

KALEN D. ZEIGER

Doctor of Philosophy in Couple and Family Therapy

Licensed Marriage and Family Therapist

Measurement and Statistics • Queer Affirming Care • Trauma • Inclusive Health Care

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EDUCATION

ACADEMIC CREDENTIALS

December 2024	Doctor of Philosophy , Couple and Family Therapy Major in Psychological and Quantitative Foundations University of Iowa, Iowa City, IA Dissertation: <i>Trans Inclusive and Competent Clinical Practices: Improving Clinical Intakes and Settings</i> Chair: Dr. Jacob B. Priest
December 2025	Master of Arts , Educational Measurement and Statistics University of Iowa, Iowa City, IA Thesis: <i>Factor Analysis of Modified LGBT Minority Stress Scale for BIPOC LGBTQ+ American Population</i> Chair: Dr. Lesa Hoffman
May 2022	Graduate Certificate , College Teaching University of Iowa, Iowa City, IA
May 2020	Master of Science , Human Development and Family Science Specialization: Marriage and Family Therapy University of Central Missouri, Warrensburg, MO Thesis: <i>A Narrative Inquiry into Trans and Gender Variant Identities and Adverse Stress Experiences</i> Chair: Dr. Jaimee Hartenstein
April 2018	Bachelor of Arts , Psychology Minors: Anthropology, Sociology, Women's Studies <i>Summa Cum Laude</i> Columbia College, Columbia, MO

PROFESSIONAL CREDENTIALS

January 2025 — Present	Licensed Marriage and Family Therapist (LMFT) in Colorado. Colorado Department of Regulatory Agencies, Division of Professions and Occupations, State Board of Marriage and Family Therapist Examiners, License Number: MFT.0002784
September 2024 — Present	Licensed Marriage and Family Therapist (LMFT) in Wisconsin. The State of Wisconsin, Department of Safety and Professional Services, MPSW Joint Board, License Number: 2244 - 124
July 2024 — Present	Licensed Marital and Family Therapist (LMFT) in Iowa. Board of Behavioral Science, IDPH/Bureau of Professional Licensure, Iowa Department of Public Health, License Number: 112891
May 2019 — Present	Certified Clinical Trauma Professional (CCTP) International Association of Trauma Professionals, Evergreen Certifications, Certification Number: 496816
May 2019 — Present	Certified Family Trauma Professional (CFTP) International Association of Trauma Professionals, Evergreen Certifications, Certification Number: 952552
January 2023 — Present	Supervisor Candidate American Association for Marriage and Family Therapy (AAMFT), AAMFT ID Number: 181908

FACULTY APPOINTMENTS

FULL-TIME

August 2025 — Present	Core Faculty (Remote), Couple and Family Therapy Program, School of Counseling, Therapy, and Psychology, Division of Relational Therapies, Antioch University, Seattle, WA
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PART-TIME

August 2025 — Present	Adjunct Faculty (Remote), Teaching Instructor, Couple and Family Therapy Program, California School of Professional Psychology, Alliant International University, Alhambra, CA
June 2025 — Present	Affiliate Faculty, Clinical Supervisor, Marriage and Family Therapy Program, Denver Family Institute, Denver, CO

HONORS and AWARDS

RECOGNITIONS

Fall 2024	NCFR Honors, NCFR Honors Student Recognition Program, National Council on Family Relations
May 2022	Social Justice Award, Couple and Family Therapy Program, University of Iowa, Iowa City, IA. \$700.00
April 2020	Level I Award for E-entry Research Presentation: <i>A Narrative Inquiry into Trans and Gender Variant Identities and Adverse Stress Experiences</i> , Graduate Scholars Symposium - University of Central Missouri, Warrensburg, MO. \$200.00
April 2019	Level I Award for Research Poster and Presentation: <i>The Role of Resources and Security on Primary Caregiver Negative Parenting Behaviors</i> , Graduate Scholars Symposium - University of Central Missouri, Warrensburg, MO. \$50.00
May 2018	The Presidential Award, Columbia College, Columbia, MO
April 2018	Summa Cum Laude, Columbia College, Columbia, MO
Spring 2016 — Spring 2018	Dean's List, Columbia College, Columbia, MO

