

Lydia Guzman, BA English & Spanish, MS Spanish, MED Public School Administration- serves as President of the Health Care for All Colorado Advocacy Board (HCAC). Lydia was born and raised in Texas and lives in Denver. She has a son who lives in Texas. She is a retired educator, most recently serving in the Denver Metro area school districts as a teacher, High School Principal, Assistant Principal and a school district Chief Program Officer. She has also served on the Board of Directors for Health Care for All Colorado (HCAC) for the past 13 years. She served as Chair of the Denver Chapter of HCAC. She has been a diligent activist for health care reform in Colorado. Lydia first became aware of how the lack of access to health care and the high costs for care impact the lives of families through her work with public school students and her own family and personal experiences. Her experiences with unfair health care provider services and practices led Lydia to become a volunteer for HCAC and has led her to become a staunch advocate and activist for Single Payer Medicare for All Health Care Reform. In 2011, she was awarded Health Care for All Colorado Hero for her courageous leadership in Universal Health Care Reform in Colorado.

Lydia serves in the Colorado and Denver Democratic Party. In 2012 and 2016, she was elected state-wide as a Democratic National Delegate to the Democratic National Convention. She serves as a Precinct Committee Person in House District 9B, Denver County Democratic Party Central Committee Member, Colorado Democratic Party (CDP), CDP Executive Committee, CDP Central Committee, and is a Colorado Democratic Latino Initiative Member.