

Hậu quả của việc mất vệ sinh da

Tiếp xúc với khói, bụi, thuốc lá, đồ vệ sinh cá nhân, son môi,... hàng ngày mà không được vệ sinh sạch sẽ dẫn đến bít tắc lỗ chân lông, sẽ gây ra mụn, bong tróc, da sần sùi, lỗ chân lông to, sẽ đẩy nhanh quá trình lão hóa. Theo thời gian, bụi bẩn tích tụ dưới lỗ chân lông sẽ khiến vi khuẩn sinh sôi, khiến da bị viêm nhiễm, mụn bọc, mụn bọc, nang lông... càng dễ bị tổn thương, càng khó chữa trị.

Làm sạch sâu: Sự kết hợp của các sản phẩm làm sạch trong chu trình làm sạch da cho phép chị em loại bỏ bụi bẩn sâu từ bên trong mà đôi khi khó làm sạch bằng nước.

Loại bỏ mỡ thừa, hạn chế nếp nhăn: Dầu thừa trên da có cấu trúc gồm các axit béo, có liên kết khá bền chặt. Sữa rửa mặt với bọt nhẹ nhàng và các thành phần hoạt tính, sẽ bám bụi bẩn và kéo chúng đi một cách dễ dàng. Do đó, việc rửa mặt trở nên nhẹ nhàng hơn, không cần dùng lực mạnh khiến da dễ bị nhăn mà vẫn đảm bảo da luôn sạch sẽ.

Phòng chống các bệnh ngoài da: Các hoạt chất có trong sữa rửa mặt sẽ tiêu diệt vi khuẩn gây mụn, giúp da luôn sạch sẽ. Nếu không có sữa rửa mặt loại bỏ cùng vi khuẩn trên da, các sản phẩm điều trị ở các bước sau sẽ không thể phát huy tác dụng.



Giúp các sản phẩm dưỡng da thẩm thấu tốt vào da: Khi da sạch, không còn vi khuẩn, lỗ chân lông thông thoáng thì dưỡng chất mới có thể thẩm sâu và đầy da.

Làm sạch hoàn hảo: Sản phẩm làm sạch loại bỏ bụi bẩn, tạp chất, dầu thừa sâu trong lỗ chân lông mà nước thông thường không thể làm sạch được.

– Chọn sản phẩm an toàn, không làm khô da: Làm sạch da mặt bằng thảo dược thiên nhiên dịu nhẹ đang là xu hướng lựa chọn của nhiều chị em bởi tính dịu nhẹ và an toàn cho da. Sản phẩm được làm từ các thành phần thảo dược thiên nhiên sẽ hạn chế các thành phần làm trắng da và không gây khô da.

– Không gây kích ứng da và dễ sử dụng: Hãy chọn những sản phẩm tinh tế và thử trước một lượng nhỏ để kiểm tra.

– Phù hợp với tình trạng da: Tùy theo tình trạng da mà bạn có thể lựa chọn sản phẩm rửa mặt phù hợp cho da dầu, da khô, da hỗn hợp, da nhạy cảm ...

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Nguồn: RỬA MẶT ĐÚNG CÁCH

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