

Reflection Questions

To select occupational preferences, students must question themselves and be able to refer to the draft of their personal profile. Here are a few examples of questions that students can ask themselves to fuel their reflection:

Students can question themselves on their personal profile:

1. What, in my profile (interests, aptitudes, aspirations and values), is most important for me?
2. When I think of the world of work, what elements from my profile can I rely on to guide me and serve as criteria for selecting some occupational preferences?
3. What kind of employment am I looking for? What job would let me best use my talents?
4. If you asked people who know me well what kind of job they see me doing, what would they say?

Students can question themselves on their preferences:

1. If I had to choose what kind of job I would like to have right now, what preferences would come to mind?
2. If there were no constraints and I could do whatever job I wanted, what would I choose?
3. Are my ideas general (e.g. a preferred occupational sector) or specific (e.g. one or more trades)?
4. If you asked people who know me well to talk about my preferences, what would they say? What sector do they see me in? Why?
5. If I were to make a list of my occupational preferences, which one would come out on top? How are my preferences linked to my profile?

Students can question themselves on how their personal profile and their preferences match up:

1. How can I explain how my personal profile and the occupational preferences that I selected match up?
2. If I had to present my occupational preferences to people in my life, what arguments would I use to explain why these preferences suit me?