SCHOLARSHIPS

April 2021, April 2022, April 2023, April 2024	Emma E. Holmes Education Scholarship, University of Iowa, Iowa City, IA. \$8,000.00 (\$2,000.00 per year)
April 2020	Reid Hemphill Outstanding Graduate Student Scholarship: Overall University Winner, University of Central Missouri, Warrensburg, MO. \$1,000.00
April 2020	Reid Hemphill Outstanding Graduate Student Scholarship: Harmon College of Business and Professional Studies Winner, University of Central Missouri, Warrensburg, MO. \$2,000.00

HONOR SOCIETIES

Inducted September 2019	Phi Kappa Phi, Chapter Number 135, University of Central Missouri, Warrensburg, MO
Inducted February 2017	Alpha Sigma Lambda, Omega Zeta Chapter, Columbia College, Columbia, MO

PUBLICATIONS

REFEREED PUBLICATIONS

- Gutierrez, D., **Zeiger, K. D.**, Rago, C., Rodriguez Jimenez, K., Schiff, B., & McGee, S. (2024). Loss of safe spaces: Ambiguous loss and minority stressors of BIPOC LGBTQ+ communities amidst the covid-19 pandemic. *Sexual and Gender Diversity in Social Services*, 1–27. <https://doi.org/10.1080/29933021.2024.2407346>
- Rochford, H. I., **Zeiger, K. D.**, & Peek-Asa, C. (2023). State-level education policies: Opportunities for secondary prevention of child maltreatment. *Child Abuse & Neglect*, 136, 106018. <https://doi.org/10.1016/j.chiabu.2022.106018>
- Zeiger, K. D.**, Ball, M.A. (2022) How the Compulsory Gender Binary Language in the DSM-5's Category of Sexual Interest Disorders Interacts Negatively with Patients' Nonbinary and Genderqueer Identities. *Sexuality & Culture* 26, 1531–1539 (2022). <https://doi.org/10.1007/s12119-022-09950-0>.

Rochford, H. I., **Zeiger, K. D.**, & Peek-Asa, C. (2022). Child Care Subsidies: Opportunities for Prevention of Child Maltreatment. *Child and Adolescent Social Work Journal*, 1-11.
<https://doi.org/10.1007/s10560-022-00887-9>

Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (2022). School-based policies for child maltreatment recognition & response. *Injury Prevention*.

BOOK CHAPTERS

Zeiger, K. D. (2026). Cameras Off: Gender Dysphoria in Teletherapy. In Rebecca Cobb. (Ed), *The Therapist's Notebook for Teletherapy with Children and Adolescents: Creative Interventions for Effective Online Therapy*. Routledge

Zeiger, K. D. & Goslin, A. (2021). Parenting. In Priest, J. B., Williams, R. M. C., & Lee, A. (Eds), *Relate: Sex, Intimacy, and Conflict*. University of Iowa Pressbooks

BRIEFS and WEB PUBLICATIONS

Zeiger, K. D. (2025). *The Benefits of Online Psychiatry*. (Medically-Reviewed Web Article Update) Choosing Therapy

Galebovic, M., & **Zeiger, K. D.** (2024). *How to Start Therapy: 9 Tips from a Therapist*. (Medically-Reviewed Web Article Update) Choosing Therapy

Antonatos, L., & **Zeiger, K. D.** (2024). *Signs of an Emotional Affair*. (Medically-Reviewed Web Article Update) Choosing Therapy

Mimms, K., & **Zeiger, K. D.** (2024). *The 7 Stages of Emotional Affairs & How to Recover*. (Medically-Reviewed Web Article Update) Choosing Therapy

Arzt, N., & **Zeiger, K. D.** (2024). *20 Signs of a Serial Cheater & How to Spot Them*. (Medically-Reviewed Web Article Update) Choosing Therapy

Arzt, N., & **Zeiger, K. D.** (2024). *Is Sexting Cheating?* (Medically-Reviewed Web Article Update) Choosing Therapy

Gulotta, J., & **Zeiger, K. D.** (2024). *Is Texting Cheating?* (Medically-Reviewed Web Article Update) Choosing Therapy

