

When developing the final draft of your book chapter, please try to adhere the template below with respect to font style, size, spacing, formatting structure, etc. Following these guidelines will help to enhance consistency across chapters and expedite the publishing process.

FORMATING GUIDELINES FOR ‘POWER OF PARKS’ BOOK

CHAPTERS [Chapter title should be ALL CAPS and it should be clear and concise, quickly conveying the central theme.]

Lincoln R. Larson¹, Peter J. Fix² [List affiliations for all authors as shown here.]

¹North Carolina State University, Raleigh, NC, USA

²University of Alaska, Fairbanks, AK, USA

Highlights: [List 3-5 highlights that summarize the key themes of your chapter.]

- Parks contribute to health and well-being
- Parks promote environmental literacy and stewardship
- Parks can enhance equity and inclusion
- Parks bolster community resilience and vitality

1. Why Focus on Parks

[Choose any headers you want, but number each as shown here. Headers are not required, but may help to improve the flow of ideas. Example text, with appropriate in-text citation format, follows.]

Persistent concerns about declining human health, environmental sustainability, and social equity demand innovative solutions. For decades, research has revealed that outdoor recreation, parks and green spaces have the capacity to address these issues by improving health and quality of life, encouraging environmental stewardship, promoting social equity and inclusion, and enhancing community vitality¹. This research, however, is scattered across a wide array of disciplines and publication outlets². This edited volume will synthesize the current state of knowledge regarding the broader benefits of parks and recreation and identify opportunities for generating equitable outcomes across diverse communities.

2. Layout of the Book

Focusing on the specific themes of Health & Well-being, Environmental Literacy & Stewardship, Equity & Inclusion, and Community Resilience & Vitality, nearly 50 chapters (written by diverse authors around the world) will illustrate how parks and recreation can transform the way people live and interact with social and ecological systems. The book will serve as a resource to help practitioners, policy-makers, researchers, students, and other key stakeholders across multiple disciplines understand, communicate, promote, and realize the diverse benefits of parks and recreation, ultimately impacting policy and planning on a path toward a sustainable future.

3. Chapter Structure and Formatting

Contributions (in the form of short chapters) should focus on broader impacts related to a particular topic or theme, not the results of individual research studies. Because our goal across each book section is to highlight a wide range of benefits, chapters are designed to be brief and should range in length from approximately 1,500-3,500 words. Ideally, each chapter will present a broad perspective of the current state of knowledge with respect to a particular theme, integrating relevant literature and examples (including case studies) as needed. Chapters could, in any order:

- Discuss what we know about the influence of parks on a certain topic or theme (by broadly summarizing existing research and knowledge) and why this is important,
- Provide at least one (and preferably more) concrete examples of this “transformative power” in action (via research studies, case studies, direct experience, etc.)
- Highlight lessons learned and implications for policy and practice (including tangible recommendations for practitioners), and
- Acknowledge any persistent challenges and/or address questions that remain unanswered (noting research/knowledge gaps and future opportunities).

Your contribution does not need to address all of these or follow this exact format.

Recommendations for Writing Style

[As you write, you may want to call out specific case studies or short vignettes using text boxes as shown here. These can occur within larger sections of the chapter.]

Chapters are NOT designed to be conventional research articles. Instead, they should resemble relatively short literature reviews or policy briefs, and they should be written in a way that is accessible to multiple audiences (e.g., researchers, practitioners, policy-makers). Chapters should build on existing reviews of related topics and concrete examples to clearly and concisely indicate practical implications and highlight the transformative power of parks in each domain.

To get a better sense of what we envision, check out articles on [The Conversation](#), a science news website where experts share their knowledge about contemporary issues³. [Because this is an e-book, you are welcome to embed relevant hyperlinks in the text as you see fit]

While many chapters will adopt a summary/synthesis style using the format describe above, we realize that others might elect to hone in on specific case studies, or vignettes, related to themes within each impact category. These contributions might highlight a study, program, or process showing each theme in action. However, like all contributions, they should demonstrate a clear connection to parks and outdoor recreation (defined in the broadest possible sense). They should also provide sufficient context to illustrate how a particular case study is relevant and fits into the larger body of knowledge surrounding a theme.

4. Reference Formatting

[See example citations through the text and in “Notes & References at the end.”]

To effectively convey the “power of parks,” evidence and examples are critical. You are therefore encouraged to add citations and references throughout your chapter. When adding citations, please use chapter endnotes indicated by in-text superscript Arabic numbers that follow the punctuation of the phrase or clause to which the note refers. Use continuous numbers

throughout the chapter. When adding reference information in the endnotes at the end of the chapter, follow APA 7th Edition guidelines⁴.

5. Images and Figures

[We strongly encourage authors to submit at least one publishable image with their chapter. If you have already submitted images, there is no need to send them again.]

We encourage all authors to consider including at least one image (which could be a photo and/or figure) to pair with their chapter. These should be .JPG, .PNG, .TIF or other image files with a minimum resolution of 300 dpi. If tables and figures are included, they should follow APA 7th Edition guidelines⁴. Color images and figures are fine and will work well with the e-book format.

6. Final Reminders

When writing, keep in mind that your contribution will be part of a larger book with approximately 50 chapters highlighting themes across a variety of larger impact categories: Health & Well-being, Environmental Literacy & Stewardship, Equity & Inclusion, and Community Resilience & Vitality. As an editorial team, we will attempt to minimize redundancy as much as we can, while acknowledging that some overlap is inevitable and important. Our guidance and suggestions throughout the review process will occur with this bigger picture in mind. To help you understand how your chapter will be integrated with the other content in your section and throughout the book, please see the outline of book sections, chapter titles, and authors, including an overview of how your specific section will be organized.

Notes & References

[Consult [APA 7th Edition](#) guidelines for details about formatting for different sources in the reference list. Add informative notes as needed. The list of notes and references should appear at the end of the chapter, not as footnotes and not in the text itself. This should enhance readability.]

1. Larson, L. R., Fix, P. J., Lekies, K., Park, S., Scholl, K., Stein, T., & Tidball, K. (2021). *The transformative power of parks*. Sagamore-Venture Publishing.
2. Example Author, A., & Example Author, B. (2021). The benefits of parks: a review. *Journal of Park Research*, 2(1), 25-50. <https://doi.org/exampledoi12345>
3. The Conversation publishes numerous articles written by scientists for general audiences. The articles span a variety of disciplines, and include titles such as: [Can parks help cities fight crime?](#); [Twitter posts show people are profoundly sad – and visiting parks to cheer up](#); [Why communities should be designing parks for older adults](#); and [Parks help cities – but only if people use them](#). Your chapter does not need to mirror this journalistic format. However, these examples help to illustrate the “easy-to-read and digest” tone that we hope to set.
4. Purdue Online Writing Lab (OWL). (2021, August 6). *APA Style Workshop*. https://owl.purdue.edu/owl/research_and_citation/apa_style/apa_overview_and_workshop.html