Microdosing

Resources

Learn more about Psychedelics | The Centre for Addiction and Mental Health (CAMH)

References

- The emerging science of microdosing: A systematic review of research on low dose psychedelics (1955–2021) and recommendations for the field | Neuroscience & Biobehavioral Reviews on ScienceDirect | August 2022

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- The therapeutic potential of microdosing psychedelics in depression | Therapeutic Advances in Psychopharmacology | 2020

- Potential safety, benefits, and influence of the placebo effect in microdosing psychedelic drugs: A systematic review | Neuroscience & Biobehavioral Reviews on ScienceDirect | December 2020