Zeiger, K. D. (2023). *What Is Chronic Trauma? Symptoms, Examples, & Treatment* (Medically-Reviewed Web Article). Choosing Therapy.
<https://www.choosingtherapy.com/chronic-trauma/>

Zeiger, K. D. (2023). *Post Holiday Blues: What It Is and How to Cope* (Medically-Reviewed Web Article). Choosing Therapy. <https://www.choosingtherapy.com/post-holiday-blues/>

Zeiger, K. D. (2023). *How to Forget Something on Purpose* (Medically-Reviewed Web Article). Choosing Therapy. <https://www.choosingtherapy.com/how-to-forget-something/>

Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (2022) Child Maltreatment Prevention: Policies Increasing Eligibility for Child Care Subsidies (University Policy Brief). *University of Iowa Injury Prevention Research Center.*

Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (2022) Child Maltreatment Prevention: School-based Recognition and Response Training Policies (University Policy Brief). *University of Iowa Injury Prevention Research Center.*

Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (2022) Child Maltreatment Prevention: Accessibility of Victim Services (University Policy Brief). *University of Iowa Injury Prevention Research Center.*

WORKS IN PROGRESS

Zeiger, K. D., Sandoval, J., & Thomas, B. (Journal Article In Progress). *Developing the T-QUIP: Trans-Inclusive Questionnaire for Updating Intake Practices.*

Zeiger, K. D. & Watters, E. R. (Journal Article In Progress). *Poly Affirmative, Competent, and Inclusive Couples and Partners Therapy.*

Zeiger, K. D. & Sandoval, J. (Journal Article In Progress). *Adverse Childhood Experiences Affect on Significant Relationships in Adolescents: Using a Family Ecological Theory and Family Stress and Resilience Theory Framework.*

Zeiger, K. D. & Hartenstein, J. L. (Journal Article In Progress). *“My Family Just Totally Rejected It”: A Narrative Exploration into Rural U.S. Trans and Gender Variant Identities and Adverse Stress Experiences.*

Watters, E. R., Gutierrez, D., & **Zeiger, K. D.** (Book In Progress). *Diversifying Statistical Methods for Couple and Family Therapists: A Practical, Systemic Guide to Data Analysis with SPSS & R.*

Watters, E. R., Reed-Fitzke, K., & **Zeiger, K. D.** (Journal Article In Progress). *Abuse and Adolescent Internalizing and Externalizing Behaviors: A Stress Process Approach to Examining the Role of Parental-Child Relationships.*

PRESENTATIONS

REFEREED CONFERENCE PRESENTATIONS

Gutierrez, D., **Zeiger, K. D.**, Watters, E. R., Rago, C., & Price, A., (November, 2025) *In the Midst of Chaos: A Path Analysis of Minority Stressors and the Loss of Safe Spaces for LGBTQ+ Communities During COVID* [Oral Presentation]. 9th Global Summit on Feminist and LGBTQ+ Studies (Feminist & LGBTQ+ Studies 2025). Vancouver, Canada

Zeiger, K. D. (November, 2024) *Cameras Off: Collaborating With Genderqueer Clients in Teletherapy* [Research Poster]. National Council on Family Relations Annual Conference. Bellevue, WA

Zaman, H. A., Hamilton, A. M., **Zeiger, K. D.**, & Sandoval, J. A. (November, 2024) *Wild Tactics: A Conversation Discussing Potential Practices and Education For Acknowledging, Honoring, and Engaging With Queer and Trans of Color Life During COVID-19* [Research Poster]. National Council on Family Relations Annual Conference. Bellevue, WA

Gutierrez, D., Rago, C., **Zeiger, K. D.**, Rodriguez Jimenez, K., Schiff, B., & McGee, S. (August, 2024) *Loss of Safe Spaces: Ambiguous Loss and Minority Stressors of BIPOC LGBTQ+ Communities Amidst the Covid-19 Pandemic* [Research Poster]. National LGBTQ Health Conference. Atlanta, GA

Watters, E. R., Reed-Fitzke, K., & **Zeiger, K. D.** (November, 2023) *Abuse and Adolescent Internalizing and Externalizing Behaviors: A Stress Process Approach to Examining the Role of Parent-Child Relationships* [Research Poster]. National Council on Family Relations Annual Conference. Orlando, FL

Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (April, 2023) *Parent Medicaid Eligibility: Opportunities for Prevention of Child Maltreatment* [Oral Presentation]. Society for the Advancement of Violence and Injury Research Annual Conference. Denver, CO

Gutierrez, D., **Zeiger, K. D.**, McGee, S., Rago, C., Schiff, B., Rodriguez Jimenez, K. (November, 2022). *Loss of Safe Spaces: Ambiguous Loss and Minority Stressors of BIPOC LGBTQ+ Communities Amidst the COVID-19 Pandemic* [Lightning Paper]. National Council on Family Relations Annual Conference. Minneapolis, MN

- Rochford, H., **Zeiger, K. D.**, & Peek-Asa, C. (April, 2022) *State-Level Education Policies: Opportunities for Secondary Prevention of Child Maltreatment* [Oral Presentation]. Society for the Advancement of Violence and Injury Research Annual Conference. Washington, D.C.
- Zeiger, K. D.** (August, 2021). *Working Towards Trans Inclusive Intake Paperwork and Processes* [Research Poster]. Transgender Professional Association for Transgender Health. Toronto, Ontario, Canada
- Zeiger, K. D.** (June, 2021). *The Need for Constructing Trans-Specific Milestones for Trans Identity Development Research and Literature: Age of Realization, Coming Out, and Transition* [Research Poster]. AAMFT Queer and Trans Advocacy Network Conference.
- Zeiger, K. D.**, & Hartenstein, J. L. (May, 2021). *Trans and Gender Variant, Identity Development and Adverse Childhood Experiences* [Oral Presentation]. Missouri Department of Mental Health - Spring Training Institute. St. Louis, MO
- Zeiger, K. D.** & Hartenstein J. L. (April, 2020). *A Narrative Inquiry into Trans and Gender Variant Identities and Adverse Stress Experiences* [Oral Presentation]. University of Central Missouri - Graduate Scholars Symposium, Warrensburg, MO.
- Zeiger, K. D.**, Edwards, E., Sanon, S., & Huff, S. (April, 2019). *The Role of Resources and Security on Primary Caregiver Negative Parenting Behaviors* [Research Poster]. University of Central Missouri Graduate Scholars Symposium, Warrensburg, MO.

GUEST LECTURES

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| February 2025 | <i>Psychopathology: Posttraumatic Stress Disorder</i> , Behavioral and Social Sciences Department, Western Colorado University, Gunnison, CO |
| November 2023 | <i>Competency and Working Towards Trans, Nonbinary, and Genderqueer Inclusive Practices</i> , Multiculturalism in Helping Professions, University of Iowa, Iowa City, IA |
| March 2023 | <i>What is Couple and Family Therapy?</i> , Introduction to Counseling Psychology, University of Iowa, Iowa City, IA |
| November 2022 | <i>Cultural Competency With the Trans and Nonbinary Population</i> , Multiculturalism in Helping Professions, University of Iowa, Iowa City, IA |

April 2022 *Cultural Competency With Transition Uncertainty and Ambivalence*, Internship in Rehabilitation Counseling, University of Iowa, Iowa City, IA

SPEAKING ENGAGEMENTS

July 2025 Guest Interviewee, Intersectional Module, LGBTQIA+ Affirming Therapy Systemic Therapy Certificate, American Association for Marriage and Family Therapy

April 2025 Panel Speaker, *LGBTQ Counseling, Advocacy, and Keeping Up with Policy*, Counselors for Social Justice, University of Iowa, Iowa City, IA

November 2024 Guest Speaker and Host, *Transgender Day of Remembrance Vigil*, Alliant International University, Alhambra, CA

October 2024 Panel Speaker, *Mental Health Considerations for Allies and Those Wondering About Coming Out*, National Coming Out Day Event, Counselors for Social Justice, University of Iowa, Iowa City, IA - *Originally Scheduled for October 2024, Postponed*

April 2024 Speaker and Trainer, *Queer Competencies and Inclusive Mental Health Care Practices*, Staff Training, Prism Therapy Group, Hiawatha, IA

