

SEX & SEXUALITY

(Resource Sheet with links: northeastchristian.org/resources)

At Northeast Christian, we believe through following [God's](#) plans and purposes for sex & sexuality, you can bring greater intimacy and passion into your marriage. Sex can quickly become distorted and far from the way God intended the purpose and intent to be. Through a relationship with [Jesus](#) rooted in [scripture](#), we believe you can find lasting freedom, integrity, and purity.

BIBLICAL FOUNDATION

- [Galatians 2:20](#)
- [2 Corinthians 5:17](#)
- [Philippians 3:13-14](#)

NORTHEAST RESOURCES

- Assessment (coming soon)
- Northeast **Messages** relating to this topic at northeastchristian.org/watch
- Connect to a **Small Group** community that can support you through life's ups and downs.
- Contact us to **Talk** or for **Counseling** referral: (970) 243-6672 | office@northeastchristian.org

ONLINE RESOURCES

- [RightNow Media](#) has an extensive library of Bible study videos, including resources on Sex, Sexuality, Marriage, Recovery, and more.
- [Ever Accountable](#) is a website offering device accountability for adults.
- [BARK](#) is a resource to help you learn more about protecting your kids from stumbling into inappropriate websites.
- [Love and Truth Network](#) is a resource that helps with gender identity.
- [Marriage Resource Sheet](#) is available on northeastchristian.org.

PORNOGRAPHY

- [“Clean”](#) by Doug Weiss
Every Christian man is born into a sexual war. The enemy attacks the young, hoping to scar them permanently and leave them ruined. But your past cannot keep you from the enduringly clean life you want and deserve.
- [“Unwanted”](#) by Jay Stringer
When we pay attention to our unwanted sexual desires and identify the unique reasons that trigger them, the path of healing is revealed. Although many of us feel ashamed and unwanted after years of sexual brokenness, the book invites the reader to see that behavior as the very location where God can most powerfully work in their lives.
- [“Worthy of Her Trust”](#) by Stephen Arterburn and Jason Martinkus
Jason Martinkus relates how he repaired his marriage after revelations of sexual addiction. Along with Stephen Arterburn, Jason offers exercises and tools rooted in counseling principles to help your marriage begin again.
- [“Rescued”](#) by Shelley Martinkus
Rescued. It's what every wife yearns for in the aftermath of sexual betrayal. In this workbook, Shelley will guide you through many of the essential pieces of the recovery process.



- [**“Re:Build—A Companion Workbook for Worthy of Her Trust”**](#) by Jason Martinkus and Thomas Berry
Husbands want to rebuild trust in the wake of betrayal. Wives want to see their husbands fight for them. Both want a new relationship built on faithfulness, honesty, and intimacy. The ReBuild Workbook is a stepping-stone to help you get there.

HOMOSEXUALITY

- [**“Same-Sex Marriage”**](#) by Sean McDowell
How do followers of Christ faithfully answer the standard talking points for same-sex marriage? How can they best articulate the case for one-man, one-woman marriage in everyday conversation? This book answers these questions not with a contentious attitude toward those who believe in same-sex marriage but with a perspective that is faithful to Christ, committed to truth, and shaped by a love for God and others.

SEXUAL ENRICHMENT

- [**“The Great Sex Rescue”**](#) by Sheila Wray Gregoire
Develops a biblical view of sex where mutuality, intimacy, and passion reign. Exposes the problematic teachings that wreck sex for so many couples—and the good teachings that leave others breathless. A long overdue corrective to church culture, it is poised to free thousands of couples from repressive and dissatisfying sex lives so they can experience the kind of intimacy and wholeness God intended.
- [**“The Naked Truth About Sex & Marriage”**](#) by Dave & Ashley Willis
In this book, Dave and Ashley Willis unpack timeless Biblical principles, powerful true stories from married couples, cutting-edge research, and findings from their interactions with thousands of couples to reveal the keys to a marriage with true intimacy, passionate sex, and lifelong love.
- [**“Crazy Good Sex”**](#) by Les Parrott
Psychologist Dr. Les Parrott reveals the truth about six areas that can undermine a man’s confidence, damage his marriage, and leave him struggling unnecessarily with temptation.

“Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”
—2 Corinthians 5:17