

Factual & Trustworthy Resources To Stay Informed

We don't know how to say this any other way: PLEASE, be kind and responsible with yourself and turn off your TV! While news channels should deliver daily news by providing truthful facts in a neutral and collected manner, this is no longer the case! News channels are now used to distribute lies, conspiracy theories, and defamations, and are participating in the intentional division of our country. If you have this type of news reporting running in the background all day long, you end up scared, distrustful, hopeless, and even chronically depressed. Turn off the noise and redevelop comfort with silence surrounding you. From a state of a collected, peaceful mind, carefully choose a few trustworthy news sources and inform yourself responsibly. As mentioned by Timothy Snyder in "On Tyranny": ***Investigate! Figure things out for yourself. Spend more time with long articles. Subsidize investigative journalism by subscribing to print media. Realize that some of what is on the internet (and a lot of what is on TV) is there to harm you. Learn about sites that investigate propaganda campaigns (some of which come from abroad). Take responsibility for what you communicate with others.***

Note: We love to hear from you! Feel free to make suggestions! Please email us at indivisiblepolkfoothills@gmail.com, add "factual & trustworthy resource suggestion" to the subject, and include your suggestions in your main message.

Periodical Publications

The Atlantic

<https://www.theatlantic.com>

You can sign up for a daily email newsletter, subscribe to the magazine, or just read the website. If you subscribe to the magazine, you will also receive the monthly print edition and have access to all digitally archived articles published by the magazine. In addition, The Atlantic also has a podcast. Magazine history: [The Atlantic - Wikipedia](#)

Politico

[Politics, Policy, Political News - POLITICO](#)

You can sign up for a daily email newsletter and/ or just read the website. Politico, too, has a podcast. Magazine history: [Politico - Wikipedia](#)

The New York Times



[The New York Times - Breaking News, US News, World News and Videos](#)

Newspaper history: [The New York Times - Wikipedia](#)

Newsletters, Podcasts, & YouTubes

Letters From an American

[Letters from an American | Heather Cox Richardson | Substack](#)

Letters from an American is a historian's perspective of today's political landscape. Heather Cox Richardson highlights what is essential in the day's news, filtering out the noise. The author provides context for today's politics by placing everything within the broader picture of American history. Letters from an American are considered to be both informative and hopeful. You can expect facts and details, together with the provided sources at the end of every post, and original perspectives from the author. Subscribe to the voice of reason and explore "what it means and what it has meant, to be an American."

You can sign up for *Letters from an American* via email, or listen to them via various podcast stations (i.e., Apple Podcast, Audible, and more)

Politics Chat with Heather Cox Richardson

[Politics Chat - YouTube](#)

Politics chat is a very informal yet hugely informative resource in which Dr. Heather Cox Richardson responds to listener questions about US politics and its historical background. Listening to it can feel like a personal conversation with Heather or like attending a lecture by her. Mrs. Richardson's passion for the US and its history comes through in every recording, often with a very uplifting effect. She creates the perfect environment for "learning."

The Big Picture

[Robert Reich | Substack](#)

Robert Bernard Reich is an American professor, author, lawyer, and political commentator. He worked in the administrations of presidents Gerald Ford and Jimmy Carter, and he served as Secretary of Labor in the cabinet of President Bill Clinton from 1993 to 1997. He was also a member of President Barack Obama's economic transition advisory board. In 2008, Time magazine named him one of the Ten Most Effective Cabinet Members of the century; in the same year, The Wall Street Journal placed him sixth on its list of Most Influential Business Thinkers. Like Heather Cox Richardson, Robert Reich writes a daily newsletter (you can sign up



for it for free) about America’s current political reality. He also has a podcast, a weekly “Coffee Klach” with guests, and has written numerous books of interest.

The reason I write this daily newsletter is not just to inform (and occasionally amuse) you, but also to arm you with the truth — about how the system works and doesn’t, where power is located and where it’s lacking, and the myths and lies used by those who are blocking positive social change — so you can fight more effectively for the common good.

Here’s my deal. I’ll continue to give you the facts and arguments, even sprinkle in drawings and videos. I’ll do whatever I can to help strengthen your understanding and resolve, and give you the information you need.

In return, please use the facts, arguments, drawings, and videos to continue the fight. To fight harder. And enlist others to join the fight.

If at any time you feel helpless or despairing, remind yourself that the fight for democracy, social justice, and a sustainable planet is noble. The stakes could not be higher. And we will — and must — win. -Robert Reich

The Hartmann Report

[The Hartmann Report | Thom Hartmann | Substack](#)

A Daily Newsletter of Renaissance Thinking about Progressive Politics, Economics, Science, and the Political News Issues of Our Day.

The Thom Hartmann Radio & TV Program

[The Thom Hartmann Radio & TV Program | Substack](#)

Live Monday-Friday noon-3pm eastern, covering US politics and political news commentary, science, culture, and economics, plus the audio podcast

Factual America – The Unconventional Podcast About America (plus documentaries and movie lists)

<https://www.factualamerica.com/>

Factual America bypasses the mainstream to discover the real America. Find out what makes America tick, as Matthew Sherwood interviews the individuals driving a different narrative.



The past ten years have taught us that things are seldom what they seem, as Donald Trump again takes center stage.

In this world of [‘fake news’](#) it is hard to know what to believe, especially about what is happening in the US. The last decade has witnessed a flowering of documentary filmmaking, while once-lone voices in the wilderness have been proven to be sages. It is this [quest for truth](#) in a post-truth world that forms the backdrop for every episode of Factual America.