November 2023 Guest Speaker and Host, *Transgender Day of Remembrance Vigil*, Alliant International University, Alhambra, CA

June 2023 Panel Speaker, *Meeting the Needs of Transgender and Gender Expansive Youth*, Justice Resource Institute, Needham, MA

November 2022 Guest Speaker and Co-Host, *Transgender Day of Remembrance Vigil*, Alliant International University, Alhambra, CA

June 2021 Speaker, *#PrideMonth Research Series*, College of Education, University of Iowa, Iowa City, IA

April 2021	Speaker and Host, <i>LGBTQ+ Resources</i> , University of Iowa LGBTQ Counseling Clinic - LGBTQ+ Outreach Group, Iowa City, IA.
April 2021	Guest Speaker, Topics: <i>The Importance of Safe LGBTQ+ Virtual Spaces; LGBTQ+ Minority Stress, Adverse Stress, & Resilience; LGBTQ+ Identity Development & Milestones; Local & National LGBTQ+ Resources</i> , Mount Pleasant School District - Healthy You Day, Mount Pleasant, Iowa.
December 2020	Future Leader, <i>Remarks</i> , Graduate Commencement Ceremony, University of Central Missouri, Warrensburg, MO
October 2019	Panel Speaker, <i>Grad Student Panel</i> , Graduate Education & Research, University of Central Missouri, Warrensburg, MO

RESEARCH

STATISTICAL PACKAGES

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PROJECT and GRANT INVOLVEMENT

Project Name: National Gender and Sexuality Minority Stress Lab
Primary Investigators: Dumayi Gutierrez, Ph.D., LMFT, LMHP and Nat Roberts, MA
Institute Association: Multi-site
Role: Co-Investigator
Date: 2024 — Present
Grant Source: In Progress
Award Amount: In Progress

Project Name: Measuring TAPE: A Study of Trans-Affirming Providers' Experiences
Primary Investigator: Nat Roberts, MA
Institute Association: Gender and Family Project, Ackerman Institute for the Family
Role: Co-Investigator
Date: 2023 — Present

Project Name: Loss of Safe Spaces: How Ethnically and Sexually Marginalized Communities Utilize Resiliency to Combat Minority Stressors and Adverse Mental Health Outcomes During COVID-19

Primary Investigator: Dumayi Gutierrez, Ph.D., LMFT, LMHP

Institute Association: Alliant International University

Role: Co-Investigator

Date: 2022 — Present

Grant Source: Early Career Research Grant - Alliant International University

Award Amount: \$8,500.00

Project Name: State Education, Economic & Victim Services Policies: Opportunities for Child Maltreatment Mitigation across the Prevention Continuum

Primary Investigator: Hannah Rochford, PhD

Institute Association: University of Iowa

Role: Co-Investigator

Date: 2021 — 2022

Grant Source: Pilot Grant Program - Injury Prevention Research Center

Award Amount: \$22,000.00

RESEARCH and ANALYST POSITIONS

August 2020 — May 2024	Research Assistant, Dr. Jacob B. Priest, College of Education / Carver College of Medicine, University of Iowa, Iowa City, IA
August 2021 — May 2022	Research Assistant, Dr. Hannah Rochford, College of Public Health, University of Iowa, Iowa City, IA
Fall 2019	Spreadsheet Developer, Dynamic MFT Hours Sheets, Central Missouri Clinic for Individual, Couple, and Family Therapy, University of Central Missouri, Warrensburg, MO

SUPERVISING

TRAINING

September, 2024	Documentation and Risk Management in Behavioral Health: Top Ethical Challenges, 6.25 clock hours, Dr. Frederic G. Reamer, PESI Inc.
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Spring 2023	Supervision in Couple and Family Therapy, 3 graduate-level credit hours, Couple and Family Therapy Program, University of Iowa
February 2023	Culturally Responsive Clinical Supervision: Ethical and Trauma-Informed Multicultural Supervision Strategies, 6.25 clock hours, Dr. Sonja Sutherland, PESI Inc.
January 2023	Approved Supervision Fundamentals Course, 30 clock hours, Dr. Toni Zimmerman, American Association for Marriage and Family Therapy (AAMFT)

