

Protester Resources

Staying Safe While
on the Ground



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- [How to Safely Protest in a Pandemic](#)
 - [Black Lives Matter Protest Info](#)
 - [Twitter thread of safety tips while protesting](#)
 - [Safety During Protest - from Amnesty USA](#)
 - [What to Wear/Carry/Do to Protest Safely](#)
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 - [Protect your Protest](#)
 - [A Simple Guide to the Do's and Don'ts](#)
 - [A Few Small Tips for Attending Your First Protest March](#)
 - [Staying Safe During Civil Unrest](#)

- [10 Ways to Stay Safe While Protesting](#)
- [Know Your Rights as a Protestor in Chicago](#)
- [Conoce Sus Derechos a Protestar en Chicago](#)
- [Defense for Activists - Legal Help from the National Lawyers Guild Chicago](#)
- [Brave Space Alliance Crisis Pantry](#)

- **Lakeview Pantry**
3945 N Sheridan
773.525.1777 Open
Monday, Wednesday,
Friday from noon-4 p.m,;
no proof of residence is
required.

- **Care for Real**
5339 N Sheridan Rd
773.769.6182 Open

Monday, Wednesday,
Friday from 9 a.m-noon;
Saturday 9 a.m. – 1 p.m.-
First visit ok without proof
of residency, then you need
local ID