

Ras Rhobell Fawr Race AM LK/PM/NS 6.4 miles 1900ft 10.3 km 562m

Organised by Meirionnydd RC

Race Director Nich Bradley 07831604759

For 2026: WFRA North Wales Series final race.

Date Saturday 7/11/26

Start 12:00 midday

Registration from 10-30

Minimum age 18 on race day. * Over 16s with parental consent and a "sponsor" (could be the parent) who knows the race and the runner, may ask the RO direct before the day.

Junior trail run for over 12s on lower course to SH767235 if required 3k/130m

Cost: Pre-Entry at Fabian4 - £8 until midnight 4/11/25 (£10 on the day available). Juniors £2 OTD only.

Includes: Water at the finish. Post race soups and bread included. Tea and cakes available

Entry ON LINE at Fabian4 Entry limit 175. Please pre-enter if at all possible.

Number pick-up at race HQ Llanfachreth Village Hall

Post code LL40 2DY Grid ref SH756225 (w3w ///suspends.boil.confident)

Please car share - parking is limited - save money, have company, save the planet! Consider car sharing from a car park in Dolgellau or Coed y Brenin if you can't do it from home.

Please park considerately for villagers and fellow runners.

Registration / number pick up desk open 10-30-11:45 (prompt).

First year in the newly renovated village hall! Please respect the villagers if changing by your car. Portaloos will be available.

Exclusions: - No dogs allowed. No headphones. No poles. No GPS navigation.

Minimum kit:

Full body waterproof cover, map, hat, gloves & MAGNETIC compass and whistle mandatory.

Map available on website, below, may be downloaded and printed; waterproof versions available to buy at race HQ. £2 Not many left!

You are welcome to carry a fully charged switched off mobile phone with the race director's number (07831604759) on it in case of emergency.

WFRA rules and insurance. NB insurance covers the race organisers! There is no personal insurance included.

Limited first aid present: first aid kit (defibrillator may not be available) at race HQ. South Snowdonia Search and Rescue Team are aware of the event but may not be in attendance.

Water at finish

Previous results & records: See website.

Prizes: Male and Female 123 and age cat <23 and over 40 50 60 70

Race Safety

This race is run in winter to heights over 2000ft.

Please read the [race safety information](#) on the website before YOU decide whether it is safe for YOU to run this race on the day . Your safety is our preoccupation but YOUR responsibility.

Your data:

If you enter this race know that we will publish your name, age, running club if any, and your finishing time and position, to anyone who may have an interest, eg our own club, national athletics organisations and social and newsprint media. We will store this data for historic and comparison purposes. Contact data will be destroyed after the results are officially confirmed. The race organisers do not provide an official photography service.