iAwake Technologies - Jonathan Robinson - Shortcuts to Awakening MP3

Guided meditations with brainwave entrainment designed to fast-track you into pure awareness ...stillness ...peace.

Shortcuts to Awakening presents four guided meditations (plus a bonus) to gently guide you into the experience of being pure awareness. The effects of pure awareness can range from feelings of deep peace and love to ineffable transcendent experiences.

All the tracks "took me there" to that quiet, deep meditative space. ~ Christopher Griffin

Use these tracks to:

- Deepen your meditation process
- Rapidly facilitate your awakening journey
- Help you identify and experience pure awareness
- Help you to be more mindful
- Free yourself from your limiting stories
- Relieve stress
- Release negative thought loops
- Overcome physical and emotional pain
- Release from exclusive identification with your ego self
- Facilitate access to your inner, intuitive wisdom

Salepage: https://www.iawaketechnologies.com/product/shortcuts-to-awakening/

Archive: https://archive.ph/wip/Qr5OT