SUPERVISING, COORDINATING, and TRAINING POSITIONS

June 2025 — Present	Clinical Supervisor, Affiliate Faculty, Denver Family Institute, Denver, CO
September 2024 — Present	Director of Clinical Development and Outreach, Radiant Pathways Counseling and Wellness, Littleton, CO
August 2020 — May 2024	Associate Clinic Director, LGBTQ Counseling Clinic, University of Iowa, Iowa City, IA
January 2023 — May 2023	Assistant Clinical Supervisor of Practicum in Marriage and Family Therapy III, Mount Mercy University, Cedar Rapids, IA

AAMFT APPROVED SUPERVISOR MENTORS

September 2024 — Present	Neal Sheeley, LMFT, LICSW
May 2023 — December 2024	Jacob B. Priest, PhD, LMFT
January 2023 — May 2023	Kayla Reed Fitzke, PhD, LMFT

TEACHING

KEY EDUCATIONAL and DEVELOPMENTAL THEORIES

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| ❖ Piaget's Theory of Cognitive Development | ❖ Wittrock's Generative Learning Approach |
| ❖ Vygotsky's Sociocultural Theory | ❖ Bruner's Constructivist Theory |

TEACHING EXPERIENCE

CFT 7930	Core Faculty Instructor (Fall 2025) - Advanced Statistics, Antioch University
CFT 6480	Core Faculty Instructor (Fall 2025) - Intro to Couples Therapy, Antioch University
CFT 6301	Core Faculty Instructor (Fall 2025) - Sexual Attitudes Reassessment, Antioch University
PSY 602100	Adjunct Instructor (Fall 2025) - Advanced Statistics I, Alliant International University
PSQF 4106	Primary Instructor (Spring 2024) - Child Development, University of Iowa
MF 692	Assistant Clinical Supervisor (Spring 2023) - Practicum in Marriage and Family Therapy III, Mount Mercy University
PSQF 4106	Primary Instructor (Spring 2023) - Child Development, University of Iowa
PSQF 4143	Teaching Assistant (Fall 2021) - Introduction to Statistical Methods, University of Iowa
PSQF 4145	Teaching Assistant (Summer 2021) - Marriage and Family Interaction, University of Iowa
CFD 4260	Substitute Lecturer (Fall 2019) - Adulthood, University of Central Missouri
CFD 3230	Exam Proctor (May 2019) - Family Systems and Lifespan Development, University of Central Missouri
CFD 1010	Substitute Lecturer (Spring 2019) - Individual and Family Relationships, University of Central Missouri

CFD 3260

Substitute Lecturer (Fall 2018 - Spring 2019) - Youth
Development and Culture Studies, University of Central Missouri

CLINICAL

CORE THERAPY MODELS

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| ❖ Collaborative Therapy | ❖ Narrative Therapy |
| ❖ Eye Movement Desensitization and Reprocessing (EMDR) | ❖ Solution Focused Brief Therapy (SFBT) |
| ❖ Emotionally Focused Therapy (EFT) | ❖ Integrative Sex and Couples Therapy |

CLINICAL and COACHING EXPERIENCE

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| September 2024 — Present | Psychotherapist, Teletherapy, Radiant Pathways Counseling and Wellness, Littleton, CO |
| Sept 2023 — August 2025 | Psychotherapist, In-person & Teletherapy, Prism Therapy Group, Hiawatha, IA |
| August 2020 — May 2024 | Psychotherapist and Group Facilitator, Teletherapy and In-person, LGBTQ Counseling Clinic, University of Iowa, Iowa City, IA

Tele Groups: <ul style="list-style-type: none">• LGBTQ+, Founder and Facilitator• LGBTQ+ Parenting, Facilitator |
| July 2019 — March 2020 | Marriage and Family Therapist Intern and Group Facilitator, In-Person, Survival Adult Abuse Center, Warrensburg, MO

Solution-focused, In-residence, Outpatient Groups: <ul style="list-style-type: none">• Goal Group, Designer and Therapist• House Group, Designer and Therapist• Mindfulness Group, Designer and Therapist |

Community-Based, Outreach Groups:

