# Suggested Packing List for Nature's Classroom

## Bedding & Luggage

Sleeping bag OR twin sized fitted sheet and blanket (fitted sheet suggested for sleeping bag as well to go between mattress and sleeping bag).

1 pillow with pillowcase

1 duffle bag for clothing

1 small bag for toiletries (inside of duffle)

1 laundry bag or extra pillow case

small flashlight is recommended, but not required for evening activities.

### **Toiletries**

soap in a plastic, closable soap dish OR travel sized bodywash with washcloth or small loofah

travel size shampoo/conditioner/or anything needed to cleanse hair (travel size preferred)

comb/hair brush & hair ties (if needed)

toothbrush and toothpastebbb

lip balm (Chapstick)

towel

insect repellent (NO aerosol sprays, please)

refillable water bottle with student's name written on it

#### **Shoes**

1 pair of OLD sneakers

1 pair of sturdy, waterproof boots

## Clothing

1 warm jacket

1 knit hat

1 pair of gloves or mittens

1 raincoat or poncho - this is a must!

4 pairs of socks

3 pairs of pants

1 to 2 heavy sweaters or sweatshirts

3 heavy/warm shirts

2 lightweight shirts

1 pair of pajamas

4 changes of underwear

laundry bag or extra pillow case for dirty clothes

#### These items are NOT allowed:

Phones or tablets

Video game systems (sorry, no TV!)

Pocket knives

Candy, gum, or food of any kind

Money (there isn't a "general store" or other place to spend money at Nature's Classroom)

Notes - Please don't buy new clothes! Send old clothes with the mindset that they will get dirty! Please make sure every time you send with your child has their name on it!