

Dear Parent/Guardian,

The following is a checklist of diabetes supplies needed for your child at the start of each school year.

- **Current Diabetes Medical Management Plan (DMMP).** This must be updated each school year. The provider's office will have their own version, specific to the health/hospital system they are affiliated with.
- **Insulin vials/pens** Please note that our school clinics follow manufacturer guidelines and will only use insulin for 28 days after first use. You may request the unused insulin to be sent home after those 28 days. All students on insulin pumps should have a back-up method for insulin delivery.
- **Insulin delivery supplies:** syringes/pen needles
- **Glucagon emergency kit:** Injectable, nasal, or auto-injector
- **Glucometer and test strips, lancing device and lancets:** This should be available for all students with diabetes, even if they wear a CGM (continuous glucose monitor).
- **Alcohol pads/wipes**
- **Ketone test strips** Please check expiration date.
- **Fast-acting carbs:** glucose tablets/gel, juice boxes, gummies/fruit snacks.
- **Snacks:** Carb/protein: peanut butter or cheeses crackers, granola bar, etc.
- **Water/water bottle**
- **Extra pump & CGM supplies,** if applicable. Please note that clinic staff are not responsible for replacing infusion sites or CGMs.
- Extra **batteries** and/or **charger** for glucometer, CGM, and/or insulin pump
- Current/updated emergency contact phone numbers

Kimberly Marcum, RN, CDCES
psi school health supervisor
Diabetes educator
kimberlymarcum@psi-solutions.org
234-293-9058 (psi cell)

Leigh Wheatley, MSN, RN, CPNP
psi health services training &
education manager
leighwheatley@psi-solutions.org
234-293-9055 (psi cell)