

## CVU Celebrations May 12, 2017

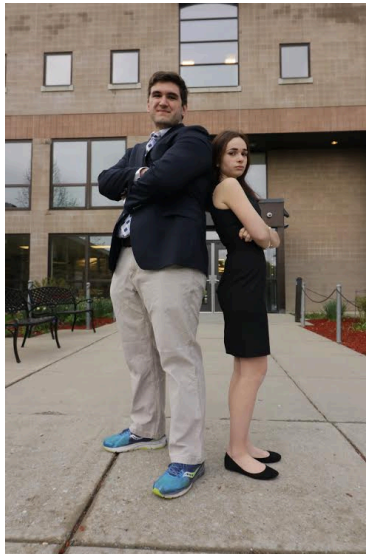
**Dear CVU Community:** *“You don’t lead by pointing and telling people some place to go. You lead by going to that place and making a case.”* I stumbled across the above quote as I was trying to find a way to thread together moments of leadership and courage I’ve recently witnessed in our students:

- **Fourteen students** gave presidential speeches in front of 1000 people
- **Fanuel Achinda** created Clean Team shirts to inspire classmates to *take care of CVU*
- **Julia Higa** called Senator Sanders and convinced him to be our convocation speaker for graduation

In each of these instances, our students modeled leadership by risking, not simply by telling. We thank you for the inspiration!



Congratulations to our 2017-18 Co-Presidents **Roarke Flad** and **Lydia Koutras**!



## Students:

- **Nichols** students showing off the rewards from the ExploraVision Science Competition.



- From Jess Barnum: The **CVU Dirty Duchesses & Dirty Dukes** Mountain Bike Club celebrated this season's first ride at Sunny Hollow in Colchester this week. Big thank you to Addison Aube and Will Bialowoz for helping a fellow rider fix a broken chain! Great teamwork!



- I apologize for the orientation of [this video](#), but I had to send it out. Our students and faculty/staff showed up to give our Unified athletes the sendoff they deserve!



- The **Varsity Softball Team** raised \$520 for COTS, along with walking 3.5 miles on Sunday.



- **BMW** and **Mrs. Lenes** talking about learning, gun control, politics, and Graduation Challenge. I love these two!



- **From Garrett MacCurtain:** Nichols students discussed how to alleviate poverty in Africa with students from our sister school in Denmark.



- **From Amy Wardwell:** Congratulations to the newly elected Key Club officers for the 2017-2018 school year: **Chiara Antonioli**, **Ali Drew** and **Koko Vercessi-Clarke**! They are looking forward to planning lots of exciting volunteer opportunities for our members next year! We say good-bye to three seniors who have led us well - **Gabrielle Booth**, **Allie Kloeckner** and **Julie Sulva**.
- Hindes and Chapman's 10th grade humanities "**Team Redhawkeyes**" is ready for their legislative simulation.



- **From Dave Trevithick:** This week in Natural Resources students are starting to see the "fruits of their labors." Monday, students planted 130 plants with **Katie Kain** from USFWS as we continue to implement a vegetative buffer to benefit the Fire Pond. Students studying Golden Winged Warblers, as well as students from **Rick Imes'** zoology class worked with biologist **Mark LaBarr** and banded birds on campus. **Holly Issenberg** and **Becca Provost** planted raspberries as the permaculture plan from last semester continues to be implemented. Work on the "goat cart" is almost completed in



anticipation of their arrival. Speaking of new arrivals, here are the 10 new chicks that hatched after 21 days of incubation!



- From Carol Fox: Sporting CVU Socks - a **Habitat for Humanity** Fundraiser.



- From Troy Paradee: **Julia Kitonis** and **Caroline Pastore** would like to invite you to their Nexus project: a production of Songs for a New World at the Flynnspace on May 26, 27, 28. Julia's rendition of the play is performed in English and American Sign Language with both speaking and deaf actors. Some members of the cast are CVU students; Rayona Silverman, Emma Lieberman and Weller Henderson. Caroline Pastore is stage managing the production and Julia Kitonis is producing and directing this incredible show. This is a tremendous undertaking that we hope you will be able to come and see. I am attaching the link from the Flynn for tickets that also gives you a description of the show from Julia. We hope to see you there!

<http://www.flynnntix.org/Productions/Details.aspx?perfNo=14728&perfCodePrefix=OFSM17S>

- **From Olaf Verdonk: Malcolm** presenting his Design Technology learning at the Generator in BTV this morning (May 5) to a group of teachers at BY Design Technology Educators Assoc. spring conference. Doing an awesome job!!!



**Faculty/Staff:**

**Glenn Fay - Diane Burgess - Gary Jedinak  
Thank you.**

**A Note from our Health Office:**

We have Pertussis, commonly known as Whooping cough, in the community. Pertussis presents itself with cold like symptoms and an annoying cough. The cough may develop into coughing spells where it is difficult to catch your breath. People who are infected with Pertussis may not have an elevated temperature. Since the symptoms initially present themselves as a mild cold and cough, a contagious person may not be aware for several weeks that they have Pertussis. Symptoms usually present 10 days after being exposure.

Being up to date with your Tdap immunization usually prevents the disease. Follow up with your doctor to make sure you do not need a Tdap booster. Practicing proper hygiene, such as washing your hands throughout the day, will help prevent the spread of the disease. Cover your mouth when coughing or sneezing.

Do not hesitate to follow up with your doctor if you are coughing. The test for Pertussis is a simple swab from your nose. Antibiotics will be prescribed for each confirmed case and for all family members or individuals in close contact. A person diagnosed with Pertussis should stay out of school until they have completed their antibiotics. Please notify the health office if a case of Pertussis is confirmed.

If you have any further questions or concerns, please don't hesitate to contact the CVU health office, 482-7185.