

Greer High School Physical Education 1 Syllabus

2026-2027

The South Carolina Department of Education requires that all students take and pass Physical Education 1 in order to graduate from High School. Students are allowed to take and receive 4 credits of PE.



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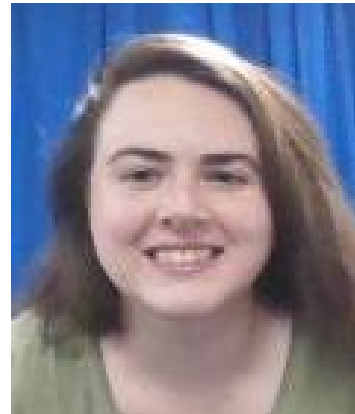
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Physical Education Policies and Procedures!

ENTRANCE/EXIT PROCESS

-Students must enter/exit the gym through designated entrance and exit doors.

TARDY POLICY

There are 2 times that are important pertaining to the gym area concerning being tardy:

(1) Students must be in the gymnasium before the tardy bell rings!

(8:45, 10:25, 12:30, 2:10)

(2) Students will have 5 minutes after the tardy bell to place their belongings in the designated locker in the locker room and be at their roll call spot in the main gym.

(8:50, 10:30, 12:35, 2:15)

(3) As stated in the Greer High School Student Handbook (pg.21), if you exceed 4 tardies or more in a semester-long course, you will receive a referral and the appropriate consequence that aligns with the infraction.

GRADING POLICY

Participating in Class - **60%**

Weekly Chromebook Activity - **10%**

Sexuality Education Course – **10%**

Tests/Quizzes - **20%**

LATE WORK, REDO, and MAKE-UP POLICY

MINOR GRADES:

1. If a student is absent for a minor assignment, a zero will be entered in the grade book and coded as make-up.
2. Students will have 5 days to complete the assignment for full credit.
3. Students who refuse to complete work will be referred to administration.



MAJOR GRADES

1. If a student is absent for a major assignment, a zero will be entered in the grade book and coded as make-up.
2. Students will have 5 days to complete the assignment for full credit with their teacher or in Major Make-up Lab.
3. If the student does not make up the assignment within 5 days, they will automatically be assigned to Major Make-up Lab.
4. Students who refuse to complete work will be referred to administration.

PARTICIPATION

Participating is the primary means of becoming more physically fit. It is also a big part of your grade! This remains consistent for eLearning and virtual learning Physical Education classes as well.

In order to pass this class, you must participate. (60% of your grade)

DRESS CODE

Students are expected to wear appropriate clothing for physical activity (i.e., comfortable athletic clothing and tennis shoes) on PE days as participation is a requirement (50% of weekly grade | 10 points per day).

Proper dress includes:

1. **Proper tennis shoes-** Flip Flops / Crocs / Slides are **NOT** athletic shoes, even if they are manufactured by athletic shoe companies. Just because shoes have rubber bottoms does not make them okay for class. Please ensure that you have on appropriate footwear so that you can actively participate in class. The consequence of failing to wear appropriate gym shoes will result in students losing their participation grade for that day as well as having to do a physical education written project.
2. **T-shirts- NO** tank tops, cut-offs, or crop-tops.
3. **Proper gym shorts/sweatpants-** Shorts must be at an appropriate length/meet the school dress code. **NO** leggings/tights or **pajamas**.



4. Athletic attire must adhere to the Greer High School dress code policy (see pages 9-10 in the student handbook).
5. No blankets, hats, or hoods (see pages 9-10 in the student handbook).

LOCKER USE

Per Greenville County District School policy, students will be responsible for locking their valuables in their designated lockers. Items of personal value should not be left unattended in the locker rooms as PE teachers / Greer High School will not be held liable for stolen/misplaced items. Additionally, students are not permitted to share lockers and are responsible for all of their personal items.

GENERAL RULES

-NO FOOD, CELL PHONES, OR AIRPODS ALLOWED IN THE GYM!

– This is a Greenville County Schools District-Wide & SC State Policy

-No destruction of school property, including basketball goals, shot clocks, wall pads, gym banners, bleachers, classroom equipment, locker rooms, etc. (see pages 7-9 in the student handbook).

- Personal water bottles are permitted in class; however, they must be brought out to the gym after the 5min dress-out period.

- All water bottles must have a closed lid. NO Stanley's, cans, juice boxes, etc.





GREER HS PE DRINK CONTAINER POLICY

✓ To promote a safe and clean learning environment, all student drink containers that are brought to school must have a **closeable lid** and be **completely leak/spill proof**. Please do not send students with cups that have straws that do not completely close.

YES ✓	NO ✗
 Plastic Water Bottle	 Foam Cups
 Water Bottle with Lid	 Mugs with Non-Seal Lids
 Insulated Bottle	 Tumblers with Non-Seal Lids
 Sport Bottle with Lid	 Cups with Open Straws



Wondering if your child's drink container is permitted?
Ask yourself: Would this container be safe enough to transport in a bookbag with a Chromebook without spilling?
If knocked over, would this container spill?

ENERGY DRINK POLICY ⚡



Students are **not allowed** to have Energy Drinks, or other canned drinks, in the gym and will be asked to dispose of them.

