

Learning Resources:

Let's talk about Whiteness:

- *Unpacking the Invisible Knapsack*
Peggy McIntosh
- *The Whiteness Project*
(www.whitenessproject.org)
Whitney Dow
- *Where White Privilege Came From*
Allan G. Johnson

Let's talk about Race:

- *So You Want to Talk About Race*
Ijeoma Oluo
- *How to be an Anti-racist*
Ibram X. Kendi
- *You Can't Touch my Hair*
Phoebe Robinson
- *I'm Still Here: Black Dignity in a World Made for Whiteness*
Austin Channing Brown

Let's create change:

- *Abolition Democracy*
Angela Y Davis
- *Emergent Strategy*
Adrienne Maree Brown
- *Racism without Racists*
Eduardo Bonilla- Silva

A compiled document of resources specifically for Circus Artists:

<https://docs.google.com/spreadsheets/u/0/d/1Op7mFLMZDeVz20xVvl2Gzu1Bcg-p12yBTsNO3m3oqZs/htmlview#>

Mental Health Resources:

List of Mental Health Resources specifically for Black People:

<https://www.self.com/story/black-mental-health-resources>

Community Healing guide by Balanced Black Girl:

<https://docs.google.com/spreadsheets/d/1li8FRUNFoVuJ2-UtSw3gyxLTM4ObcXD-W1R-X0EQCUU/edit#gid=0>

Live Oak Chicago:

<https://www.LiveOakChicago.com>

Howard Brown Chicago:

https://www.howardbrown.org/clinic_location/counseling-center

Immediate Help:

NAMI Chicago:

Hotline:

Monday - Friday

9-8

Sat and Sun

9-5

833-626-4244

Or text NAMI to 741741 at any time

Beto Chavez:

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