Middlesex County Outdoor Relay Championships Team Champions GIRLS

Year	Team
1978	East Brunswick
1979	Highland Park
1980	Highland Park
1981	East Brunswick
1982	East Brunswick
1983	South Brunswick
1984	East Brunswick
1985	East Brunswick / South Brunswick
1986*	Madison Central
1987	Madison Central
1988	Madison Central
1989	Madison Central / East Brunswick
1990	East Brunswick
1991	Madison Central
1992	Madison Central
1993	Madison Central
1994	East Brunswick
1995	Piscataway
1996	Metuchen

1997	Piscataway
1998	Metuchen
1999	Piscataway
2000	Old Bridge
2001	Old Bridge
2002	Old Bridge
2003	Old Bridge
2004	Old Bridge
2005	Old Bridge
2006	Old Bridge / South Brunswick
2007	South Brunswick
2008	South Brunswick
2009	South Brunswick
2010	South Brunswick
2011	South Brunswick
2012	South Brunswick
2013	South Brunswick
2014	South Brunswick
2015	South Brunswick
2016	South Brunswick
2017	South Brunswick
2018	South Brunswick
2019	South Brunswick

2020	RELAYS NOT CONTESTED
2021	
2022	East Brunswick
2023	South Brunswick
2024	South Brunswick
2025	South Brunswick

^{*} First year of the Greater Middlesex Conference

Number of Titles won since GMC was formed

South Brunswick	17
Old Bridge	14
East Brunswick	4
Piscataway	3
Metuchen	2

NOTE: Starting in the 1994-95 season, Madison Central merged with Cedar Ridge to become Old Bridge