McGuffey School District - Support Resources

Crisis & Helplines

- **Washington County Crisis Line (24/7):** 1-877-225-3567
  854 Henderson Avenue, Washington PA 15301
- **National Suicide & Crisis Lifeline:** Dial 988
- **UPMC Children's South Crisis Walk-in Clinic**
  205 Millers Run Rd. First Floor, Bridgeville, PA 15017
  M-F 5:00-9:00pm, Sat. 12:00-4:00pm
- **United Way Helpline:** Dial 211

Online Resource Directories

- **Washington County Find Help:** https://washingtonpa.findhelp.com/
- **PA Parent & Family Alliance:** https://www.paparentandfamilyalliance.org/
- **Psychology Today**: www.psychologytoday.com

Counseling, Mental Health & Psychiatry

*(Providers offering psychiatric/medication management are marked **)*

- **Aggie Smida, MS, NCC, LPC** – Counseling (All ages, LGBTQ+ specialty)
  109 Lemoyne Ave, Washington PA 15301 | 724-804-8937

- **Associates in Counseling & Wellness (ACW)** – Counseling, DBT, Life Coaching **
  3323 Washington Rd, Suite 200, McMurray PA 15317 | 412-559-9152
  acpw4160@gmail.com | ACWCONNECT@gmail.com | https://acw-online.com/

- **Behavioral Dynamics Inc.** – Counseling
  2111 N Franklin Dr, Washington PA 15301 | 724-222-2265 |
  http://behavioraldynamicsinc.com/

- **Centerville Clinics** – Psychiatry, Counseling, Case Management **
  37 Highland Ave, Washington PA 15301 | 724-223-1607 |
  https://centervilleclinics.com/

- **Charlie Health** – Virtual IOP (Youth & Families) **
  https://www.charliehealth.com/

- **Chartiers Center Behavioral Health** – Intake Services **
  90 W Chestnut St, Washington PA 15301 | 412-221-3302 ext. 123
  intake@chartierscenter.org | https://www.chartierscenter.org/

- **Christian Counseling Associates** – Individual & Family Counseling
  22 Cortez Dr, Washington PA 15301 | 724-396-1510
  https://christiancounselingwpa.com/

- **Cornerstone Care** – Counseling Services
  400 Jefferson Ave, Washington PA 15301 | 724-228-7400
  https://www.cornerstonecare.com/

- **The Emily Program** - Eating Disorder Center
  Virtual Outpatient Services and Residential Treatment Facility
  https://emilyprogram.com/treatment-programs/virtual-treatment/virtual-outpatient/

- **Healing Bridges** – Psychiatry, Counseling, Case Management **
  378 W Chestnut St, Suite 205, Washington PA 15301 | 724-225-6940
  https://www.myhealingbridges.org/

- **Intercare Psychiatric Services** – Psychiatry & Counseling **
  Washington: 2000 Park Place, Suite 110 | 412-831-0355
  https://www.intercarehealth.com/

- **Messy Talk Therapy LLC** - Counseling / EMDR specialty
  Virtual Sessions Only | 412-426-5501 | michon@MessyTalkTherapy.com
  www.MessyTalkTherapy.com

- **Mindful Tides Therapy** - Telehealth counseling services for children and adults
  412-737-0990 I mindfultidestherapy.com

- **New Directions Mental Health** – Therapy, Psychiatry, Nutrition **
  640 Jefferson Ave, Washington PA 15301 | 878-884-3062
  https://newdirectionspgh.com/

- **Peace of Mind Psychiatry** – Psychiatry **
  200 Old Pond Rd, Bridgeville PA 15017 | 412-319-7866
  https://www.pompsychiatry.com/

- **Pressley Ridge** – Outpatient & Intensive Services **
  150 W Beau St #217, Washington PA 15301 | 724-225-4400
  https://www.pressleyridge.org/

- **Psychiatric Care Systems (PCS)** – Psychiatry & Counseling **
  Multiple locations | https://www.pcs-pc.com/

- **Sanderson Psychological** – Counseling & Medication Management **
  50 Berry Rd, Washington PA 15301 | 412-254-4353
  https://sandersonpsychological.com/

- **SPHS Care Center** – Mental Health Treatment, Case Management and Support, Substance Abuse, Sexual Trauma Treatment
  75 East Maiden Street, Washington PA 15301 | 724-228-2200
  https://www.sphs.org/the-care-center.html

- **UPMC Children's Behavioral Health -** Comprehensive psychological services**
  Multiple locations | 412-692-5100
  https://www.chp.edu/our-services/behavioral-health

Psychological/Neuropsychological Assessment & Evaluation

- **Center for Pediatric Neuropsychology** – Neuropsychological Evaluations, Child and Family Therapy, Autism Spectrum Evaluations, ADHD Services
  615 Washington Rd, Suite 500, Pittsburgh, PA 15228 | 412-692-5100

- **Ramous Psychology and Associates** – Individual, couples and family therapy; Psychological testing with specializations in the following areas: ADHD, Developmental (including Autism Spectrum Disorder)
  242 E McMurray Rd, Canonsburg, PA 15317 | 412-276-2307

Autism, Child & Family Services

- **Autism Connection of PA** – Autism Resources & Support
  https://autismofpa.org/ | 412-781-4116 | 800-827-9385

- **Children in Balance** – Child Counseling
  Canonsburg PA | 724-260-5228 | http://www.childreninb.com/

- **Children's Institute of Pittsburgh** – ABA, Therapy, Family Support
  https://www.amazingkids.org/

- **Wesley Family Services** – comprehensive psychological services
  Multiple locations | 412-342-2270 |
  https://wfspa.org/service/psychological-services/

Grief & Support Services

- **Center for Grieving Children & Teens** – Grief Support
  724-250-4500

- **Highmark Caring Place** – Grief Services
  https://www.highmarkcaringplace.com/ | 888-224-4573

Community, Basic Needs & Government Services

- **Center for Community Resources** – Primary hub for accessing mental health, intellectual disabilities, and human services.
  1146 W. Chestnut St, Suite B Washington PA 15301 | (844) 360-4372 or (724) 914-3058,
  https://www.ccrinfo.org/washington-county

- **Blueprints** – Self-Sufficiency Support
  150 W Beau St, Washington PA 15301 | 724-225-9550
  www.myblueprints.org

- **Catholic Charities of Washington County** – Basic Needs & Counseling
  https://www.ccpgh.org/services/counties/washington

- **Washington County Assistance Office** – Benefits
  724-223-4300 | 800-835-9720

- **Washington Teen Center - Healthy Teens**
  https://www.healthyteens.com/programs
  Pregnant and Parenting Teen Program (ECHO),
  Adolescent Advisory Board, Peer Mentoring Programs,
  Common Ground Teen Center (Social Time, Art Club, Theater Club, Chess Club, D&D Club, Creative Writing Club, Cooking Club, Debate Club, Grief and Loss Support Groups for Teens
  (724) 222-2311 | aah@healthyteens.com | 92 North Main Street, Washington PA

- **Washington Drug & Alcohol Commission** – Substance Use Resources
  https://wdacinc.org | 724-223-1181

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