

PARENT/GUARDIAN NOTIFICATION OF PARTICIPATION IN
THE REMINGTON HIGH SCHOOL RESILIENCY SURVEY

Dear Parent or Guardian,

Remington High School in partnership with Terrace Metrics, Inc., is proud to provide an innovative assessment service to students and families. This assessment is designed to examine the resilience and distress factors in students whose parents give consent to take the assessment. This consent form will describe the purpose of the service. You can also view the following video as well:

<https://www.terracemetrics.org/consent-process>

What Should I Know as a Parent or Guardian?

- First, only students who have parent permission are allowed to participate in the assessment. If you wish to have your child participate, you must sign this form and have your child return it to his/her homeroom teacher within one week.
- Second, the data is de-identified, that is, all scoring and coding of data is done using student ID numbers. Your child will not enter any personal information when completing the assessment.
- Third, only designated members of our school's response team (e.g., counselors, administrators) will have access to your child's individual report. Teachers will not have access to individual data.
- Fourth, the assessment is not a diagnostic tool, and no information from this assessment will be placed into your child's education file. The purpose of this service is to inform us of how each student is functioning within specific resiliency/risk indicators.
- Fifth, you will receive a customized, easy to follow report of your child's results, along with specific recommendations that correspond with the findings.
- Sixth, the school will not allow the collection, disclosure, or use of personal information collected from students for the purpose of marketing or for selling that information (or otherwise providing that information to others for that purpose).
- Finally, the tool itself is brief (approximately 10-15 minutes).

Between 10/2/23 and 10/12/23 your child will have the opportunity to participate in the fall administration of the survey. The following indicators will be assessed will be assessed in grades 9-12 at Remington High School

Grades 6-12

- Global Life Satisfaction: Overall assessment of feelings and attitudes about one's life at a particular point in time, ranging from negative to positive.
- Positive School Experiences: Assessment of a student's experiences with their learning, as well as their overall interactions with school personnel.
- Grit Scale: Assesses the level of commitment (and tenacity) to achieve a long-term goal.
- Generalized Anxiety Scale: 7 item, self-reported questionnaire for screening and severity of anxiety.
- Children's Hope Scale: Assesses goal-directed thinking in which the student has the perceived capacity to find routes to goals (pathways thinking), and the motivation to use those routes (agency thinking).
- Depression: The scale is a multipurpose instrument for screening and assessing the severity of depression symptoms. The scale also includes an item that assesses thoughts of self-harm.
- Resiliency: This scale assesses the degree to which individuals possessed both the intrapersonal and interpersonal resources needed to overcome adversity.

Supplemental Scales (per request of school district)

- Trauma Screener: This brief screener provides a list of potentially traumatic events (such as a car accident). If a student endorses yes, follow-up questions assess how well the student has adjusted to the experience.
- Drug/Alcohol Screener: This screener first asks the student if they have engaged in alcohol or drug use in the past year, or whether they have ridden in a car with someone who has. Follow-up questions assess the frequency of use and whether this use has caused problems for them.

Our response team members will receive individual student reports immediately after the student completes the assessment. They will then review each report to determine the next steps for each student. If there are any concerns regarding your child's responses, a member of the school's response team will contact you by phone to discuss next steps. As a reminder, student reports will not be shared with teachers; only authorized response team members will have access to that information.

- The response team will receive individual student reports immediately after the student completes the assessment. If there are any concerns regarding your child's responses, a member of the school's response team will contact you by phone to discuss next steps.

Remington High School

If you wish to have your student participate in the Remington High School Resiliency/Risk service, you must sign and return this form indicating your permission. The form must be returned to the school by 9/29/23.

STUDENT NAME:

_____ (“Student”)

I _____ am the parent/guardian of Student and give permission for Student to participate

My consent shall be granted until such time as I provide written notice for my student not to participate.

Signature of Parent/Guardian of minor, if required

Date of Consent