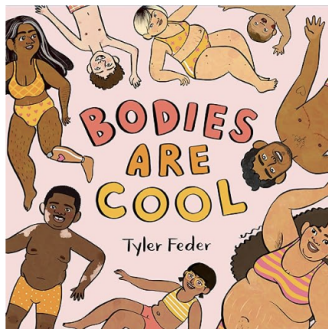


Kindergarten	Theme: Self
	Bodies are Cool Written and Illustrated by Tyler Feder
	Watch the Read Aloud
	Enduring Understandings All people's bodies, hair, and skin color, and way of dress are different. All people communicate differently, learn differently, eat different foods, feel different feelings and come from different-looking families. Everyone is different and unique.
Expected length of lesson: 45 mins to 1 hour. This includes reading the book and the activity.	
Materials will be provided at school: A hardcopy of the book, a printout of this lesson, and all materials for the post-reading activity will be provided at the school.	

OVERVIEW

Before the Read Aloud: Arrive at school ahead of time to pick up materials. Each school will have its own system. Check with the main office if you have questions.

During the Read Aloud: Encourage discussion by pausing at identified stop-spots in the book. Guiding questions help prompt students to share what they are thinking about.

After the Read Aloud: Walk around as students are working to praise work and ask questions.

Teaching Tip

- 1) Pause after reading the text to give students lots of time to look at the illustrations of bodies.
- 2) As students share observations you can respond with, "I see that too". If you know the name or term for something a student is describing you can use it, but you do not need to. The goal is to celebrate the differences of our amazing bodies.
- 3) Students may ask questions you don't know the answer to. You can say, "What a great question. I don't know, but I will ask someone that can help us learn about that."

What do I do when the lesson is over?

- Students can take completed products home or the teacher can collect work to display.
- Please return materials to their original location so we can keep the Project organized and running smoothly.



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| <ul style="list-style-type: none">• Please fill out our feedback form (or scan QR code). Thank you! | |
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LESSON PLAN

Introduction

Say: Today we are going to read a book about different kinds of bodies because our bodies are cool! Everyone's body is unique, which means no one else has a body just like yours.

Do: Show students the cover.

Say: I'm going to read a few pages and then stop so you can share what you notice.

Reading

Stop-Spot 1: page 3 or 4 (in the park)

Say: I notice this person has (pick a physical trait that you share) just like me.

Ask: What people do you see on this page that have something the same to you?

Do: Call on a few students.

Stop-Spot 2: (eating ice cream)

Say: What do you notice?

Do: Call on a few students.

Ask: What is something you're wondering about?

Do: Call on a few students. (You can reply "great observation" - you do NOT need to answer.)

Stop-Spot 3: (at the beach)

Ask: What do you notice about the bodies on this page?

Do: Call on a few students.

At the end of the story:

Do: Share the Enduring Understanding: Being 'normal' means following rules made by a group of people about how to act, talk, dress and behave, usually so that one group can feel more important than everyone else. We often follow these rules without much thought, or sometimes we follow these rules to fit in, even if we don't like it.

Say: Your body is unique to you. People have different bodies, hair, and skin color. They can dress in different ways, move in different ways, communicate and learn in different ways. Our differences make us unique and special.

Ask: What do you love about your body?

Post-reading Activity:

Say: You're going to draw and write about what you love about your body.

Do: Show students the worksheet. Point to where they will write and where they will color.

Say: I can't wait to see what you love about your body.

Do: Transition students to tables and then pass out worksheets. Materials: Copies of the following page, 1 per student, skin tones crayons). Walk around as students work and talk to students about their work.

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Name: _____



BODIES ARE COOL!



What do you love the most about your body?
What is your body good at doing?

Draw

Write

