

ADVATx vs ETERNA: Which Laser is For You?

Laser technologies have emerged recently as powerful tools for skin rejuvenation and enhancement. Today, we'll compare two distinct devices offered in our office: the ADVATx and the ETERNA. Understanding their unique mechanisms and applications can pave the way for informed decisions towards achieving your skincare goals.

Understanding the distinctions between ADVATx and ETERNA is crucial for selecting the right treatment for your specific concerns. ADVATx is ideal for pigmented issues and targeted skin improvements, while ETERNA is versatile and addresses both superficial and deep tissue concerns. Let's take a closer look at how these treatments differ so you can choose the right laser treatment for you.

ADVATx: The Laser for Skin Tightening and Pigmentation Treatment

Let's start with the ADVATx, a laser device equipped with two different wavelengths, 589 nanometers and 1319 nanometers. These wavelengths serve distinct purposes, addressing a range of skin concerns with precision. Generally speaking, ADVATx is ideal for pigmented issues and targeted skin improvements.

589nm Wavelength: Targeting Pigmentation

The 589nm wavelength is a game-changer for those dealing with red pigmented areas such as rosacea or unsightly age spots. This laser breaks up pigmented tissues, prompting the body's immune system to eliminate them. What sets it apart is its comfortable application, carefully calibrated to avoid discomfort. This makes it a safe and effective option for issues like inflammatory acne, wrinkles around the eyes, and even psoriasis.

1319nm Wavelength: Superficial Skin Tightening

On the other end of the spectrum, the 1319nm wavelength targets water in the skin, leading to superficial skin tightening. Ideal for fine lines, wrinkles, and that "creepy" appearance in certain skin areas, this wavelength provides a gentle resurfacing effect. Its application is more superficial compared to the radio frequency used in devices like ETERNA, making it perfect for those seeking a nuanced approach to skin enhancement.

ETERNA: The Laser for Fat Reduction and Wrinkles

Now, let's shift our focus to the ETERNA, a monopolar radiofrequency device. This device operates by applying a probe to the skin or targeted tissue, with energy traveling through to a plate placed nearby. The result? Controlled heating of the skin and underlying tissues, triggering the body's natural response to enhance collagen production.

Versatility in Application

ETERNA's versatility shines through in its ability to address various concerns. From fine lines and wrinkles around the eyes to fat reduction in problem areas like under the chin, the ETERNA offers a personalized approach. Its warmth, often likened to a hot stone massage, ensures a comfortable experience, making it suitable for those looking to enhance their skin without sacrificing comfort.

What Do ADVATx and ETERNA Have In Common?

While ADVATx and ETERNA obviously differ, they share some common ground. Here are a couple of benefits that both laser treatments share.

Gentle Approach, Real Results

What sets these lasers apart is their gentle yet effective nature. Gone are the days of extended downtime and discomfort. With ADVATx and ETERNA, real results are achievable without the need for prolonged recovery periods.

Longevity of Results

While these treatments offer remarkable results, skincare routines play a pivotal role in sustaining these outcomes. Consistent sunscreen use, avoiding prolonged sun exposure, and adopting a comprehensive skincare routine are essential for maximizing the durability of results.

Embracing the Laser Evolution

The ADVATx and ETERNA represent a significant leap forward for skincare treatments. The ability to address diverse concerns with comfort and minimal downtime marks a new era in laser technology. Whether you're targeting pigmentation issues or seeking overall skin improvement, these lasers offer a tailored approach to meet your unique needs.

Remember that patience and consistency are key. The transformative power of these lasers unfolds gradually, delivering results that stand the test of time. Embrace the laser evolution, and discover a radiant, revitalized version of yourself.

About Dr. Rivera

Dr. Rivera is a board-certified general surgeon and owner of The Ratio by Body Math in Columbia, SC. She received her medical training at Yale University and completed her surgical residency at the University of Nevada. Dr. Rivera specializes in head and neck surgery and

microsurgical reconstruction. She has published and presented her peer-reviewed research and is a Fellow of the American College of Surgeons.