enjoy the student experience of practicing yoga in the comfort of your home. This “Virtual Open House” will go beyond just an hour of yoga by enabling you to build and customize your own routines to support you throughout the semester and beyond.

Recommended Shorter videos

1. [Going Deep: Posture](#)
2. [Mid-Day Desk Stretch 1](#)
3. [Mid-Day Desk Stretch 2](#)
4. [Invigorating Pranayama Practice](#)
5. [Yoga Nidra Meditation](#)
6. [Fire Up Your Core](#)

Recommended Longer videos

1. [Downward Dog: Adho Mukha Svanasana](#)
2. [Deep Stretch: Neck, Shoulders & Hips](#)
3. [Inner Warrior](#)

Recognizing Student Distress in Online and Distance Education Modalities

Wellness Center Team, including Gil Perez and Nicole Salviejo

As we proceed to continue to hold courses in distance education modalities, learn how you, as a faculty or staff member, can identify possible mental health issues in your students online, steps you can take to respond to any concerns that arise about a student, and help them connect to needed resources when you aren't meeting with them in person. The CSM Wellness Center team will share current available resources in the areas of basic needs, health services, and personal counseling to support your students. All faculty and staff are welcome to attend this workshop.

- [Check out the materials](#)

Learning about Grief and Honoring our Collective Mourning

Alexandra Caldeira and Betsy Cameron, CSM Personal Counselors

A gentle exploration and acknowledgment of our individual and collective grief and the different ways it can show up in our lives. We will explore through writing and breakout rooms our own individual experiences and end with an honoring of our collective mourning.

- [Session materials](#)

U-Jam (All Levels)

U-Jam Instructor: Dr. Liza Erpelo

World of Dance U-Jam, the first format under the World of Dance Fitness umbrella, brings the talented choreography of World of Dance dancers and turns it into an addictive dance fitness format that will make you move, sweat, and smile. Expect funky, adrenaline-based urban beats from around the world with easy-to-follow choreo so that everyone, everywhere, can get their jam on.

<https://www.worldofdancefitness.com/>

Requirements-No dance experience necessary! Have water and a towel, wear shoes, give yourself plenty of dance space. Listen to your body -- modify anything you need to. Most importantly -- HAVE FUN!

- [Watch the video](#)

For more Wellness related Flex Day Flashbacks, check out the [Flex Day Archive](#).

Equity

CSM SafeZone Committee Playlist

1. August 2020 Keynote: [Dimensions of Gender with Joel Baum from Gender Spectrum](#)
2. August 2020 Workshop: [LGBTQ+ Student Equity at CSM](#) + [Session materials](#)
3. January 2021 Training: [SafeZone Training Part I: Equity and Intersectionality and Part 2: Advocacy](#) + [Session materials](#)
4. April 2021 workshop: [Creating LGBTQ+ Affirming Spaces](#) + [Session materials](#)

Watched the playlist? Want to become an ally and/or join the CSM SafeZone Committee? Contact Evan Kaiser, CSM SafeZone Chair at kaisere@smccd.edu.

Moving towards Antiracism: Exploring and Working with the I.M.P.A.C.T. Evaluation Grid (Parts 1-3 of the Flex Day series) Playlist

Dr. Jeremiah Sims

Explore and work with the I.M.P.A.C.T. Evaluation Grid and beginning to audit current CSM policies and practices that are steeped in anti-Black and other forms of racism.

- [Part 1: August 18, 2020](#)
- [Part 2: October 15, 2020](#) (Passcode: S&p&n1qX)
- [Part 3: January 15, 2021](#)
- [Session materials](#)

For more Equity related Flex Day Flashbacks, check out the [Flex Day Archive](#).

Technology

ITS Playlist

Daman Grewal, Chris Smith, and Victor Quintanilla, ITS

1. [Explore the Functionality of Microsoft Teams](#)
2. [Tips and Tricks for Zoom meetings + Maximize your Adobe Cloud Tools](#)
3. [Tips and Tricks: Using Outlook Inbox and Microsoft ToDo Effectively](#)
4. [Keeping SMCCCD Safe from Cyber Crime While Working from Home](#) + [Session materials](#)

CSM DE Showcase Playlist

SMCCCD Instructional Technologists and Designers

Explore the Faculty and Staff Canvas Showcases for ideas and inspiration.

1. [Share Your Awesomeness: Faculty Showcase for Online Teaching and Learning](#)
2. [Support Services Online](#)

DE Technology Remix

Erica Reynolds and Marisol Quevedo

Explore Panopto, Pronto, and other new technologies with these short instructional videos from our Instructional Technologists.

Canvas

- [How to Change Your Preferred Pronouns](#)
- [How to Use the New Rich Content Editor](#)

Panopto

- [How to Use Panopto with Canvas](#)
- [Getting Started: Record a Video](#)

- [Getting Started: Edit a Video](#)
- [How to Trim a Video in the Editor](#)

Zoom

- [Scheduling Zoom Meetings Within Canvas](#)
- [How To Setup and Use Waiting Rooms for Office Hours & Drop-Ins](#)
- [How to use Breakout Rooms in Zoom](#)
- [How To Use \(In Meeting\) Polling in Zoom](#)

Pronto

- [How to Use Pronto Within Canvas](#)

For more Technology related Flex Day Flashbacks, check out the [Flex Day Archive](#).