

AES Electives (NEW Fall 23 Curriculum)

AES Students who matriculated in Fall 2023 or later must complete 15 credits of AES electives from the list below to fulfill the required elective requirement. A course may not double count as a core requirement and a required elective.

- AES 313: Empowering Youth through Wellness Mentorship
- AES 313: Qualitative Research Methods
- AES 313: The Bridge Between Science and Practice: An Introduction to Implementation Science
- SM/AES 333 - Legal & Ethical Issues in Sport
- AES 336: Physical Activity & Healthy Aging
- AES 403: Additional Internship^
- AES 407: Exercise Assessment
- AES 408: Pathophysiology of Exercise
- AES 413: Obesity Weight Management & Exercise
- AES 413: Science Communication^
- AES 413: Exercise and Cancer Survivorship
- AES 416: Environmental and Policy Approaches^
- AES/MOVESCI 425: Disability and Movement
- AES 426: Strength & Conditioning (previously AES 313)
- AES 446: Social Factors of Physical Activity^
- AES 451: Physical Activity Across the Lifespan^
- AES 460: Design & Eval of Physical Activity^
- AES 470: Independent Study
- AES 493: Clinical Exercise Testing & ECG

[^] May NOT double-count as an elective and as a core requirement