

## HELP FOR TROUBLED MARRIAGE

Married couples benefit tremendously from the support of their Church, family, friends and relatives. You may find the resources below helpful as well.

### **Catholic Family Services** [link] <http://www.cfssite.org/>

Catholic Family Services is a private not-for-profit agency that provides a full range of counseling services to individuals, couples and families in the eleven counties of the Catholic Diocese of Saginaw. They have offices in Bay City, Saginaw and Mt. Pleasant.

### **Retrouvaille** [link] <http://www.retrouvaille.org/>

Retrouvaille is a weekend program for married couples who are considering marital separation or divorce. It gives couples the opportunity to rediscover each other and examine their lives together in a new and positive way.

**DIVORCE RECOVERY**The Church understands the pain of those for whom divorce seemed the only recourse. The emotional and spiritual needs of the separated and divorced require special attention. They are urged to make frequent use of the sacraments, especially the Sacraments of Holy Eucharist and Reconciliation.

Divorced persons who wish to marry in the Catholic Church are encouraged to seek counsel from their parish priest or minister about the options to remedy their situation, including the suitability of a declaration of nullity when there is no longer any hope of reconciliation of the spouses.

### **Divorce Frequently Asked Questions** [link]

<http://www.foryourmarriage.org/catholic-marriage/church-teachings/divorce/>

### **Annulment Frequently Asked Questions** [link]

<http://www.foryourmarriage.org/catholic-marriage/church-teachings/annulments/>

### **Catholic Divorce Recovery Series** [link to calendar]

Periodically through the year the diocese and local parishes will offer a divorce recovery series for Catholics struggling with the effects of divorce. Please check the calendar for upcoming dates.

[link to calendar]