- LGBTQ+, Founder and Facilitator
- Domestic and Sexual Violence, Co-Facilitator
- Parenting, Co-Facilitator

May 2019 — March 2020

Marriage and Family Student Therapist, In-Person, Central Missouri Clinic for Individual, Couple, and Family Therapy, University of Central Missouri, Warrensburg, MO

February 2008 — March 2012

Trainer and Coach, In-Person, Connecting for Children, joint initiative through Central Missouri Community Action and University of Missouri Extension, Columbia, MO

SERVICE

UNIVERSITY

August 2022 — April 2023

Member, Student Advisory Committee on Sexual Misconduct, University of Iowa, Iowa City, IA.

August 2022 — April 2023

Member, Campus Education Subcommittee, Student Advisory Committee on Sexual Misconduct, University of Iowa, Iowa City, IA.

COLLEGE

January 2022 — December 2022

Co-Chair, Graduate Student Executive Committee, College of Education, University of Iowa, Iowa City, IA.

February 2022 — December 2022

Co-Chair and Co-Founder, Diversity Equity & Inclusion Subcommittee, Graduate Student Executive Committee, College of Education, University of Iowa, Iowa City, IA.

PROGRAM

March 2021 — May 2024

Founder and Facilitator, LGBTQ+ Support Group, LGBTQ Counseling Clinic, Couple and Family Therapy Program, University of Iowa, Iowa City, IA

July 2021 — May 2023	Facilitator, LGBTQ+ Parenting Support Group, LGBTQ Counseling Clinic, Couple and Family Therapy Program, University of Iowa, Iowa City, IA
August 2018 — May 2020	Co-President, Central Council for Human Development and Family Science, Graduate Student Organization, Human Development and Family Science Program, University of Central Missouri, Warrensburg, MO
August 2019 — May 2020	Member, Recovery Central, Graduate Student Organization, Human Development and Family Science Program, University of Central Missouri, Warrensburg, MO
August 2018 — May 2020	Member, Central Council for Marriage and Family Therapy, Graduate Student Organization, Human Development and Family Science Program, University of Central Missouri, Warrensburg, MO

FIELD

2023 — Present	Peer Reviewer, Common Ground Research Networks
July 2019 — March 2020	Member, Sexual Assault Response Team, Survival Adult Abuse Center, Warrensburg, MO
October 2019 — March 2020	Founder and Co-facilitator, LGBTQ+ Outreach Group, Survival Adult Abuse Center, Warrensburg, MO
July 2019 — March 2020	Co-facilitator, Domestic and Sexual Violence Outreach Group, Survival Adult Abuse Center, Warrensburg, MO
July 2019 — March 2020	Co-facilitator, Parenting Outreach Group, Survival Adult Abuse Center, Warrensburg, MO
September 2019	Volunteer, Community Prayer Breakfast, Recovery Lighthouse, Warrensburg, MO
June 2019	Volunteer, Family Fun Day, Recovery Lighthouse, Warrensburg, MO
March 2019	Volunteer, Addressing Suicide: Systems and The Self, MO/KAN 2019 Annual Conference, American Association of Marriage and Family Therapists, Kansas City, KS

ADDITIONAL

ADDITIONAL EXPERIENCE

August 2018 — May 2019	Communication Graduate Assistant, University of Central Missouri, Warrensburg, MO
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ORGANIZATION MEMBERSHIP

July 2024 — Present	GLMA: Health Professionals Advancing LGBTQ+ Equality
June 2019 — Present	PACEs (Positive and Adverse Childhood Experiences) Connection
September 2018 — Present	American Association of Marriage and Family Therapy AAMFT Networks: MFTs Working in Trauma Queer and Trans Advocacy Family Team MO/KAN (2018-2020)
September 2018 — Present	National Council on Family Relations
August 2018 — May 2020	Central Council for Human Development and Family Science, Graduate Student Organization, University of Central Missouri, Warrensburg, MO
August 2019 — May 2020	Recovery Central - Graduate Student Organization, University of Central Missouri, Warrensburg, MO
August 2018 — May 2020	Central Council for Marriage and Family Therapy, Graduate Student Organization, University of Central Missouri, Warrensburg, MO