⚠ These drinks include, but not limited to: Monster, Ghost, and Alani.

- No climbing on the bleachers or hanging on basketball nets
- No profanity in the gym.
- No opening doors to the Commons area, or any interior/exterior doors, at any time. If someone is at a door, let your instructor know. NO EXCEPTIONS!
- Intentionally thrown and/or kicked balls at or towards the scoreboards/shot clocks will result in an automatic referral.

BATHROOM PASSES

Students are required to use the bathroom in between class change times. Students will be given 5 bathroom passes in PE to utilize per quarter (e.g., 9 weeks). Students should use their passes sparingly, as they will not be permitted to excessively use the restroom after using their 5 bathroom passes. However,



students are only given two school-day passes in SmartPass, which will coincide with PE bathroom passes (see page in the student handbook).

DISCIPLINE PROCEDURES

- Per the Greer High School Student Handbook (pages 6-10), students are held responsible for adhering to classroom and school expectations as well as Greenville County School District policies.

EDUCATIONAL VIDEOS

- Due to weather, construction, and/or unforeseen circumstances, there may be times when we utilize educational videos for instructional purposes. Examples include: Space Jam, Radio, Rudy, Bend It Like Beckham, YouTube & EdPuzzle (i.e., sports highlights/examples), and Remember the Titans.

CLASSROOM RULES/STANDARDS

- Be respectful of others, the teacher, and yourself at all times.
- Come to class dressed and ready for physical activity each day.
- Expectation is to participate with 100% effort in all classroom activities.

**Have fun and make a conscious effort to help everyone exit the classroom better/happier than they were when they entered the classroom! ☺ **

PLAGIARISM, CHEATING, AND ACADEMIC INTEGRITY

Plagiarism is the practice of copying words, sentences, images, or ideas for use in written or oral assessments without giving proper credit to the source. Cheating is defined as the giving or receiving of illegal help on anything that has been



determined by the teacher to be an individual effort. Both are considered serious offenses and will significantly affect your course grade. Please refer to the Student Code of Conduct booklet for additional information.

MagicSchool AI TOOLS FOR STUDENTS

This year, students will have access to MagicSchool AI, a generative AI platform built for schools that will help them learn to use the technology safely and responsibly. With tools like ChatGPT and others being used in the professional world, it's important that students learn how to use the technology safely. By using MagicSchool in our classes, your student will be prepared for the future of technology in the workforce. While students use MagicSchool tools for purposes such as receiving real-time feedback, getting their questions answered, generating images, and in other exciting ways, I will have access to their chats to ensure that it's used appropriately. Rest assured, MagicSchool does not collect or train on student data. Be sure to ask your child about how they're using AI in the classroom and take a look at the engaging ways they've utilized the MagicSchool tools to enhance their learning!

Tentative Unit Plan

	<u>PE 1</u>	<u>Assessments</u>
Week 1	Syllabus/Sex Ed Pretest/Fitness Assessments	Skill/Cognitive Test
Week 2-3	Sex Ed (Jan. 7-20)	Skill/Rules Test
Week 4-5	Lockers / Pre-FitnessGram / Volleyball	Skill/Rules Test



Week 6-7	Basketball	Skill/Rules Test
Week 8	Tailgating Games / Tailgating Olympics	Skill/Rules Test
Week 9	Kickball/Whiffle Ball	Skill/Rules Test
Week 10	Soccer	Skill/Rules Test
Week 11-12	JacketBall / Net Games	Skills/Rules Test
Week 13-14	Tailgating Games / Skills Assessment (CPR / AED)	Skill/Rules Test
Week 15-16	Flag Football / Ultimate Frisbee	Skill/Rules Test
Week 17	Post FitnessGram (Major)	Skill/Rules Test
Week 18-19	Exam Review / PE Greatest Hits (1 Day Recap of Each Major Unit)	Final Exam
Week 20	Final Exam	Final Exam

Tentative Daily Schedule in Physical Education:

- Attendance/Roll Call (5 minutes)
- Warm-up Routine (Activity Grade)



Includes but not limited to:

- Mon / Wed / Fri – “Fitness Warm-Ups”
 - Stretching
 - FitnessGram Prep
 - Walk / Run
 - Curl-Ups / Push-Ups
 - Squats / Lunges
- Tues / Thurs – “Tag Games”
 - Relays, Sharks-n-Minnows, Red Light / Green Light, Musical Cones, Squirrels in a Tree, etc
- Goal by end of semester is a 20 minute Jog (No walk)

-Instructional Time (10-15 minutes)

-35-50 Minutes Activity (Activity grade)

- Volleyball, Badminton, Basketball, Football, Softball/Wiffleball, Tailgating Games, Soccer, Ultimate Frisbee, Tennis, FitnessGram
- Always enter the gym through the main wooden door entrance. Do not go down the athletic hallway at any time.

Greer High Physical Education 2025-2026

Please fill out the Student and Parent Syllabus Agreement Google Form after reading the Policies and Procedures – on Google Classroom!

Please keep the Policies and Procedures so that you will understand expectations



while in Physical Education!