

## FORT REPORT CHALLENGE

- *From start to finish this should take anywhere from 15- 30 minutes*
- *This is a super fun, meditative reflective, sharing, creative activity meant to bring you joy, comfort, peace AND fun!*
- All parts of the Fort Report are necessary to being a great artist and an awesome human being. Remember actors are scientists of human behavior!
  - The building of the fort works on your creativity and ingenuity.
  - The being in the fort works on your self-awareness and self-reflection
  - The reporting from the fort works on your communication and articulation skills.

## WHAT:

1. Grab two blankets/sheets.
2. Select one room in your house & take a photo.
3. You have 10-15 min to build a fort in that room with only the 2 blankets and materials in that room.
4. Take another photo of your completed fort in the room.
5. Go into your fort for 10 min and think about since March 16th through to today...
  - a. How you are doing? (mentally, emotionally, physically, spiritually, socially, etc..)
  - b. What have you learned/anything new? (a card game, how to cook, learn a cartwheel, a new language, new technology, etc..)
  - c. What have you reflected upon?
  - d. What are you grateful for?
  - e. Where do you find inspiration or how can you inspire others?
  - f. What can you learn from this new normal?
  - g. What is one positive and one disappointment you've worked through? E.g. "I love time with my family AND I am sad the play is postponed"
6. Record a FORT REPORT (2 minutes)
  - a. Film yourself in your fort as if you were a field reporter giving your report on how you are.
    - i. Your tv report should be 1-2 minutes long.
    - ii. Post this to my flipgrid under the topic FORT REPORT
    - iii. -see link ----> <https://flipgrid.com/6ed911b5>
    - iv. Email your two photos to [kphillips@davisacademy.org](mailto:kphillips@davisacademy.org)
  - b. Write 1 paragraph with pictures of your FORT as if you are a writer for a Teen Magazine covering Teens in Quarantine and email it to me at [kphillips@davisacademy.org](mailto:kphillips@davisacademy.org) by Friday, May 8th evening for Blocks 1 & 2 and anytime between Friday, May 1st and Friday, May 8th for Block 3.