

2025-2026
Irion County ISD
Athletic Training Information Letter

Athletic Trainer: Irion County ISD employs ONE full time athletic trainer. This individual is licensed by the State of Texas and certified by the Board of Certification. The athletic trainer is here to ensure that the student athletes of this school district have the utmost care when it comes to their athletic injury. This individual will actively participate in the prevention, treatment, and care of any athletic injury that occurs to your child during the course of their participation in ICISD athletics.

Meet the Athletic Trainer:

My name is Makenzie Schwertner and I am the Irion County ISD Athletic Trainer. I have worked very hard to get my education and training from Angelo State University. I have a bachelor's degree in Health Science Professions and a masters degree in athletic training. I am a certified and licensed athletic trainer through the state of Texas. I take great pride in keeping all of OUR students safe and implementing my knowledge to keep them healthy.

Medical Referral: If in the unfortunate event that your child will need a medical referral to a doctor the athletic trainer from ICISD will contact you to let you know. All referrals that will be made by the athletic trainer will be to Dr. King or Dr. Weaver from Shannon that specialize in sports medicine. As you are the child's parent you are free to take your child to whichever doctor that you choose. If and when your child is seen by a doctor for an injury or illness he/she is to bring a note from the doctor stating their activity level for both practice and games. This note is to be given to the athletic trainer. Once the note is received stipulating an amount of time restricted/no athletic activity, it will be followed by ICISD staff.

Example: The student athlete is held out of activity by an orthopedist. To be released to full activity one of two things must happen. Either the amount of time specified by the doctor's note elapses, or the student athlete is released by another orthopedist.

It is important to note that as the athletic trainer, I have the best interest of the student athlete in mind. I will not make a decision to allow an athlete to play if I feel like it will jeopardize his/her health.

Insurance: Irion County ISD does provide a secondary insurance policy that covers students involved in interscholastic athletics. We provide supplemental insurance (USA H&W Network) to students who sustain an injury during an athletic event with ICISD. Insurance forms must be requested by a parent. The form will be used when the injury results in an appointment by the physician and must be completed within 90 days of the injury and submitted to the Student Assurance Inc. A copy will be kept by the athletic trainer and placed in file under the student athlete.

Required paperwork: The University of Interscholastic League (UIL) requires that all athletes entering their first, third, and fifth years of athletics have a pre-participation physical to practice and play. Irion County ISD with Shannon Sports Medicine hosts annual physicals for incoming freshmen and juniors in May. If the student athlete is unable to attend or gets excused from the physicals they are expected to get the physical on their own time and expense. However, ALL student athletes and their parents must fill out the Sports Participation Packet EVERY year before they are allowed to participate in any workout whether it be an in season or in athletic period.

If you have any questions or would like to discuss your student athlete's physical condition please do not hesitate to contact me.

Makenzie Schwertner MS, LAT, ATC

Athletic Trainer

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