

Jingle Bell Jog 5K Run / Walk Manistee MI 12-4-2010

Male Results

11-13

1	Zacary Benham	North Muskegon, MI	20:56.20
2	Bryce Cameron	Manistee, MI	23:27.60
3	Kirk Meyers	Manistee, MI	26:00.30

14-16

1	Andrew Hayden	Benzonia, MI	19:34.40
2	Reilly Merrill	Bear Lake, MI	22:19.11
3	Nick Veine	Manistee, MI	22:24.60

17-19

1	Evan Gomez	Ludington, MI	16:46.60
2	Sebastian Kucera	Traverse City, MI	17:10.60
3	Matthew Kukla	Traverse City, MI	17:25.28
4	Alex Benham	North Muskegon, MI	18:39.60
5	Nolan Gunia	Manistee, MI	21:23.70
6	Justin Brown	Bear Lake, MI	24:48.50
7	Ryan Helminiak	Manistee, MI	31:03.70

30-39

1	John "Clark Griswold" Lipa	Ludington, MI	17:53.10
2	Peter Pawlowski	Grand Rapids, MI	21:02.50
3	David Comer	Bloomington, IL	22:58.90

40-44

1	Eric Thuemmel	Manistee, MI	20:24.60
2	Brad Jacobs	Ludington, MI	26:05.60
3	Jon Zickert	Thompsonville, MI	26:30.70
4	Michael Coppola	Manistee, MI	31:15.50

45-49

*1 Ron Zywicki	Traverse City, MI	16:35.90 - Overall Winner
2 David Ford	Manistee, MI	22:15.40
3 Bob Evans	Onkama, MI	22:46.40
4 Phil Guzikowski	Manistee, MI	23:03.20

55-59

1 Dale Moody	Copemish, MI	20:33.71
2 Tim Sapak	Manistee, MI	28:57.80
3 Dan Gomez	Ludington, MI	30:09.00
4 Gary Sielski	Manistee, MI	30:17.90

60-69

1 Matt Britton	Rothbury, MI	25:21.00
2 Bill Swift	Traverse City, MI	30:23.40

70+UP

1 Phil Archer	Brethren, MI	29:28.10
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WALK

1 Ed Zimmerman	Grand Haven, MI	35:09.90
2 Dan Newman	Manistee, MI	42:41.80
3 Michael McDonald	Ludington, MI	48:02.00

Female Results

11-13

1 Eva Guillen	Manistee, MI	22:52.70
2 Savannah Hayden	Benzonia, MI	25:14.00
3 Kelsey Harrigan	Manistee, MI	30:57.60

14-16

1 Courtney Stefanski	Manistee, MI	30:58.20
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17-19

*1 Kelly Schubert	Free Soil, MI	19:49.90 - Overall Winner
2 Joelle Anderson	Free Soil, MI	31:03.40

20-29

1 Liesl Schuld	Orland Park, IL	22:47.10
2 Kelli Hopwood	Arcadia, MI	23:55.00
3 Kelly Erickson	East Lansing, MI	29:39.21
4 Sarah VanDusen	Ludington, MI	34:50.00

30-39

1 Julie Albright	Big Rapids, MI	22:49.30
2 Robyn Wright	North Muskegon, MI	23:41.80
3 Jill McMullen	Weidman, MI	25:13.00
4 Leslie Acton	Onkama, MI	26:37.30
5 Christine James	Ludington, MI	29:46.30
6 Amber Vincil	Dansburg, MI	29:58.80
7 Chris Harper	Onkama, MI	30:57.50

40-44

1 Karen Zickert	Thompsonville, MI	25:29.00
2 Stephanie Bono	Lake Orion, MI	25:54.60
3 Nadene Wright-Thurrow	Scottville, MI	26:32.40
4 Ann Smith	Bear Lake, MI	26:35.80
5 Julie Johnson	Bear Lake, MI	26:39.10
6 Kara Warsecke	Lake Orion, MI	33:37.30
7 Shannon Hensel	Lake Orion, MI	36:48.80

45-49

1 Bonnie Brown	Onkama, MI	26:40.90
2 Barb Heidel	Manistee, MI	29:01.13
3 Bethany Merrill	Benzonia, MI	30:52.00
4 Lisa Fragomeli	Manistee, MI	43:46.80

50-54

1 Lori Green	Ludington, MI	25:10.00
2 Jan Hopwood	Arcadia, MI	25:43.00
3 Joan Milarch	Arcadia, MI	28:58.10
4 Trish Smith	Interlochen, MI	40:21.90

55-59

1 Mary Swift	Traverse City, MI	28:44.50
2 Sue Straley	Manistee, MI	31:50.80
3 Carolyn Stevens	Manistee, MI	36:25.80
4 Chris Werzfeld	Interlochen, MI	41:29.70

WALK

1 Marilyn Gross	Weidman, MI	42:29.40
2 Barb Jennings	Weidman, MI	43:25.10
3 Gretchen Horneffer	Lake Orion, MI	45:29.90
4 Sabina Leigh	Bad Axe, MI	45:35.30
5 Julie Harker-Leigh	Bad Axe, MI	45:35.60
6 Jan Sapak	Manistee, MI	46:41.20
7 Linda Kruse	Manistee, MI	46:41.80
8 Denise Wolff	Lake Orion, MI	46:45.00
9 Kim Spencer	Lake Orion, MI	46:48.50
10 Sally Somsel	Manistee, MI	49:15.50
11 Amanda Clemons	Manistee, MI	49:18.20
12 Kris Johnson	Manistee, MI	49:19.50